



FOREST HILL FLYER 2010-2011

Weekly Bulletin of the Rotary Club of Forest Hill

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Edition 43: 18 April, 2011

The Rotary Club of Forest Hill meets at 6.15 pm for 6.30 pm on Mondays at Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132. \$27.00 per head

CLUB PROGRAM

<p>18 April Apprenticeship Awards – Ford Davis and Graham Taylor Awards PARTNERS NIGHT Chair Bill Marsh Thanks & meeting report Doug Berwick Most Memorable Rotary Experience</p>	<p>25 April No meeting – public holiday</p>	<p>2 May Retirement and pre-retirement planning Gray Foreman Bob Laslett Ray Smith Gary Baltissen</p>
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DUTY ROSTER

APRIL	
Cashier	Ron Brooks
Recorder	Bob Neilson
Greeter	Doug Berwick
Emergency	John Donaghey

ATTENDANCE

Apologies - **Please contact Ray Smith by 10.00 am MONDAY on 9878 4891 or rcssmith@optusnet.com.au.** Any cancellation after 10.00 am should be made direct with the management of Bucatini Restaurant on 9873 0268

CELEBRATIONS FOR THIS WEEK



17 April – wedding anniversary – Merle and Ray Smith

PARTNERS NIGHT

Monday 18 April is a special meeting and our Partners are therefore invited to attend. The night will feature the presentation of the Ford Davis and Graham Taylor Apprenticeship Awards to apprentices from the automotive and refrigeration schools at Box Hill TAFE. Please ring or email Ray Smith to advise your attendance.

DAVID'S DIARY



Heather and I arrived home from the District Conference on Sunday afternoon and we then went to Joan and Stan Harper's 60th wedding anniversary party. It was a very pleasant party and we had a long chat to Joan and Stan as well as to former members Owen and Bev King, Don Hulland, John and Dorothy Rogers and Graham and Cynthia Lydiard.

The Conference was very well organised although a number of sessions went well over time. The venue was excellent, as was our accommodation. It was exciting for us that our club was mentioned on a number of occasions during talks on Rotary projects.

However, it is sad to report that Russell Perry of the Rotary Club of Manningham was killed in a car accident on his way home from Conference. I was been talking to Russell a few weeks ago about him speaking to the club about ShelterBox. Our thoughts are with Russell's family and friends and his club.

For those who were not able to attend I have prepared the following summary of the program:

Thursday 7 April

- The Australian Rotary Health bike riders rode in and former member Glenn Tippet represented our club as well as his own. They raised an incredible \$40,000 over the course of the ride and this brings their total contribution to ARH to just on \$800,000 over the past 25 years – an incredible effort to which our own Ron Brooks has also contributed on many occasions;
- The Conference opening night commenced with Ian Cover as the master of ceremonies. Aunty Josie Agius welcomed us to the land of the Kaurna people who are the traditional owners of the land on which the Conference was being held. We then had a vigorous recital by the Royal Drummers from the Burundi Society of South Australia followed by a welcome by Stephen Yarwood, Lord Mayor of Adelaide and District Governor David Alexander.

The keynote speaker was Rev Tim Costello who spoke on progress towards the Rotary Millennium Goals. The Rotary International President's Personal Representative, John Blount, then gave an excellent address on his life in Rotary and how Rotary emphasises fellowship, integrity and service to the community. We then heard an inspiring address by Hieu Van Le, the Lieutenant-Governor of South Australia, on how he left Vietnam as a boat person and came to Australia.

Grace Bawden, a young opera singer, then gave a wonderful recital.

Friday 8 April

- David Alexander opened the second day with an inspiring address on the topic of leadership in challenging times. David emphasised the need for leaders to do the right thing and spoke of the District's matching funding grants that this year have assisted 26 countries with community service projects.
- John Blount then returned to talk about fellowship, integrity and service – the cornerstones of Rotary. He is a brilliant speaker.
- Robert Musgrove, the manager of group strategy for the Bendigo and Adelaide Bank, then spoke on community empowerment and organisational success by demonstrating how his bank has worked with communities to benefit both the communities and the bank.

