



FROM THE PRESIDENT'S DESK

Firstly, 'Thank You' to all who attended our Hats Off Day to raise money for Mental Health. Lifting the lid on mental health is an important strategy to stop the stigma and normalise mental health issues. Each of us has probably experienced mental health issues either personally or through someone we know. The important thing is, there is help out there, and all you need to do is ask for it.

Friends like those of us in rotary should step forward and be there for those we know who are struggling. Sometimes it just takes one person to reach out to make the difference.

I have had friends and family who have at some stage needed help to get through personal issues that they felt they alone were feeling. With support they were given help, including techniques to manage the situation.

Education and professional counselling are available, you just need to reach out. Hats off to you all.

Sue

MEETING REPORT & GUEST SPEAKER

President Sue opened the meeting and spoke of the importance of mental health in today's society. Rotary's part through programs like "Lift the Lid" was acknowledged. Every member showed their enthusiasm by wearing appropriate headgear and by their willingness to speak about why they were wearing it. Sue discussed the route map for the 100- year baton relay - April 11, 2021. Greg King to be asked to bring baton to market on April 10.

We were saddened to hear of the deaths of former member David Jackson and Ray Smith's brother.

Weekly reports

Treasurer- Sunday's market raised \$5000 – this means approx \$500 for our club. Warwick thanked those that had assisted.

Secretary- trailer invoice sent to WS. Multi-talented Christina Chia next week.

Youth – BW spoke of NYSF and YAA

Environment- GG preparing questionnaire

International- Paul Harris luncheon and Rotary walk with us- see later in newsletter

Program – RB complemented SW's comments re next week's speaker and highlighted Community Development month

Sergeant Bob was in sparkling form and included an appropriate reference to our theme wondering whether we were suffering from "Disney spells".

Meeting

The hats in their various forms spoke as follows

SB- worn on last visit to Gippsland family-reminded of needs of regional communities.

BM- Ride Down Under souvenir- son-in-law rides regularly and has ridden in Tour de Cure on Kangaroo Island for ovarian cancer.

SW- First Pioneer National Bank-Chicago- link to US Rotarians- Ray city- Hansen Hilton-Battle of Beecher island.

WS- age 11-city slicker oriented to farming- Hawkesbury Agricultural College.

JB- 3 outback safaris- significance of placement of country badges- bushrangers Bendigo bank.

Barb W- Ningaloo reef-1250 km from Perth- glass-bottom boat.

Bob W-2018 Toronto convention with 3 other FH Rotarians.

JM- Rescued many times from rubbish bin due to wife's enthusiasm.

RB- Pakistani hat called a PAKUL (Chitralli style) always wool in earthy colours-Zaka Ashraf – Multan Rotary club-5pm Sunday-Zaka past chairman of the Pakistan Cricket Board. Pakistan taught me just how mild and pleasant the average Moslem is in caring for his fellow man whatever his religion.

BL- "capped off" the evening- Donegal- leprechauns-1993- Irish enthusiasm-expensive soft drink-Dublin.

A fun evening with serious intent.

Bob Laslett

October is Economic and Community Development month.

NEXT MEETING

Our next meeting will be via Zoom (7.00pm) on October 19th when Christina Chia will link Community Development and Mental Health in her presentation.

Our Club meeting will follow at 7.40pm.

A Board Meeting will follow at 8.10pm.

A link to join the meetings is included below.

Contact me if you have any problems – 0417 369 343

Join RCFH Guest Speaker Zoom Meeting – 7.00pm. Club Meeting – 7.40pm

<https://us04web.zoom.us/j/7023517430?pwd=MUwyREFUWUcwS0dXVEh1dURSK3c4QT09>

COMING UP

19 th October	Community Speaker Christina Chia.
26 th October	Footy Fever Night hosted by Bob & Stuart Williams
2 nd November	No Meeting
9 th November	Rotary Foundation Speaker – Loretta Crew “Helping Farmers During Drought”

CELEBRATIONS

Time to celebrate all those important events that make you and your family who they are and what brings you all together.

If your team is still in the finals celebrate.

If you are already ‘out’ dream about the next season.

Either is a good excuse to party, at a safe social distance, of course.



Our very own ‘Football Tragic’

KEEP SMILING

INTERNATIONAL

1. Paul Harris Society luncheon

On November 1 at 12 noon great speakers-details from me or in Open Doors.

Log on to "TryBooking" - <https://www.trybooking.com/BMAPN>

There is no charge, but a donation opportunity to help "EndPolioNow" is available. What better way is there to start our Rotary Foundation Month?

2. End Polio Now

When you go for your daily walk, why not seek sponsors and use the funds raised to end polio.

Details in the latest division of the District 9810 Event Schedule under Rotary Walk with Us or from me.

Bob L

SPROUTINGS

Hello ,

There's no doubt about it. Water is our most precious and valuable resource, especially in the garden.

Which means saving it in any way we can helps not only the environment, but your back pocket!

We've created three simple tips to help you stay on top of your water usage while still getting the most out of your garden in the warmer months.

WATER SAVING TIP #1

Water your garden at dawn or late evening to prevent water evaporation and retain maximum moisture.

WATER SAVING TIP #2

One leaking tap can waste up to 2,000 L of water a month so invest in no-burst quality garden hose connectors to prevent leaks and drips

WATER SAVING TIP #3

Choose native Australian plants in your garden as they require less watering than imported plants plus natives attract beneficial insects and wildlife.

Ensure you stay mindful this Spring - Nature will thank you for it!

BLACKBURN MARKET – TRADER OF THE MONTH

The **Earthfive** leatherworks stall is operated by Peter Davies who has been a leatherworker since 1969, with a few years in between as a graphic designer.

Peter was telling me, between making made to measure belts for three different customers, that he started his leather journey when he made himself a bag from a goatskin in Kabul in 1969. He was travelling overland from the UK to Australia and wanted to replace the shoulder bag he had. So, he made one! He then made a few more for friends. When he arrived back in Melbourne an old friend heard about his bag making in Kabul and handed him a couple of hides he no longer needed and suddenly this became EARTH Leatherworks in Glenferrie road, Earth II in London when he started travelling again and Earth Three in New York when he moved there. Returning to Australia he had a big workshop employing 10 staff. Now he is on **Earthfive**.

He has been coming to our Blackburn market for more than 4 years. Peter makes shoes, sandals, handbags, purses, wallets, wrist warmers, glasses cases, three legged stools, you name it. He has made leather thigh length boots and helmets for films and the theatre. He will quote on any repairs. He takes credit cards and you can use PayPal. Come and see him at the Blackburn Market or Cockatoo, Mulgrave, or Belgrave markets.

Contact him via his website www.earthfive.com.au by email peter@earthfive.com.au or 0425 713 889

