



Number 05

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Monday 6.15 for 6.30 pm

Rotary Club Forest Hill

30 July 2018

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

CLUB PROGRAM

Date	Event	Chair	Thanks & Meeting Report
30 July	Trachoma <i>Alex Ioannidis</i>	Chris Tuck	Ron Brooks
6 Aug	Indians/Slaves under America's Constitution, Aborigines in Australia's <i>Stephen Manatelli</i>	Barbara Searle	Sue Ballard
13 Aug	Kate Shirley <i>"My Health Record"</i>	Ron Brooks	Ray Smith

CELEBRATIONS

A very Happy Birthday to Rob Grant (4 August)- I understand it is a big O!!.

DUTY ROSTER

	JULY	AUGUST
Recorder	Chris Tuck	Bill Marsh
Greeter	John McPhee	Ron Brooks
Emergency	John Donaghey	Bob Laslett
Cashier	Glenys Grant	Stuart Williams

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend

bringing a guest please contact Ray Smith by 10.00 am MONDAY on 0412 807 585 or
rcssmith@optusnet.com.au

SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST.

Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of

Bucatini Restaurant on 9873 0268

Mike's Musings

It's no slur to our visiting speakers from outside the club to say that we continue to see why our own club members are regularly praised for their captivating and compelling presentations. This was no exception. Stuart's talk, with audio and video production by Bob Williams, was a demonstration of the incredible performance skills we have in our club.

The content was also a great reminder of the strength of Rotary and the esteem in which the members and their efforts are held. RI is able to attract the calibre of speakers for those conventions because those government representatives, multi-government agency heads and NGO leaders know the value of what Rotary can do when it works to improve the lives of others.

It was entirely coincidental that I chose to speak about goodwill and friendship and that Stuart featured the House of Friendship so prominently in his talk. We may talk about how impressive the Rotary Foundation's account balance is, but the truly valuable resource is the human one. In the video, Trudeau mentioned 16,000,000 volunteer hours. If other clubs are anything like ours in reporting to RI, that estimate is on the low side. Multiply that out by even minimum wage and you can see just where the biggest part of Rotary's strength is. You might be able to run some projects on the smell of an oily rag; try running one without people.

It was excellent to see Joady Barnes, from RC Manningham, visiting the club once again, as well as our Incoming DG Nominee for 2020-21, Alma Reynolds. And it is always excellent to see a prospective member checking us out. Thank you for coming, Bob.

We'll all be a bit squeezed for available shoulders to various wheels over the next month. Several members will be away while we have markets and a speech contest to run. Please be generous if able and consider roping in family members to lighten the load.

Until next week!

Coming Up

- Saturday and Sunday, 28 & 29 July Open House Melbourne (See Suzanne's email)
- Saturday, 11 August Blackburn Market
- Sunday, 12 August Whitehorse Farmers' Market
- Friday, 17 August: Rotary Club of Nunawading's Christmas in August Dinner
- Wednesday, 22 August: RCFH's Primary School Speech Contest
- Friday, 24 August Peridot Theatre's performance of *The Shoe Horn Sonata*
- Wednesday, 29 August Whitehorse Community Dinner 2018

Club Meeting Report 23 July

President Mike opened the meeting with his reflection (see below) and led us in toasts to Australia and Rotary International. Our visiting Rotarians DGN Alma and Joady along with guests Bob Allardice and Judy Laslett were welcomed. 13 Members were in attendance. Mike read AG Joan's enthusiastic assessment of her visit the previous week, sought fellowship ideas and encouraged attendance at the upcoming Peridot and Midwinter activities. He made a generous gesture to pay for a non-Rotarian to go to the latter. He also sought active involvement with the Google group website.

Chair Ray Smith asked for committee reports. Glenys told of progress with the upcoming Primary School Speaking contest, Ron appreciated the donations of stamps and coins from two of our visitors and extolled the virtues of the program ahead. Warwick spoke on membership and the payment of dues. John M sought a volunteer to take over his duties at the August Blackburn market. Joady spoke on progress with the district website and Clubrunner. The Sergeant raised \$29.80 in fines and the raffle raised \$54.