- Valerie Browning from the Afar Pastoral Development Corporation in Ethiopia told us of the life of the Afar nomadic people in Ethiopia who live in harsh country amidst poverty. Valerie is married to an Afar tribesman and has lived with the Afar for many years. She was an excellent speaker and gave a frank assessment of the lives of the tribe and its needs for the future.
- Mike Quarmby spoke on Reedy Creek Nurseries and its work in making indigenous communities self-sustaining. The project assists communities to grow indigenous plants as a cash crop which is sold through the nursery over the internet. This was a fascinating talk because the project provides employment for the local communities as well as providing them with nutritious food.
- The singer, Dr Jimmy Little, with the assistance of the CEO of the Jimmie Little Foundation, spoke on the need for portable renal dialysis machines in the outback – an expensive but very worthwhile project.
- Peter Cole from the Rotary Club of Knox spoke on the work of the Spirit of Sharing project which provides sporting and medical equipment to Fiji. This is an excellent example of a Donations in Kind project which also involves Rotary volunteers in construction work in Fiji.
- Alex Gilbert, the chief executive of the Adelaide Convention Centre spoke on the efforts that the Centre puts into minimising its carbon footprint – even to the extent of having a worm farm in the basement to consume leftover food!
- Professor Hubert Gijzen of UNESCO spoke on the need to change radically our approach to global water conservation and management. He provided examples of how the treatment of waste and effluent needs to conserve our dwindling water supplies i.e. 'switch' from using potable water as the flushing agent to grey water or other treatment methods.
- In the afternoon Past District Governor Bob Laslett led the reflections session where we remembered Rotarians and partners who died during the year.
- District Governor Elect, Juliet Riseley, announced that the 2012 Conference will be held at the Melbourne Convention Centre on 21 and 22 April.
- The 2011 Group Study Exchange Teams from Districts 9810 and 5240 made their presentations.
- Tara Winkler spoke on the Cambodian Children's Trust which she established a few years ago to open an orphanage based on the 'house parents' model.

Saturday 9 April

- Brian McDaid from the Rotary Club of Croydon led the Youth Exchange segment which featured several excellent speeches by incoming and outgoing students.
- Nick Allardice from the Oaktree Foundation gave an excellent address using his organisation as a model for uniting young people in a club that seeks to achieve a better world. His message was that people join a movement for change rather than a club.
- The grand final of the Four-Way Test Speaking Contest was held with Genevieve Ward being successful. Matthew Bull and Liam Roodhouse also gave excellent addresses.
- Leading Special Constable Peter Jarvis spoke on the Victoria Police Proactive Policing Project and emphasised the value to it of the motor vehicles donated by Rotary clubs.
- Nyadol Nyuon, a law student, was born in a refugee camp in Ethiopia in 1987 and now lives in Australia. She spoke of the work of the Centre for African-Australian Women's Issues and gave an update on the plight of the Ethiopian people who have been suffering from the effects of wars for almost 50 years.
- Ben Acott of Think Tank Consulting gave a fascinating talk on research his firm has carried out for Rotary International in Australia. The project involved

researching internet traffic to discover what people think of Rotary and then using the research to design an internet-based advertising and member recruitment program for Rotary.

- Rotarians spoke on a number of club projects under the general heading of creating healthier, better educated and safer communities. It is always fascinating to see the variety and number of community service projects that clubs undertake locally, nationally and internationally.

The catering for the Conference and its dinner was excellent. At the lunch on Saturday, celebrity television chef Simon Bryant gave a mouth-watering cooking demonstration.

Glenys Grant attended her first Conference and her highlight was the dinner dance on Saturday night and the fancy dress of many of the audience. Bob Laslett saw the highlight of the Conference as being the quality and diversity of the speakers.

The 2012 Conference will be held at the Melbourne Convention Centre at Southbank. It will commence on Saturday morning 21 April and will conclude on the Sunday afternoon. The cost of attendance will be much less than normal so it would be great to have a 100% attendance by our club.

