



**2012-2013**  
**Weekly Bulletin of the**  
**Rotary Club of Forest Hill**

**Edition 20: 10 December 2012**

**The Rotary Club of Forest Hill meets at 6.15 pm for 6.30 pm on Mondays at Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132.**

**Meal cost \$27.00**

**PO Box 116, Nunawading 3131**

**Email [rlaslett@optusnet.com.au](mailto:rlaslett@optusnet.com.au) Website [foresthillrotary.com](http://foresthillrotary.com)**

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**CLUB PROGRAM**

Date	Event	Chair	Thanker and Meeting Report	Member Talk on an aspect of peace
10 December	Partners Control Night	Tracey Berwick	Judy Marsh	Jenny Tuck
17 December	Breakfast meeting	Bob Williams	Bob Laslett	

**THIS WEEK'S CELEBRATIONS**



Judy Laslett- Birthday-9 December

**DUTY ROSTER**

	<b>December</b>
Cashier	Bob Williams
Recorder	John Donaghey
Greeter	Bill Marsh
Emergency	John McPhee

**ATTENDANCE**

Apologies - **Please contact Ray Smith by 10.00 am MONDAY** on 9878 4891 or [rcssmith@optusnet.com.au](mailto:rcssmith@optusnet.com.au). Any cancellation after 10.00 am should be made direct with the management of Bucatini Restaurant on 9873 0268

## BOB'S BELLBIRD BLOG

Sorry to hear Bob Neilson has been back in hospital again.

Last Monday's AGM went through with hardly a hitch- congratulations to the newly elected Board and a big thankyou to hard-working treasurer Warwick and auditor Bob. Sergeant Stan raised \$28 for Foundation. Gwen Rosengren certainly gave us something to think about as we contemplate her words about the effects of hearing loss on so many of life's aspects. Club members that had not had copies of "Go for Gold" were given them courtesy of Stan Harper. I was pleased to report on highlights from the Institute in Adelaide.

Coming up

- Gifts for East Burwood Centre at our annual Christmas breakfast meeting-17 December  
The items are for their Christmas hampers and what is needed are gifts for small children or Tinned food (ham or Christmas cakes)
- Club day for visiting GSE team from Malaysia -4 March 2013
- District Conference – 15-17 March 2013 –Wangaratta- 5 rooms booked at Advance Motel-

This week we are at the mercy of our partners. *It should be fun.*

## LAST WEEK'S MEETING

### REPORT ON THE MEETING ON MONDAY 3<sup>RD</sup> DECEMBER

Thirteen members plus one partner and the guest speaker Gwen Rosengren attended last Monday when Sergeant Stan opened the meeting followed by Glenys in the chair. Announcements were made concerning the two markets next weekend, the introduction cards for possible new members, and the fact that our club is supporting indigenous scholarships valued at \$2500, as per our decision to use some of our fundraising monies.

President Bob then conducted the annual general meeting formally announcing the board for PE Chris Tuck's year, after which the audited financial records for 2011/2012 were accepted.

John McPhee then spoke on peace, involving the Bible, Koran and Torah, but unfortunately as the writer is hard of hearing, no notes were taken.

We were then introduced to Gwen Rosengren, who originally was a teacher and principal for the School for the Deaf at Kew and then moved to Better Hearing Australia, a non-profit organisation assisting adults with hearing loss and providing advice.

The usual pathway starts with an audiologist, but some people don't get a test whilst others don't use the hearing aid when supplied. Gwen said that any hearing loss produces changes in our life, disrupting our existing interpersonal social identity and so we must change our decisions and actions in response. It also produces psychosocial barriers created by stigmatisation and we are reluctant to seek support. The incidence of hearing loss is 1 in 6 over 50 years, over 50% over 60 years and about 70% when over 70 years (so over three quarters of our club have hearing loss – WSS). Therefore tests by audiometric assessment are very important when we need them. The high frequency sounds are the ones that wear out first, and the "f", "th", "s", "sh" and "t" are the most difficult to differentiate. Speech can therefore appear muffled, and this can lead to stress, isolation, fatigue, impatient and lack of understanding, which frequently produces stigmatisation.

