



FOREST HILL HAPPENINGS

No. 14 President: Sue Ballard

18 October 2023

SUE'S WORDS OF WISDOM



Hi all

Between Mental Health Month and End Polio Now this month focuses on very important health issues affecting our global community. At this time of year, I have noticed many of our young people exhibiting signs of stress and anxiety with the approaching of exams. It's not easy but with a little help and understanding and forgiveness we all will survive. I always try and find a diversion maybe for 30 minutes to have a stress buster. Maybe a walk, play with the dog or sing badly to music. Just something to break the tension.

I am in the process of planning an enrichment project for a community group in November. Nothing strenuous just a bit of pre-Christmas fun. Our club has the Youth Achievement Awards over the next 2 weeks. Glenys, as usual, is working hard to get things organised. Each of our members have their jobs to do and will perform them well.

I would like to thank Marcie and Leanne at the Bendigo Bank in Blackburn South for all their help putting together the goodie bags.

Our thoughts are with those in the middle east. Have a good week in Rotary.

Pres Sue

NEXT WEEK

23 October Youth Achievement Awards

Chairperson: Bill Marsh

Greeter: Glen Grant

Notes for "Happenings" Ron Brooks

Thanks Bob Laslett

COMING UP

30 October	Youth Achievement Awards	
6 November	No meeting	
13 November	Peter Malden	Fiji Eyes Update
20 November	Daryl Hawkey	A visit to Ukraine and beyond

October is
Economic and Community Development
Month

CELEBRATIONS



October 24 is World Polio Day- let's celebrate the end of this scourge.



MEETING REPORT October 16, 2023

Our October business meeting was a busy one. We heard about a successful Spring festival and lauded our best ever Saturday market. (The people had to come to us for their democracy sausage as the polling place was not providing them.) Bill chaired the meeting in Sue's absence. It was decided to donate \$500 to ACRATH with the amount to be reviewed later.

Bob led us through aspects of the form that the club needs to submit for the formation of Rotary Community groups as part of the ongoing regionalisation process. Journeying through the "metaverse?" we then stumbled upon the resolutions to be submitted for Rotary's parliament, the Council on Legislation. We endeavoured to see how our club's views aligned with those of the district.

Glenys sorted out the details for the next two weeks as we enjoy the wonderful Youth Achievement Awards. We all know our respective roles.

The next item discussed was the details of our visits to the Dementia Umbrella Café on Tuesday 21 November and Tuesday 5 December respectively. Four visitors from our club are permitted each day and volunteers are asked to notify President Sue.

Monday 11 December is our designated Christmas dinner meeting with a number of special invitees from our market stallholders. Bob is to seek a speaker.

A new contract with Box Hill Institute has been sorted for our Apprentice awards.

A review of our financial situation has necessitated fee adjustments which will apply from November.

Bob

FOOD PLANT SOLUTIONS ROTARY ACTION GROUP



Dear Ron,

World Vision International has invited Food Plant Solutions Rotary Action Group executive officer Karalyn Hingston and soil scientist John McPhee to participate as expert panellists in their symposium at the Micronutrient Forum 6th Global Conference in The Hague, Netherlands, which takes place from October 16-20.

The symposium entitled The Power of Food-Based Approaches to Fight Malnutrition in Stable and Fragile Contexts is being hosted by World Vision International.

The Food Plant Solutions Rotary Action Group speakers would focus on the importance of using under-utilised foods that are locally available and low in cost to feed malnourished communities. It's a proven approach supports the achievement of a diverse nutritious diet using agroecological methods and helps create climate change resilient food production.

It has been said "This invitation by World Vision International underscores the **critical importance** and **impact** of the work undertaken by **Food Plant Solutions Rotary Action Group.**"



The *Power of Local Food-Based Approaches* to Fight Malnutrition in Stable and Fragile Contexts

**Join us for the Exhibition
Gallery of Menus from
around the world!**

Date: Friday, Oct. 20, 2023
Time: 13:45-15:15
Location: Yangtze Hall

The symposium will showcase:

- Successful food-based approaches
- Exhibit of 20+ local menus used to rehabilitate under nourished children with low-cost and underutilized indigenous foods
- Research around climate-nutrition-smart agriculture
- Tools and resources available to support food-based approaches



