



**The Flyer
2017-2018**



ROTARY:
MAKING A
DIFFERENCE

President: Bill Marsh

Number 25

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Monday 6.15 for 6.30 pm

Rotary Club Forest Hill

22 January 2018

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

CLUB PROGRAM

Date	Event	Chair	Thanks & Meeting Report
22 Jan	Portugal and beyond <i>Bob Laslett</i>	Stuart Williams	Glenys Grant
29 Jan	Bucatini with partners		
5 Feb	Cystic Fibrosis <i>Tessa Sanders/Bruce "Stretch"Jarvis</i>	Ron Brooks	Ray Smith
12 Feb	Growing up in the Western suburbs <i>Stuart Williams</i>	Mike Finke	Bob Williams

CELEBRATIONS

Many happy returns to Ron Brooks(27 Jan) and Warwick Stott(30 Jan).

DUTY ROSTER

	JANUARY	FEBRUARY
Recorder	Bob Williams	Mike Finke
Greeter	Glenys Grant	Chris Tuck
Emergency	Barbara Searle	Glenys Grant
Cashier	Stuart Williams	Bob Laslett

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend

bringing a guest please contact Ray Smith by 10.00 am MONDAY on 0412 807 585 or
rcssmith@optusnet.com.au

.SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST

Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of

Bucatini Restaurant on 9873 0268

BILL'S BYLINES

I do hope that you have all kept cool yesterday and have today planned so you can cope with the extreme heat. Imagine playing tennis with the temperature reading 69 degrees! I love the tennis but that is insane.

On Monday we were entertained and educated by Helen Kerley who spoke about waste management and recycling in the City of Whitehorse. The club is now following up by arranging a visit to several of the facilities that Whitehorse use in this massive battle to cope with, and hopefully reduce, the huge amounts of waste that our cities, and our life-styles, produce.

Although it was a fairly quiet day at the WFM we need to remember that the money raised forms a significant part of our fundraising revenue and we need to give the market our full support.

Next month we are back with our own market at Blackburn and so we need as many helpers as possible to cover the two markets without overloading any members. We are rostered on for the Egg & Bacon stall in May and this will be a real challenge for us as it is also Mothers' Day and members will have calls on their time from their families. Check the dates into your calendar and let John and Warwick know if you are available so they can plan ahead.

I am looking forward to inducting Barbara Williams into the club (probably on the 5th February).

Barbara has been a long-time supporter of the club and it is fitting that we can formalise her contribution to our work.

On Thursday, June 7th we will be hosting the charity preview of "84 Charing Cross Road" at the Peridot Theatre. I hope that all of our members, Honorary Members and friends will book in for this fun night. A great show, great company and a super supper. Cost \$22 per ticket. At our Board meeting on Monday we will decide which charity or group will benefit from the event. Last year Berengarra School in Box Hill was the recipient.

On Tuesday 13th March there will be a Vice Regal Reception at Government House to Honour Ian Riseley. Each club in the District has been invited to send 4 representatives. Our club will be represented by Mike Finke, Warwick Stott, Bob Laslett and Bill Marsh. I am not sure how the event came about but what a terrific way to recognize Ian and the work he has done for Rotary.

Some dates for your diaries.

Monday 29 th January -	Bucatini Dinner with Partners
Friday 2 nd February -	Film Night
Saturday 3 rd February -	Lunch at the Donaghey's (Ocean Grove)
Friday 9 th February -	Peridot Theatre

Did You Know?

Beavers have transparent eyelids so they can see underwater with their eye shut.

(At least they never have to remember where they have left their goggles!!)

Remember - Rotary: Making a Difference - is not just a theme it is what we do.