Better Hearing Australia has produced a 4 pathways approach, firstly working out what you have lost and what is left and how you can utilize it, eg., moving closer to the speaker. Secondly to watch the speaker, equals vision, eg., avoid looking into glare, do natural lip reading and watch gestures and body language, and using print where appropriate, eg., captions and texting. The third pathway is the huge area of technology, eg., hearing aids and cochlear implants. Hearing aids have had bad press and you should not wait too long to get one. There are hearing aid features for noise suppression, music listening, directional microphones and Bluetooth facility. We must be able to hear the different types of sounds, such as music, doorbells, speaking, smoke alarms, dog barking. The fourth pathway is other peoples' communication when they must be educated to assist, which means the art of crystal clear communication.

This was a very interesting talk on a subject that probably affects almost all of us either now or eventually.

The meeting was then closed by President Bob

Warwick Stott

## PEACE

This is the time of the year when Christmas cards and carols are a feature.

Many of these cards/carols express the words love, peace, joy and hope, which are the claims of all the major world religions as the basis for living.



As we approach the festive season for the Christian church I thought it would be appropriate to look at a message upon which we should seek to model our life in our search for peace within our society.

Peace is not something that will happen because of what our politicians tell us or suggest that we should do, but ---it is---what we as individuals can do and influence those around us.

In researching this I have drawn upon the writings of Lorraine Parkinson, a Melbourne theologian, in her book "The world according to Jesus- his blueprint for the best possible world".

In this book she has suggested that the text dealing with what is commonly known as the beatitudes- sets out the best practices for mankind --to set as standards for themselves and perhaps to influence those with whom they meet.

The text whether it is the Bible, the Koran, or the Torah -- are translations of writing of people many years ago in a language that was relevant to them at that time,-- but may have different connotations today --or in many instances --there is no direct translation for particular words.

When we look at the beatitudes we are looking at writings of some 2000 years ago and the need for translation from Aramaic to Greek to English

Therefore there is a need to look and try and assess what was the message the writer wanted to convey, rather than look literally at the word.

In her book, the author highlights

- 1 humility --not egotistical
2. a call to action to break down barriers to involvement in the new.( do not look back and wish for that return)
- 3 the courage to resist ( Gandhi, Mandela, Martin Luther King, Dalai Lama)
- 4 respecting the rights of others
- 5 empathy and justice a necessary partnership
- 6 commitment
- 7 radical forgiveness ( peacemakers are able to forgive.)
- 8 freedom from fear----- fear of authority, freedom from fear of failure

Quotes used by John

Martin Luther King.

Faith is taking the first step when you don't see the whole staircase.

M Fethullah Gulen

Humanity is a tree and nations are its branches. Events that appear as heavy winds hurl them against each other and cause them to clash. Of course the resulting harm is felt by the tree. This is the meaning of "Whatever we do, we do it to ourselves".

Osai's shalom (makers of shalom)

Shalom certainly means the absence of war, but it also means good health, sufficient food and shelter, good relations with neighbours and security for children .

To live out a full life

no premature death

Free to eat the food they have produced

no destruction from war

Free to live in the houses they have built.

Free from violent invaders

In short, it is a world of freedom from war and they are the benefits of a world at peace.

John McPhee

## ROTARY CLUBS PLAY A VITAL ROLE IN KIDS EDUCATION

The Board has decided donations to the ABCD program should be made via RAWCS- see treasurer Warwick for details

## CONFERENCE

Eight people from our club are planning to attend and six have paid their registration dues.