2023 Footy Night --Tags that Stuck

Neil Coco.....	Roberts
Mark Bomber.....	Thompson
Guy Bluey	McKenna
Dale Daisy	Thomas
Tony Plugger	Lockett
Robert Scratcher.....	Neal
Mark Choco	Williams
Harold Hassa.....	Mann
Lethal Leigh.....	Matthews
Neil Knuckles	Kerley
Robbie Mad Dog.....	Muir
Rotten Ronnie	Andrews
Jack Basher.....	Williams
Captain Blood Jack.....	Dyer
Robbie Bones	McGhie
Delicate Des.....	Dickson
Sam John.....	Newman
Ned Craig.....	Kelly
Percy Peter	Jones
Mick Allen.....	Aylett

2023-Footy Questions- General

1. Name the two Brownlow Medallists who have sons playing in the AFL today?
** Peter Moore, Tony Liberatore.
2. How many finals did triple Brownlow Medallist Bob Skilton play?
** One – 1970 first semifinal V St Kilda.
3. Who was the first Sydney (not South Melbourne) player to score 100 goals in a season?
** Warwick Capper (103 goals in 1987)
4. How many AFL/VFL clubs did Mick Malthouse either play for or coach?
** SIX (St Kilda, Richmond, Footscray, West Coast, Collingwood, Carlton.)

5. Which McGovern plays for West Coast?

** Jeremy

6. Bruce and Ian Nankervis (past Geelong captains and champions) were dubbed what nickname?

** The Leyland Brothers –they were way ahead of their time, switching play to the opposite flank.

7. Which Hawthorn player has kicked the highest number of goals in finals matches?

** Jason Dunstall (78)

8. Which St Kilda player kicked 5 goals in St Kilda's winning 1966 Grand Final?

**** Kevin (Cowboy) Neale.

9. Which player had his name on "plastic superboots" in the 60's?

***** Ron Barassi.

10. Adem Yze, is the new Richmond coach. His family comes from which country?

**** Albania.

11. Which AFL team has won the most wooden spoons?

**** St Kilda. 27

12. Which is the only team to NOT have won the wooden spoon?

**** Adelaide.

13. Lachie Neale won his second Brownlow this year after being runner –up last year. Who are the four dual Brownlow medallists who won medals with different clubs? All since 1979.

*** Peter Moore, Greg Williams, Chris Judd, Gary Ablett.

14. Who are the 4 champions who have won 3 Brownlow medals?

*** Haydn Bunton Snr (Fitz) 1931, 1932, 1935.) Stu remembers him - he's that old.

*** Dick Reynolds (Ess) 1934, 1937, 1938.

*** Bob Skilton (SM) 1959, 1963, 1968. (I do remember him -Stu)

*** Ian Stewart (StK, / Rich) 1965, 1966, 1971. (I still think he is the best player I have seen)

15. Name 2 AFL players whose family name starts with Z..

**** Zeibel, Zorco.

16. Who has played the most AFL games in jumper No. 31?

*** Dustin Fletcher.

17. ***** What is the nickname given to the Brownlow Medal?

*** Charlie

18. Who is the only footballer to have won the Brownlow and the Coleman Medal in the Same Year?

*** Tony Lockett

19. Which retiring West Coast Player had a kick described as "a kick like an electric fence"?

*** Shannon Hurn.

20. Who is the "transgender person" who when playing was nicknamed- "a Junk Yard Dog"?

*** Dean Laidley... or Danielle Laidley.

21. Which current coach is the only one never to have played VFL or AFL football?

***** Chris Fagan. A champion of Tasmanian football

Foreign Coin Collection for UNICEF

Recently we shipped off another 60 kg of coins & notes, so we are close to **three quarters of a tonne of coins**. In these last eight years Rotary has actually sent off 720kg valued at over \$25,268.11 and have 42.1 kg towards our next shipment. Most has come from D9810 but we have had valuable contributions from D9800, 9820, and 9790. We also organised for Star Casino to send coins they'd collected which were valued at \$4,705 which have been credited to us, making our total contribution to UNICEF \$29,973.11. The coins and notes are sent off in 60kg batches in 10kg pouches which UNICEF organise through Change Global Exchange who pay for all the transport.

When we first contacted UNICEF back in 2015, the UNICEF Partnerships Manager Eamon Bryant emailed "*We see Rotary and UNICEF as a perfect match, a dream fit*". UNICEF works in over 190 countries for the rights and welfare of all children. It supports children's health needs, clean water and sanitation, quality basic education, and protection from violence, exploitation, and HIV. It has the same ideals as Rotary.

