



Number 11

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

10 September 2018

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

Monday 6.15 for 6.30 pm

Rotary Club Forest Hill

### CLUB PROGRAM

Date	Event	Chair	Thanks & Meeting Report
10 Sep	DG visit <i>DG Russell Gurney</i>	Mike Finke	Bill Marsh
	<b>Club Birthday</b>		
17 Sep	Thailand-my second Home <i>Stuart Williams</i>	Mike Finke	Barbara Searle
24 Sep	Eastern Palliative Care <i>Carol Pratt</i>	Bill Marsh	Mike Finke
1 Oct	Foyer Launch End Youth Homeless <i>Bianca Joyce</i>	John McPhee	Bob Laslett

### CELEBRATIONS

Congratulations to Warwick Stott for his club anniversary (13 September)- 43 years!

### DUTY ROSTER

	SEPTEMBER	OCTOBER
<b>Recorder</b>	Barb Williams	Sue Ballard
<b>Greeter</b>	Barb Searle	Ron Brooks
<b>Emergency</b>	Bill Marsh	Bob Laslett
<b>Cashier</b>	Ray Smith	Bob Williams

### ATTENDANCE

**APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend**

**bringing a guest please contact Ray Smith by 10.00 am MONDAY on 0412 807 585 or [rcsmith@optusnet.com.au](mailto:rcsmith@optusnet.com.au)**

SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST.

Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of

Bucatini Restaurant on 9873 0268

## Mike's Musings

The boss is coming, look busy!

I'd be lying if I said I wasn't a little nervous, despite having a pretty good relationship with District Governor Russell Gurney. He's always been available for a chat and willing to share his thoughts and his experience. And really, there's nothing to be nervous about. Our club is involved in running and supporting excellent projects and we have, pound for pound, some of the most involved members in the district.

But just like an annual review in our workplaces, these DG visits are a good opportunity to take stock and rededicate ourselves to the good work we do. A PhD of physics I went to university with many years ago once told me that if you can't explain something in words a five-year-old can understand, you probably don't really understand it yourself. We have great stories to tell about our projects, but the most important parts of the story are not always the most obvious. I had a chance to gain some insight into one of our projects this past weekend, entirely by chance, because of something that came up in a completely different context.

As Rotarians and as members of our club, we have a great story to tell. We need to tell our story more often, to more people.

### A personal favour:

My sister-in-law, Ashley Macleod, is completing her PhD. She needs a minimum of 350 completed responses for her survey into intimacy issues for the over-45 set. If you can take the time to complete the survey and/or pass this on to others, I would greatly appreciate it.

[https://swinuw.au1.qualtrics.com/jfe/form/SV\\_ePCQHJ1QFHLJIVH](https://swinuw.au1.qualtrics.com/jfe/form/SV_ePCQHJ1QFHLJIVH)

### Upcoming:

The four days starting Friday week (7<sup>th</sup>) through Monday are a very, very busy time for the club. Please make yourselves available for volunteering shifts, assistance and the ongoing job of being an ambassador for Rotary and the club.

- Friday, 7 September Fellowship Film Night
- Saturday, 8 September Blackburn Station Craft Market
- Sunday, 9 September Whitehorse Farmers Market
- Monday, 10 September DG's visit (with club birthday on the 13<sup>th</sup>)
- Monday, 29 October Bucatini night
- Monday, 12 November New Members Night (Good Potential Recruits Required)
- Saturday 17 November weekend Relay for Life (contact me if you're interested)

## Club Meeting Report 3 September

The meeting was opened by Pres Mike who gave his customary thoughtful way of toasting Rotary International and Australia and an opening address reported elsewhere in the Flyer. He then introduced the chair for the evening Sue Ballard.

Sue welcomed the speaker for the evening Wendy King, a prospective new member Ira Manalac and the 11 club members. After soup, we went through the customary reports. Pres Mike told us he would run a short session after the meeting for anyone likely to be taking money electronically by making their phone a hot spot for the card reader system he has organised. [He did it for me after the meeting, just a couple of minutes work. Any missing member should go through this procedure if it is at all applicable.] We pay 2.1% so it is a minor cost to the club and if it results in one more sausage sale, we pay ½ cent commission. Mike also reminded the club it was First Friday Film Fellowship and as parliament was sitting he needed someone to look after the night. Ron volunteered. Warwick reminded us that there was a Membership night on 12th Nov, so get cracking on inviting some potential new members. A folder went around to indicate if you were attending next meeting, the DG visit and club birthday, and if you were bringing a partner. Folders also went around for volunteers for this Saturday Blackburn Craft Market and this Sunday's Whitehorse Farmers Market.

We were then served with the main course, chicken, roast potatoes and spinach with a very creamy tasty sauce. Sue then introduced Wendy King, our guest speaker. She had 15 years with the Australian Foreign Service in Burma, PNG, Vietnam, Japan, and in Washington DC where she also joined Zonta International and later back in Canberra served as President. Eventually returning to her home in Melbourne in 1996. She ran the 1st

programme for Kairos Outside Women's Prison Ministry in Melbourne. However, this is not what she was going to talk about (hopefully another time we may hear about those adventures).



Wendy's organisational and engagement skills were put to the test when she had two weeks to get her mother into an Aged Care facility just before Christmas 2014. There was no check list or procedure available. Two years later she established Blue Hope Consulting Pty Ltd with a focus to help families with the transition to Aged Care.