Meeting Report 15 January

This was our first meeting at Bucatini for 2018. It opened promptly at 6:30pm with toasts to RI and Australia. There were 16 people present including Barbara Williams. Sergeant Stuart opened with his usual Reflections, then handed over to Chair for the night Sue – her first chairing. Pres Bill then gave a brief update on happenings including the good news that Peridot have given us another Preview night to us as a Fund Raiser. So put it in your diary, Thursday 7th June for "84 Charing Cross Road", a charming true story based on the book by Helene Hanff. Get your friends to come along. It will earn potentially over \$2,000 to Rotary. We are lucky to get this fund raiser as really we could only hope to get one every 3 or 4 years as Peridot spread this fantastic money raiser around our local community clubs.

In reports, we heard that the latest Whitehorse Farmers Market netted over \$4,500, a good result in a quiet month. Stuart (International) told us that he was well advanced in plans to send a large donation of school items to Fiji, using his connections to hopefully get them there without cost.



Our guest speaker was Helen Kerley, the Waste Education Officer from the City of Whitehorse. She had a presentation that included a number of video clips and brought her own sound system along. Helen explained that most waste responsibility is State and Local with the Federal government only responsible for trying to get bottle deposit accepted universally and what we do with TV's. There is major effort at present to do away with light weight bags though in discussion we found that if there are no more lightweight bags to put our landfill waste into then we will all be buying heavyweight bags to put it into.

She drilled us in the order we had to follow with waste

Avoid

Reuse

Recycle

Recover

And then if all the above fail..... Dispose

Following a Visy video (they have the contract to handle all our recyclable waste), we heard that one of the problems with lightweight plastic bags is that they get air blown along with the paper so then the two streams are difficult to separate. There are five types of recyclable material and the Council is continuing to educate the rate payers in what is and is not recyclable. We can now leave screw caps on plastic bottles and Visy have installed a spiking machine that puts holes in plastic bottles so lids don't fly off when they are compressed into bales

We found out that the City of Whitehorse has 30 years of landfill still to use but is putting effort in place to extend this by reducing the amount going to landfill. There is about 120 years of landfill available but it is up in the northwest so the cost and convenience of transport is not attractive. The waste in the City of Whitehorse at present is

44% food waste

20% garden waste

11% recyclable

5% hazardous

And 20% landfill

The landfill material is put into cells so that water leaching in can be gathered and pumped to waste treatment and the materials are covered allowing the collection of biogas which is mainly methane and carbon dioxide. The methane can be burned to generate energy. Mostly, this energy is used on site to run waste treatment systems.

Helen offered us the opportunity to do a tour of the landfill, transfer station and Visy recycle sites which we plan to accept.

The raffle raised \$63. John Donaghey won, he certainly has learned how to play the raffle game well judging by the number of times he wins!! And it goes without saying that Barbara Searle got second prize..... how

does she keep winning, what a player. Did you notice that John was drinking red wine but took the red as a prize and Barbara who was drinking red wine took the white?

Helen did not finish until 8:20pm as there were many questions, so the meeting itself finished at 8:30pm. Pres Bill closed the meeting.

Ron Brooks

Sergeant's Reflection 15 January 2018

Welcome back to Rotary for 2018. I hope that Christmas and the festive season allowed you to spend some time with your loved ones. At many of the celebrations I hope that you were able to say a kind word to someone who looked up to you in awe, because that little person will soon grow up and move on.

I will get us thinking for 2018 with a few punchy words by George Carlin.

The paradox of our time in history is that we have taller buildings but shorter tempers, wider freeways, but narrower viewpoints. We spend more, but have less, we buy more, but enjoy less. We have bigger houses and smaller families, more conveniences, but less time. We have more degrees but less sense, more knowledge, but less judgment, more experts, yet more problems. We have multiplied our possessions, but reduced our values. We talk too much, love too seldom, and hate too often.

Resolve to enjoy Rotary in 2018.

Fines – raised \$35.85.

John D was fined for handing in a \$100 note and saying it was ok because he had made it in the afternoon. Serg said an African forger had been arrested with 2 million seven dollar notes.

