



**Rotary**  
Club of Forest Hill



## Weekly Newsletter

[foresthillrotary@hotmail.com](mailto:foresthillrotary@hotmail.com)

**President Bob Williams**



Be a gift to the world

Number 20

16<sup>th</sup> November 2015

Club address:

PO Box 116, Nunawading 3131

Email address:

[foresthillrotary@hotmail.com](mailto:foresthillrotary@hotmail.com)

Website:

[www.foresthillrotary.com](http://www.foresthillrotary.com)

Meeting location:

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132

Meeting time:

Monday 6.15 for 6.30 pm

Facebook:

ForestHill Rotary

### CLUB PROGRAM

<u>Date</u>	<u>Event</u>	<u>Chair</u>	<u>Thanks/meeting report</u>
16 <sup>th</sup> Nov	Freedom wheels <i>Trevor Coulter</i>	John McPhee	Ron Brooks
	<b>Board Meeting</b>		
23 <sup>rd</sup> Nov	Youth Achievement Awards	Bob Williams	Glenys Grant
30 <sup>th</sup> Nov	<i>Lucy Menzies</i>		
	LAARS, <i>Leon Moore</i>	Bob Laslett	Bill Marsh
7 <sup>th</sup> Dec	Bass Coast Challenge Ride	Stuart Williams	
	<b>AGM</b>		

### THIS WEEK'S CELEBRATIONS

**None this week. There are 38 shopping days left until Christmas.**



### DUTY ROSTER

	November	December
Cashier	John McPhee	Warwick Stott
Recorder	Stuart Williams	Ray Smith
Greeter	Chris Tuck	Ron Brooks
Emergency	Glenys Grant	Bill Marsh

### ATTENDANCE

**APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend bringing a guest please contact Ray Smith by 10.00 am MONDAY on 9878 4891 or [rcssmith@optusnet.com.au](mailto:rcssmith@optusnet.com.au) SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST**

Any CANCELLATION AFTER 10.00 AM should be made direct with the management of Bucatini Restaurant on 9873 0268

Joan phoned to say Stan is now in ward 6.1 in Box Hill hospital and his tubes are out and he is eating a little bit and really would like visits to break up the days monotony. You can always give them a ring at Box Hill reception first if you like. They are very helpful.

## BOB'S BANTER

It was amazing that we had a 100% attendance of our members who were able to attend.

Thank you Ron (and Robbie for keeping him on the straight and narrow) for a very pedalling (I think that's how you spell it?) address of you both cycling, eating and drinking your way around Slovenia. Robbie if we hear of any police from Slovenia asking for you we'll know it's for your "borrowing" fruit etc on the way around. Great work Ron as it was a very professional talk.

Great that Mike Finke has accepted our offer of membership and Ron will circulate all members in the usual way for any objections which formally has to be done. .

Ray informed us of our mate Stan's health struggle at Box Hill Hospital and please keep him in your hearts.

Don Hulland is another we need to keep in our thoughts as he is in permanent care as Ron has written. Ron and I want to visit him maybe in the New Year and please let either Ron or me know if you want to come along as we are willing to take both our cars.

Maybe some of our past members would also like to consider going?

Also, of course let Stuart know if you are attending the Rotary conference in Shepparton, the 18th March 2016, weekend as he needs to sort out our accommodation.

Sergeant Stuart raised (ripped off?) an astonishing \$57-35 from us for Foundation aided by Ron's \$10 contribution in thanks to Graham Sharman for offering his freshly caught fish to swell the coffers (Ron's money was in our coffers not the fish!). Thank you Graham. You are one of our many valuable members who quietly contribute to our club and community.

Remember that our AGM is to be the 7<sup>th</sup> December and our thanks to Dick Tregear for completing our audit this year.

Bob L advised that Forest Hill College won't need our breakfast making teams for the 8<sup>th</sup> and 15<sup>th</sup> December. Thanks to Robbie Brooks and Kevin Grigsbey for making all the ham and cheese toasties for breakfast at Forest Hill this week.

MASH has their annual sale of mince pies at \$15 per dozen with \$3 of this going towards Indigenous Health scholarships. Please let me know if you want to order as we need to send in a bulk order by Friday 27 November.

My thanks to both John McPhee for doing the last shift at our membership marquee at the Whitehorse Farmers' Market Sunday and to Warwick for staying overlong to look after all the money while I flitted between the membership marquee and the "King in his Counting House."

Hopefully the cluster will get some members from our combined efforts.

I was the stand in market treasurer so got the money etc home and in 7 minutes Barbara and I were off to Wonthaggi to see Beccy Cole perform at 3pm and were rewarded by a terrific performance. A local from Phillip Island at our table whom we spoke to about our upcoming ride congratulated us both for going in the Bass Coast Challenge for RYDA, so that was nice.