Wendy provided a summary of the steps to consider for the transition to Aged Care. She stepped us through five key steps for planning, the critical documents that take time to complete and appointments to be made and processes to follow, all of which take time. She also urged us to consider reducing the "stuff" that needs clearing from a home. She then provided three case studies which exemplified why planning in advance, could save time and for one daughter – more precious time with her mother in her last days rather than filling in forms.

Blue Hope Consulting has set about to educate families and encourage them to plan in advance (even if never needing the plans they have in place). This saves families from going through the emotional stress that she herself went through when confronted with putting her mother into Aged Care within a short window of time, just before Christmas.

She provided some ball park examples of the costs to enter Aged Care and encouraged everyone to seek professional help from a financial planner so that they could better understand what was needed. Blue Hope Consulting researches a number of facilities to ensure the right place is chosen for each individual person's needs.

Commencing with the story of her own father who passed away unexpectedly, he had put in place a list of things to be done and contacts for the family to follow. Wendy has developed for her customers an Emergency Planning document that helps people make decisions in the calm of the living room, rather than at the emergency department of the hospital. In the course of meeting her clients she had found that women tended to have some information on the fridge and medication list in the bathroom, whilst men had other details in another area of the home. As a result she has put together an Emergency Planning Document that brings all the information into the one place, so that if one partner had to be taken off to the hospital, the summary of information was found all in the one place.

For a free consultation or further information contact Wendy on 0412 994 759 or via the website on [www.bluehopeconsulting.com.au](http://www.bluehopeconsulting.com.au)

There were many questions which she covered in great detail.

The sergeant Bob W's session raised \$41 (amazing!) and the raffle \$52. Barbara W won the raffle and with some arm twisting by Bob took the red wine, a tempranillo, and John Mc had second choice and took the white wine. He said he was so relieved as he no longer had the problem of what to buy for Marg's big O birthday.  
Ron

### **President's Reflection:**

My father often used the phrase 'The knight jumped on his horse and rode off in all directions' whenever he felt I was loading my plate up with too many unconnected things and starting to get a bit confused. It's a sentence that evokes the image of somebody certain that there's a pressing need to act on a number of fronts, but unclear as to what the priorities are and, as a result, producing a lot of motion but not much effective action.

I think to some extent the first couple of months of this Rotary year have been good for me in helping me narrow my focus on a smaller list of things I think will ensure the viability of this club going forward. Some of that has been as the result of some very good advice I've received. Other conclusions have been somewhat more uncomfortably learned.

There is a very large Australian company which started its existence as the Commonwealth Handling Equipment Pool. You will possibly know it as CHEP, the pallet people. It's now owned by Brambles and it's international. When I ran a small paint company, I considered using their services. The benefit is that you do not need to buy pallets. You simply rent them. At the time, it was 8 cents a day. Very affordable. If you don't need any pallets, you give them back to the company. If you need more pallets, you ask for some more. It's great. But, if you lose a pallet, and we knew that this was possible, because when the salesman came into the office we had ten CHEP pallets sitting right in the factory, what happens? We decided to not take out the contract, we just bought pallets from a local manufacturer.

Later, I heard a story about a man who took on a new job as the warehouse manager at a huge company. His first month, he ordered a stocktake. What he discovered was that he was missing about a thousand CHEP pallets. For those of you good at math, you know that means the company was paying about \$2400 a month for pallet rental on pallets that didn't exist. But the alternative was to pay CHEP for the lost pallets. At the time, this was \$50 per pallet. Quite a dilemma. Keep on paying 2400 per month (which is clearly already worked into the budget) or take an \$50,000 hit in his first two months on the job. He kept paying the rent.

That's not really the way I prefer to do things. There may be some discomfort in some of the things that I plan to do this year. I am generally reachable, though, and happy to take advice or suggestions from members with far more experience than I. But, it is my year as president and I am going to do some things that I think need to be done. I don't think we're going to have to write any cheques for \$50,000, but I can't promise that there won't be any changes.

### **Thailand --My Second Home.**

This talk will include many colourful and spectacular photos. It won't be a travelogue but a very detailed look at many aspects of Thai life; including festivals, weddings, funerals, village life, city life and the place of the King in the life of the Thais.

I truly believe this extended talk will be of interest to anyone who has visited Asia, Thailand or is interested in visiting the land of smiles. I have visited Thailand on 20 occasions and hope to present the flavour, charm and spirit of the country.

I would especially invite past members, honorary members and friends of Rotary. It will be an entertaining and interesting night to invite family members or prospective members.

Stuart

### **Multi district conference in Melbourne 2019**

<http://www.rotaryconference.org.au/home.html>

Registration is now open for next year's conference in Melbourne.

Some information is available on the website.

Sue

### **Light the Night**

A unique opportunity for supporting people affected by blood cancers and a focus for fundraising by the Leukaemia Foundation. It is supported by the Rotary Club of Wandin.



at Lillydale Lake, Lilydale  
Thursday 27 September 2018  
Lantern collection from 5:00pm  
Contact: Brian – brianhodgson47@gmail.com

On 11 September Barb W and John M. will feed the hungry.

### **ROTARY MONTHLY THEMES**

September	Basic Education and Literacy
October	Economic and Community Development

### **ARTICLES**

Please forward your prize-winning articles and others to [rlaslett@optusnet.com.au](mailto:rlaslett@optusnet.com.au) by 5pm Wednesday.