**Where** The District 9810 Conference in 2013 will be held at the magnificent [Wangaratta Performing Arts Centre](#)

**When** The conference runs from lunch time Friday 15th March to Sunday 17th March 2013.

## Saturday Night



# A touch of green

Whether you decide to celebrate St Patrick's Day or choose a different interpretation, include a touch of green in your dress for this fun night. Don't want to 'dress up'? A green tie and handkerchief or a green blouse or skirt will do. To be held in a large marquee with a tree in the middle, the night will feature great food and wine from the local area – an opportunity to indulge your senses.

**MORE** <http://2013conference.9810rotary.org.au/registration/>

## FOREST HILL'S MEMBERSHIP CHALLENGE

**Current 16**

**Aim 20**

## THIS WEEK

Partner Control Night Mon 10th Dec

Put this date in your diary or tie a piece of string around your finger. This Annual Event is always good fun. Acting Greeter Marg McPhee will welcome you to a night chaired by Acting chairman Tracey Berwick. Acting President Judy Laslett will open the meeting and Acting sergeant Barbara Williams will fine you for your annual misdemeanours. The club weekly Peace talk will be given by Jenny Tuck and the speaker will be Robbie Brooks "Cycling across the Czech Republic" or was the title "Does a 50 cent beer make up for cold, heat, rain and headwinds?"

## INTERESTING PROPOSITIONS

What is black when you buy, red when you use and grey when you throw it away?

Tell the Sergeant or pay

Cinema Night Fri 7th Dec

It's the first Friday of the month so ..... It's the Forest Hill Cinema Night again at Forest Hill Chase. \$7.50 a ticket! Yes, that's right, only \$7.50 a ticket if I buy seniors tickets in bulk. Plan is to meet at 6pm for dinner at "Secret Recipes" right by the cinema in time for the early screenings but if you just want a drink, or coffee or a just a chat well come anytime before we head off to the cinema. Look at the papers to see what's on and when then just tell me by Thursday midnight as I buy the tickets Friday morning

Ron Brooks

Fellowship Coordinator

## ROTARY RIDE FOR RESEARCH DOLLARS

Our 2013 - **26th District bike ride** on the **17th to 22nd March 2013** is up and running. Unlike previous years, the Ride follows the weekend Conference. It is hoped that there will be over 50 or so riders of all ages, and a support crew of 13 to begin the ride from Wangaratta starting after lunch on Sunday. Those going to the conference will be able to drop bikes off in Boronia before the weekend and they will be transported to Wangaratta for you. Those only going on the ride will meet Sunday morning to be driven up to the start of the 'Tour'.

### *The Route.*

Leaving at lunchtime from the district Conference venue in Wangaratta, the Ride will go through the picturesque country around Bright. It will travel to Myrtleford, then around to Mount Beauty and Harrietville, before driving to the top of Mt Hotham for a spectacular 90 km downhill ride over to Bairnsdale. Following that we wind through the back roads of Gippsland, passing through Sale, Churchill, Yinnar, Thorpdale, Trafalgar, Bona Vista and Warragul, Drouin, Pakenham, Emerald and Wandin, before arriving back at Boronia on 22 March, five and a half days later.

We would like all Rotary members, family or friends to consider coming on the ride to help raise money for Australian Rotary Health (under your clubs banner). Anyone can come either as a rider (we have 4 teams from those that have not ridden before, through to experienced riders) or on the support crew! Have a great time, a great ride and help Australian Rotary Health.

The detail and application forms are on the district web site ([click here](#))  
<http://operations.9810rotary.org.au/community/ride-for-research-dollars/>

PP Rob Parsons

## IMPORTANT UPCOMING CLUB AND DISTRICT EVENTS

<b>12/2012</b>	<b>FAMILY OF ROTARY</b>
3/12/2012	Club meeting/ AGM
10/12/2012	Club meeting
17/10/2012	Breakfast meeting
24/12/2012	No meeting
31/12/2012	No meeting
<b>1/2013</b>	<b>ROTARY AWARENESS</b>
7/1/2013	Informal meeting

Please have FOREST HILL FLYER articles to the Editor at rlaslett@optusnet.com.au by **5 pm next Wednesday** (in Microsoft Word format please)