Without a doubt, attending a District Conference is a very enjoyable way of being informed on Rotary activities, entertained and challenged by excellent speakers and meeting fellow Rotarians in a relaxed atmosphere. I commend Conferences to everyone.

Thank you to John McPhee and Warwick Stott for organising our teams at the Blackburn and Whitehorse markets last weekend. Both markets were very successful due to the hard work of members – I think everyone who helped deserves a pat on the back.

Best wishes to Bill Marsh who has had a slight setback in his recovery from knee surgery. Hopefully, Bill will be back with us next week.

Best wishes to you and your families for the week ahead as we continue building communities and bridging continents.

David

David Bremner
President

Meeting Report for 11 April 2011

Our Chair was Warwick Stott (DCM, DSO and AORV) (Dependable Counter of Money, Dedicated Sheep Owner and Ancient Order of Retired Vets) and we had 15 members present plus our guest speaker, Wendy Oliver and guest, Andrew White.

Pres David reported with Sadness that Russell Perry died in a car accident when returning from conference. Russell was a member of the Manningham club

David, Glenys and Bob L spoke favourably of the conference with wonderful keynote speakers, great presentations and a fun Saturday night event. The sessions did not stay to time however, which detracted somewhat.

Noble Park was the recipient of our \$500 Ford Davis golf presentation and they will advise which project is to receive the funds when they decide. Forest Hill featured several times throughout with the projects we are doing etc.

The bike ride raised \$40,000 which makes \$800,000 raised in the 25 years of the project.

Pres David presented Certificates of Appreciation to Australian Volunteers to Gary Baltissen and Bob Williams which were gratefully received.

Our Saturday market raised \$700 and the Sunday Whitehorse market raised \$6,600 gross to be divided between the six Rotary clubs and Rotaract.

Stand in, stand in Sergeant David gave an entertaining and financially rewarding session not sparing man, woman or beast (and I think that covered all who were there.)

Wendy Oliver, MS Ambassador was our guest speaker. Wendy is a Nunawading Rotarian, Salvation Army ordained minister, police chaplain at Ringwood Magistrates Court and has had MS since being diagnosed at 52, some 9 years ago. A very positive lady of obvious great faith and courage and a terrific ambassador for MS. Pity she barracks for Collingwood though!

She spoke of women between the ages of 20 and 40 making up most of those diagnosed and since then she has endeavoured to tackle many things she otherwise might not have done such as climbing the Sydney Harbour Bridge and scuba diving (not at the same time we presumed.) There is no cure for MS and little known of how you contract it. Symptoms are extreme tiredness, vision impairment, slurring of speech, giddiness etc etc. She takes vitamin D to assist. MS costs Australia \$2B per year.

She spoke highly of the work that the MS Society does as they provide peer support workers (who have MS) and many other services provided from their local Nerve Centre.

A thought provoking address.

Pres David concluded by reminding us of the Ford Davis and Graham Taylor Award night next week and that it is A PARTNERS NIGHT SO PLEASE CONTACT RAY TO REGISTER YOUR PARTNER.

Bob Williams

FOOTY TIPPING

Stuart Williams is still leading the way in the tipping but Gary Baltissen is only two points behind in a packed field. This week will sort the wheat from the chaff as there are some interesting games – good luck to everyone.

Entertainment BOOK – Is for sale NOW

We will be selling the book again this year. Same price - \$65 and the club makes \$15 from each purchase. Tell your family – please order them from The Rotary Club of Forest Hill. Stuart Williams has order forms – please contact him. (I used it this year and have had over 25 meals and saved over \$600 and used the aquarium voucher and cinema vouchers – excellent value. Stuart)

One copy has already been sold. I have 10 copies.

Thank You

I was very surprised and grateful to receive a Certificate of Appreciation at our meeting for my volunteering work. Every club member does so much so I feel a bit guilty in receiving this recognition.

Thank you to those responsible for proposing me, I really appreciate it.