The **Rotary Give Every Child a Future** is a centenary project aiming to immunise 100,000 children in the Pacific: <https://everychildafuture.com/> It is a UNICEF project that Rotary has agreed to fund.

This coin collection has contributed over \$29,000 to the centenary project.

UNICEF pointed out that they partner with very few organisations. They only want their names linked to world class organisations. Qantas and CBA are just about the only ones apart from Rotary.

In summary, this is a NO COST project for Rotary, apart from the effort of all those people who donate the coins and notes. Most clubs in D9810 have contributed along with some churches, some branches of the Bendigo Bank where clubs hold their accounts, a Sikh temple, a Hindu temple, two clubs in D9820, one club in D9800, one club in D9790 and of course the many friends of Rotary. UNICEF want this project to extend to other districts in Zone 8. The coins and notes are sent in secure courier bags to a company Change Global Exchange Pty Ltd who pay all transport charges. They value them and give A\$'s to UNICEF.

www.changeglobal.com.au

For more information, coin pick up contact: ronbrooks1942@gmail.com 0413-042-043



WAR on Waste PICNIC



Join in our own War on Waste...

...At our 'Living Simply Together Picnic Lunch'...on Sunday 12th November after Morning Tea (11.45 -3pm) at our church service at Mitcham. We will learn about the world's urgent rubbish problem and how Christians around the world are uniting to take action. Over lunch we will discuss what we can

do as individuals, and as a church, to contribute to the solution so...

Let's make it a picnic!

The challenge...

- Use as little, less, or no, single-use plastic and packaging in lunch preparation as you can.
- Bring two rounds of sandwiches pp, each one cut into 4 **OR** bring 8 pieces of savoury picnic food.
- Pack the sandwiches/savoury picnic food in a reusable container – they are to share. So please prepare with extra awareness of personal hygiene.
- Bring with you the waste generated by your preparation.
- Bring a \$2 pp donation for Tear Fund, who provided the Resources for this Lunch/Workshop.
- Soup & sweets, tea and coffee will be supplied.

For catering purposes **please indicate your intention to attend the picnic...**

RSVP...Email or text 'Yes Picnic - 1 or 2 or ___?___' per family to...

Email: Joy at ceejaywill@gmail.com Text: Phone:0402 491 013

RCFH BLACKBURN STATION CRAFT MARKET – TRADER OF THE MONTH

Jeremy & Mary Ann Furness are locals from Croydon. They sell children's books, oil paintings on gum leaves, and knitted toys in markets at Nunawading, Yarra Junction and of course the Rotary Blackburn station markets. Jeremy started writing and illustrating his Barry the Bike series of children's books over 10 years ago. It is one of the very few children's books that feature classic motorcycles, cars, and trucks. Go to Barry the Bike on Facebook to see all the books in the series.

Mary Ann started **oil paintings on gum leaves** as a 15-year-old inspired by paintings by her grandparents. Her grandfather was William Beckwith McInnes who won the Archibald Prize seven times. These gum leaf oil paintings are as unique as they are beautiful. She paints on specially prepared Tasmanian Blue Gum Eucalyptus leaves which when painted are sealed to ensure a long life. She has been a professional illustrator for the last 40 years working for some of the world's leading publishing houses but now Mary Ann runs Wattle Gum Studios nestled in the Croydon Hills.

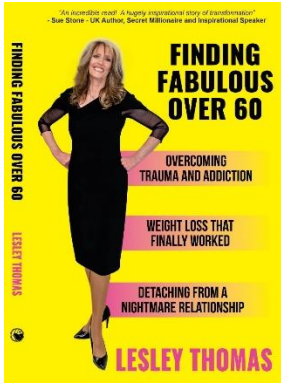
Mary Ann started **knitting toys** as a girl and now has turned that pastime into a commercial venture with her beautiful, cute range of animals, fish and birds.

Jeremy and Mary Ann can be contacted on 0403 310 032 or mafurness@bigpond.com or via Instagram mafurness_arts. But better still, come and talk to them at one of their regular markets to see the full range of their talents.



SOME OF OUR BLACKBURN MARKET STALLHOLDERS





Come and frequent the Market next month- November 11
 Disclaimer: Articles and reports do not necessarily reflect Rotary Club of Forest Hill opinions.