Don't forget to advise Glenys if you can attend the Yarning Circle launch on the 29<sup>th</sup> November.

Our speaker for this meeting is from Royal Talbot speaking on their "Freedom Wheels" program so that should be interesting, particularly as we visited them a few years ago. Can the chair for this and each meeting please arrange for the microphone to be on hand.

***President Bob***

**Remember "Be a Gift to the World".**

## DIARY DATES

Mon	23 <sup>rd</sup> Nov	Youth Achievement Awards night
Mon	7 <sup>th</sup> Dec	Club AGM
Wed	9 <sup>th</sup> Mar	Women in Rotary Forum
Sat/Sun	30 <sup>th</sup> Apr/1 <sup>st</sup> May	MUNA weekend
Sun	19 <sup>th</sup> June	Multi District function to farewell Ian Risely (RI Pres '17-'18)

## ON TO CONFERENCE-SHEPPARTON

So far, Bob and Barb Williams, Bob and Judy Laslett, Bill and Judy Marsh, Glenys Grant, and I are booked in. **Please email me if there are any more of you out there who would like a room booked.**

*On to Conference chairman Stuart*

## LAST WEEK'S MEETING

Sergeant Stu opened with his weekly reflections. We do not live in a vacuum and at times we see things or are involved in situations that have us re think our attitudes or position on issues. Think of some milestone moments

- The cloning of Molly the Sheep
- Operating the Internet
- 9/11 and the war on terror
- Watching a man walk on the moon
- Owning a smart phone
- The fall of the Berlin Wall
- Finding the Titanic wreckage
- Electronic cash

I wonder if a week ago many of us saw a double milestone moment. Michelle Payne- the first woman to ride a winner of the Melbourne Cup and then tell the racing establishment to "get stuffed". Her and older brother Stevie- making a wonderful impact. A strapper who is a Down Syndrome young man, up front and centre. Time will tell. Will we proudly say- I saw it happen.

*By Sergeant Stuart*

Our thoughts are with Stan, Joan and family this week. Stuart opened the meeting with his usual thought-provoking reflections particularly emphasizing the positives from the winners from the Melbourne Cup. All the best to those on the Big bike ride.

We had 16 in attendance including prospective new member Michael. Chris T reported on correspondence from Disaster Aid. Glenys highlighted the Yarning Circle on 29 November and the upcoming Youth achievement Awards. Bob reported on the possibility of e-club volunteers helping out, Doncaster's Challenge to Lead program with the possibility of funds for our club, Healesville's reflective home numbers and Templestowe's upskilling of their Rotarians. There was acclamation for Bill's significant person award from Sion College. Stuart highlighted a visit to the Australian Jazz Museum next year. Ray outlined our future program with enthusiasm.



In his inimitable style guest speaker Ron (ably assisted in most of the photographs by Robbie) took us through scenic Slovenia with occasional side trips into Austria and Italy.

He told us stories of some of the characters they met as they cycled – the mushroom lady speaking with Robbie although neither knew a word of the other's language. ;the village handyman who made a wooden bicycle and was most hospitable; the shop assistant that explained that Slovenian hospitality extended to roadside fruit.

All in all it was a mouth-watering experience but I'm sure they would have been saddle-sore. They showed us some of their favourite haunts with occasional insights into the Slovenian psyche. He showed us bees, beer, borders, Bled, Bohenge, bocce, and beauty. Hence he was given a B on his report card as he accounted for his long absence from the club. To those who have visited this delightful part of the world he stirred up many wonderful memories.

Sergeant Stuart raised \$ 57.35 for the Rotary Foundation and the raffle netted \$66. A chocoholic (me) won the chocolates and our enthusiastic editor the red wine.

*Submitted by Bob Laslett*

1. *Did you hear about the wife who had her credit cards stolen in a robbery? The husband hasn't reported the theft, because the thief is spending less than his wife did.*
2. *Very young boy overheard in a cafe: "I don't really want a babycino. I just want to go to the park."*
3. *I've been a very bad girl said the daughter of one of our Rotarians. She said, "I deserve to be punished."*  
*"Very well ", said her dad.*  
*"I will install Windows 10 on your laptop."*
4. *The rumour is that, "Prince of Penzance" might have his win revoked due to the fact that he wasn't wearing shoes by VRC sponsor Myer.*

*Submitted by Sergeant Stu*

Email received by Bob Laslett from "you know who"