Our guest speaker Stuart brought to us the splendour, excitement and energy of the Toronto Rotary Convention. His talk was peppered with slides illustrating his travels and prompting him. He told of the growth in Toronto since his last visit, the size of the convention and the enormous House of Friendship. He spoke about President Ian Riseley's role and the successful Australian/NZ breakfast. He was not so complimentary about the catering at a couple of the special events. He was impressed with the quality of the speakers and the young former Australian MC, Brittany Arthur. The treatment of First Peoples was featured and the music and dancing greatly appreciated. President Ian made a point of involving Rotaractors and strong female presenters Stuart talked of the difficulties in getting to his home-hosted dinner and stressed the book FACTFULNESS.

The highlights of this special Convention were really brought home with a fifteen-minute video skilfully prepared by fellow attendee Bob. It was outstanding and a vivid reminder for Judy and I who were also fortunate to experience the world of Rotary through Convention eyes. A memorable evening indeed.

Bob L

President's Reflection:

I treated myself to some new business cards for my role as club president. I have mentioned before that I'd come to Rotary through a rather circuitous route. I was reading a book on ethics by Hugh Mackay and he mentioned the four-way test, and I liked it. I still do. You'll notice its prominence on the card, it's bigger than my name.

The projects we do are fantastic. The work we accomplish is worthy. Rotarians are, I believe, motivated by a desire to do good work in the world, and that should continue. But I intend to use the four-way quite extensively for my own behaviour this year.

I've told the story before, but I'll tell it again. John Winthrop was a founder and a governor of the Massachusetts Bay Colony way back in the 1600s. He was one of the wealthier men in the new city. There's a story that at one point, he noticed that his woodpile was shrinking faster than it should have been, and he found out that it was his neighbour who was stealing his wood. And what he did was to go next door and apologise for not having taken note of his neighbour's need.

Now, for all I know, that was a genius passive aggressive move designed to shame him, but I prefer to interpret it unironically. We've all been involved in situations where we know we're right and the other person is in the wrong. What we choose to do at that point determines how close we're getting to number three on the four-way test. Does it foster goodwill? Does it build better friendships?

I've been guilty of a bit of self-righteousness in my life. You could argue that focusing a little bit too heavily on our own ideas of truth and fairness might be a problem. A two-legged stool isn't very stable, you need at least one more before you've got a fighting chance.

Something for me to think about and rededicate myself to this year.

Membership Dues Payments

So far 6 members (as at 9am Monday 23rd July) have paid their membership dues for this year. Please help by paying yours by EFT today and stopping the treasurer complaining.

IC Robotics Sponsor Evening

To recognise the contributions our wonderful sponsors have made towards IC Robotics throughout the 2018 season, we would like to formally invite you to attend our Sponsor Open Evening.

Date: Wednesday 15th of August 2018

Time: 6:30pm until 8:00pm

Venue: KIOSC Trade Training Centre

Swinburne University of Technology

369 Stud Road, Wantirna

VIC 3152



FOREST HILL COLLEGE BREAKFAST

On 31 July intrepid regulars Robbie and Barb will again brave the cold to feed the hungry.

ROTARY MONTHLY THEMES

July	Rotary Awareness
August	Membership and Extension

ARTICLES

Please forward your prize-winning articles once more to rlaslett@optusnet.com.au by 5pm Wednesday.

Thoughtful Poem

Monday I attended the funeral of Croydon Rotary's Clive Baum. Clive had a stroke 5 years ago and was struggling so his mate, Lindsay Hurford penned this amazing poem to lift his spirits and I'm sure he wouldn't mind me sharing it in our newsletter.

ONE SMALL STEP - For Clive

You're climbing up a mountainside,
Good health the goal you seek.
The path is steep and rugged
And at times you'll want to weep.

Take one step at a time my friend,
Take one step at a time.
You may not feel a positive trend
But one step more is fine.

Each passing day there's a victory won
If you take one more each time.
Each one, ensure that you feel alive
Is the message in this little rhyme.

Take one step at a time my friend
One step more is fine!
Stop! Look around at the progress made
Will surely blow your mind!

The mountain path is muddy at times
And you slip and slide about.
It's difficult and frustrating, sure,
But success is never in doubt!

Take one more step tho' it's hard to take
And you feel that it can't be done:
One step more up the mountainside
Then its one more victory won!

As confidence grows in the passing days
Your hand gets strong and firm,
The grin on your face tells it all, my friend
As good progress you can confirm!

It's so good just to know you're proceeding well
One more step at a time.
'Twill be good just to stand and shake your hand
On the mountain top sublime!

Fond Regards,
Lindsay Hurford