Bob Williams

Weekly Foundation Thought

Child mortality rate drops worldwide

Improved antimalaria measures and simple health practices have contributed to the decline of child deaths worldwide, according to a report released by UNICEF in September.

The study showed that an estimated 8.8 million children under five died in 2008 compared with 12.5 million in 1990, a drop of 28 percent and the lowest since recordkeeping began in 1960, UNICEF says.

"These new figures underscore the importance of the work that Rotary does," says 2008-09 RI President Dong Kurn Lee, who chose to focus on child mortality during his term.

"The great majority of child deaths are preventable, and most of them can be prevented

with relatively inexpensive interventions - something as simple as a water filter, antibiotics or a trained birth attendant."

The UNICEF report attributed the drop in child mortality largely to health interventions such as immunizations, vitamin A supplements, improved prevention of mother-to-child HIV/AIDS transmission and the use of antimalaria mosquito nets.

Although all regions of the world have made progress, millions of children still die each year, with 40 percent of those deaths occurring in the Democratic Republic of the Congo, India and Nigeria, according to the report.

Lee's emphasis on reducing child mortality inspired clubs and districts to initiate new projects and come together for two international conferences devoted to the issue.

In 2008, more than half of all World Community Service health projects focused on reducing child mortality, involving medical clinics, health care training and nutrition, according to Rotary International's ProjectLINK database.

Here are a few examples of innovative Rotary club projects that are addressing child mortality:

Rotary clubs in Great Britain, Ireland and Tanzania collaborated to form Rotarians Eliminating Malaria in Tanzania. The group used two Matching Grants and one Health, Hunger and Humanity Grant to provide more than 200,000 mosquito nets to communities in and around Arusha.

To help improve maternal health, members of the Rotary clubs of Bagé-Minuano, Rio Grande do Sul, Brazil, and Jackson Hole Supper, Wyoming, USA, are establishing a center to collect and redistribute breast milk at a hospital in a low-income area of Bagé.

The Rotary Club of New Manila Heights, Quezon City, Philippines, launched a project in 2007 to treat 90 children under the age of 10 for tuberculosis. Headed by a Rotarian physician, the effort provides medicine and distributes food to the children.

"It's important to recognize the progress we've made, and how we've made that progress," Lee says. "But we also need to acknowledge that there is still a great deal left to be done in the area of child mortality - and that there is a very great deal that we as Rotarians can and should be doing."

FOREST HILL'S MEMBERSHIP CHALLENGE

We publish the table below to keep us aware of the challenge.

Membership at the beginning of the year	Current Membership	Change
18	18	--

BREAKFAST QUIZ

Something to chew on over breakfast

Answers to last week's question - Australia has the world's largest sand island. What is its name? - (Fraser Island).

This week's question is - What regularly changes shape, yet remains a sphere, is always there, but often not seen?

If you don't know the answer, you should pay a fine to the Sergeant. If you get the correct answer, the Editor will pay. The answer will be in next week's Forest Hill Flyer

IMPORTANT UPCOMING CLUB AND DISTRICT EVENTS

18 April 2011	Club meeting
25 April 2011	Club meeting cancelled (Easter)
30 April 2011	Model United Nations Assembly
1 May 2011	International Friendship Exchange Florida (1-19 May)
2 May 2011	Club meeting & Board meeting

6 May 2011	Camp Awakening (6-8 May)
7 May 2011	District Assembly
8 May 2011	Whitehorse Farmers Market
9 May 2011	Club meeting
13 May 2011	Rotary Youth Program of Enrichment (RYPEN 13-15 May)
14 May 2011	Blackburn Craft Market
15 April 2011	Whitehorse Farmers Market
16 May 2011	Club meeting
20 May 2011	RI International Institute - New Orleans, USA
21 May 2011	RI International Convention - New Orleans, USA (21-25 May)
23 May 2011	Club meeting & R I speaker

Please have FOREST HILL FLYER articles to me by **5 pm next Wednesday week** (in Microsoft Word format,) David Bremner djlb91@bigpond.com