A Rotarian went to the doc recently with a crook back. After being examined, he said, "How do I stand Doc?" The doc replied -"I don't know!!."

Rotarian said to his grandchild--You could get rich manufacturing crutches for lame excuses.

Bob Williams just did a week's worth of cardio after walking into a spider's web.

The Sergeant complained that kids today don't know how easy they have it. He said, "When I was young, I had to walk 9 feet through shag pile carpet to change the TV channel.

The useless fact for the night was -- There are more sheep in Cyprus than pigs.

Stuart

Visit to Donaghey's

The Fellowship lunch on 3rd February is at John and Kathy Donaghey's home, at 37 Osborne Street, Ocean Grove from 11 a.m.

Please choose an item to bring from the list below and email Kathy or phone her on 0448434110 by the 31st Jan.

N.B. Kathy's walking group are also to be guests, so they will provide some of the food. Donagheys will provide ham, tea, coffee, punch, serviettes, etc.

- * 3 plates of nibbles
- * 5 chickens
- * potato salad
- * tossed salad
- * coleslaw
- * 2 x more salads of your own choice
- * 3 x sweets
- * biscuits to have with coffee, tea
- * 2 x bread sticks .

District Conference - Bendigo Fri 2nd – Sun 4th March 2018

Have you registered?

Some of the crop of outstanding speakers

Beth Wilson is a special speaker who will invite us into the world she oversaw for fifteen years with sincerity and a good sprinkle of humour. With a long-standing interest in medico/legal and ethical issues, Beth was appointed to the role of Health Complaints Commissioner in Victoria in 1997 and served for 15 years after having been President of the Mental Health Review Board. As the Health Complaints Commissioner, she was the patient's advocate. A passionate social justice campaigner with an ebullient personality and gift for conciliation, this role was a perfect fit for Beth, she was admired for her longevity in this role.

Professor Eóin Killackey is Head, Functional Recovery Research in Youth Mental Health at Orygen, The National Centre of Excellence in Youth Mental Health and the Centre for Youth Mental Health at The University of Melbourne. His research is in functional recovery for young people with mental illness and in

evidence-based interventions in mental health and barriers to their implementation. His work has been recognised by the Australasian Society for Psychiatric Research's Schering-Plough Organon Prize, Australian Rotary Health's Knowledge Dissemination Award and the Society for Mental Health Research Oration Award. **PP Jordan Fallon** was inducted as President of the Rotary Club of Kurri Kurri at the age of 20. Jordan worked with his club to develop a President's Project to confront the stigma surrounding youth mental illness in the Kurri Kurri community. Over the following 12 months, Jordan worked with Rotarians and community members to design a program that equipped parents, teachers, peers and friends with the skills to identify if a young person in their life may be experiencing a mental health illness. The project was a significant success, with parents and young people alike reaching out to local service providers to seek treatment or assistance for a mental health illness.

Thanushi news

Glenys received the following from Thanushi Peiris

Last Thursday my IB results came out and I just wanted to share them with you. I got a 45/45, which equates to an ATAR of 99.95!

I'm surprised but incredibly happy with how it all turned out! I'm hoping to start doing Biomed at Unimelb this year.

I just wanted to thank you and Rotary again for all of your wonderful support. Your advice and help over the years has opened me up to so many opportunities that I wouldn't have otherwise had. I am so glad I happened to meet you at the BLS working bees all those years ago!

(What a tremendous result! There is a great write-up in the recent Whitehorse Leader. We wonder where this future star will finish up.)

Podcast

Episode 26 of Five minute Forest Hill

<https://soundcloud.com/mike-finke-167583478/5mfh-episode-twenty-six>

ROTARY MONTHLY THEMES

January	Vocational Service
February	Peace & Conflict Prevention/ Resolution

ARTICLES

Newsletter articles to rlaslett76@gmail.com.au by 5 pm Wednesday please.