*Hi Bob,*

*The 'Significant Person' project was undertaken by Year 9 students at Sion College, Box Hill. Alyssa Tassone, who received a Youth Achievement Award in 2012 and has spent the last three years collecting stamps for Rotary, used me as her 'Significant Person'. On the 20<sup>th</sup> October the school held a special assembly, followed by a morning tea for the girls and their 'Significant People'. After the morning tea they took us out onto the front lawn of the school where the girls had constructed and painted a cut out figure for their 'Significant Person' and attached a laminated biography of their person to the back of the cutout. The figures will remain in place on the lawn for the remainder of the school year. It was a lovely morning and very rewarding to find that Rotary had had such a positive impact on Alyssa.*

*Regards*

*Bill*

Yes, Bill Marsh's picture is out on their lawn (a bit like the statues at the MCG). Let's hope it doesn't get tagged by someone from another Rotary Club in a jealous rage.

## **CHRISTMAS HAMPERS**

It is that time of year when we distribute hampers to needy local people. Can you please bring to our meetings over the next few weeks suitable Christmas food items and toys? Use your imagination - possible gifts could include movie gift cards, Kmart and other shopping cards as well as many other ideas. **Contact Bob L. for details.**

## **Rotary Club of Forest Hill's VOCATIONAL VISIT**

I have booked a visit to the Australian JAZZ Museum, on **Wednesday 9<sup>th</sup> of March**. Start approx. 10am, cost \$25 per person. We get a tour, A LIVE JAZZ CONCERT and Coffee/Tea and light refreshments (lunch)

It is only at Wantirna. Nice and close.

We need 20 people and could accommodate 35. Tell your friends and family. First in, first assured. Yeah, it's a way off, but we all buy green bananas.

## FOREST HILL WEBSITE

Have a look, give me some ideas, send me a story to put on, give me some photos, give me some feedback, tell me what is missing. [www.foresthillrotary.com](http://www.foresthillrotary.com)

## TELL US ABOUT YOUR LATEST HOLIDAY?

Our President Bob has come up with yet another idea! The Newsletter would love to tell it's readers about your latest holiday and/or your holiday plans. His hope is that we can have a regular weekly segment words & photo or two plus a list of what dates you will be away. So whether it's a weekend in Williamstown, a month in Manila, a trip to Tamworth, a holiday in Hanoi, or a cruise to Croatia – let's hear about it.

Ron & Robbie	22 <sup>nd</sup> Dec to 13 <sup>th</sup> Jan	South Africa [Cape Town – East London]
Bev & Gary Baltissen	15 <sup>th</sup> Nov to 9 <sup>th</sup> Dec	Hong Kong & 19 day cruise back to Oz

**So let's hear from you. Tell us where you are going and tell us how the holiday went when you come back..... then give Ron your foreign coins when you return !! EASY.**

## OUT AND ABOUT IN MELBOURNE

[I would love to receive reports from any readers of visits to exhibitions, cinema, theatre, ballet, days out in the country – I promise they will be published to give ideas where others might like to go].

## 1<sup>ST</sup> FRIDAY OF THE MONTH CLUB'S CINEMA NIGHT at FOREST HILL CHASE



The unanimous choice last Friday was **THE DRESSMAKER**.at 6:30pm

The unanimous reaction was **YOU MUST SEE IT**. Filmed in Australia. Some shots filmed on stage at The Sun theatre in Yarraville (where Frank Fricke had his 70<sup>th</sup> birthday).

A glamorous woman (Kate Winslet) returns to her small town in rural Australia. With her sewing machine and haute couture style, she transforms the women and gets revenge on those who did

her wrong. Kate Winslet was fantastic and Judy Davis as her mother Molly was an absolute scream. Sergeant Farrat (Hugo Weaving) as camp as they come brilliant. Is it a drama? A tragedy? A romance? A brilliant black comedy? Truthfully, it's all of the above – and then some. It's refreshing to hear Australian accents, see Australian bush landscapes and pick up on references to Australian culture.

*By Ron Brooks*

This months RDU magazine has many interesting and readable articles.

- \*Cruisin" The Blues Highway
- \*Australian Government's Commitment to Global Polio Eradication Campaign
- \*Lucky Soup
- \*New Members into the Rotary Club of Balwyn
- \*Emission of Guilt -on the wine page.

*Enjoy this edition., Square Eyed Stu*

## Youth Service News

The 34th Rotary Club of Forest Hill **Youth Achievement Awards** will be held on the Monday 23/11 at Bucatini. We are hoping for 12 hosts, one for each family, so **please put the date in your diary**, and thank you in anticipation of your help. *Glenys*

## IMPROVE YOUR MEMORY- REDUCE THE EFFECT OF ALZHEIMERS

Drinking one to three glasses of champagne a week can help prevent dementia and Alzheimers disease according to a recent study. A compound found in black grapes used to make bubbly is said to prevent the onset of brain diseases.

Of course, you can get the same effect from eating the grapes so it's your choice. The tests were done on rats and the experimenters now hope to do the tests on people ..... so do the people.

## UNICEF FOREIGN COIN COLLECTION

The RC of Manningham have just emailed me to say they have a collection of coins to give me and add to the District collection. So the \$4,700 worth already donated to UNICEF will be bigger by the end of DG David's very successful year. Scrap metal converted directly to supporting underprivileged, undernourished kids.

*Ron Brooks*

## STAMPS

Even if you only get a few stamps a week, collect them and give them to me.



Thanks Bill for the bag of stamps last Monday. It's a no cost project. Just cut around the stamp by about 1 cm and pop it in a spare used envelope and bring them along to me on club night then Robbie drops them off at Carol Farmers when I have a large batch..... Easy!!

## PERIDOT THEATRE FELLOWSHIP NIGHT FRI 27<sup>th</sup> NOV

Peridot Theatre's final play for the year is THE GOD OF CARNAGE, a comedy about what happens when two sets of parents get together to discuss the unruly behaviour of their children who fight at school. The parents behave worse than the children. This play won prestigious awards in both the UK and the USA and is highly recommended. The date is Friday 27th November at 8pm. and tickets need to be ordered by Thursday 12th November. They will cost \$23.00- Seniors price.

Please let John Donaghey know before then if you want to attend.

## HELP DONATE \$1MILLION TO AUSTRALIAN ROTARY HEALTH



The 30<sup>th</sup> Ride to Conference this year is 14<sup>th</sup> to 19<sup>th</sup> March. You do not have to be super fit to ride .... just super keen. The total raised by this ride since it started will pass the magic million dollar mark. There are four teams that ride from 30kms a day to 120kms a day. Pick the team you want to ride in. Medical research is the primary beneficiary of funds from

Australian Rotary Health. Research areas have included Sudden Infant Death Syndrome, Care of the Aged, Adolescent Health, Family Health, Mental Illness, Cancer research, Parkinson's Disease, Neurological research and others. D9810 has contributed **A\$2.8m** since allocated grants commenced in 1985 and **our ride has**

**contributed over \$966,000** over the past 30 years.

Also, why not support the ARH by attending the Chairman's Dinner on Thursday 19<sup>th</sup> Nov 6:30pm for 7pm at Etihad Stadium. \$70 a person for a 3 course meal and drinks on arrival celebrating the fantastic achievements of AHR.

### **DON HULLAND**

Don is now permanently in a nursing home and he told me that Vic Roads have taken his driving licence off him because he is a diabetic and so he cannot drive. He is in Kellock Lodge, 15 Bon Street, Alexandra 3714, and his mobile number is **0409 530 435**. Please give him a call as he misses our fellowship.

### **ROTARY MONTHLY THEMES**

November	Rotary Foundation
December	Disease Prevention and Treatment
January	Vocational Service
February	Peace and Conflict Prevention/Resolution
March	Water and Sanitation
April	Maternal and Child Health
May	Youth Services
June	Rotary Fellowships

### **CLUB OFFICERS & COMMITTEES**

		<b>2015-16</b>
<b>President</b>		Bob Williams
<b>Vice President</b>		Stuart Williams
<b>Secretary</b>		Ron Brooks
<b>Treasurer</b>		Warwick Stott
<b>President Elect</b>		John McPhee
<b>Sergeant</b>		Stuart Williams
<b>Foundation/International</b>		Chris Tuck
	Members	John Donaghey, Stan Harper,
<b>Youth Service</b>		Glenys Grant
	Members	Ray Smith, Bill Marsh, Graham Sharman
<b>Community &amp; Vocation</b>		Bob Laslett
	Members	Stuart Williams, Gary Baltissen, Ron Brooks
<b>Membership &amp; Publicity</b>		John McPhee
	Members	Warwick Stott, Bob Williams,
<b>Fellowship</b>		John Donaghey
<b>Primary Schools Speech Night</b>		Bob Williams
<b>Programme</b>		Ray Smith, Gary Baltissen
<b>Bulletin Editor</b>		Ron Brooks
<b>Web page &amp; Facebook</b>		Ron Brooks
<b>On to Conference</b>		Stuart Williams
<b>Historian</b>		Stan Harper
<b>Almoner</b>		Graham Sharman
<b>Public Officer</b>		Bill Marsh

Newsletter articles to the editor at [ronbrooks1942@gmail.com](mailto:ronbrooks1942@gmail.com) by 5 pm Wed Please email me or ring if you want to be removed from the circulation list.