

**The Flyer
2016-2017**



President: John McPhee

Number 30

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Monday 6.15 for 6.30 pm

Rotary Club Forest Hill

27 February 2017

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

CLUB PROGRAM

Date	Event	Chair	Thanks & Meeting Report
27 Feb	Learn More about Rotaract – <i>Clare Caulfield</i>	Bill Marsh	Glenys Grant
6 Mar	Know Your Heart Disease Risk- <i>Bernard Dragon</i>	John McPhee	Mike Finke
13 Mar	No meeting- Labour Day		
20 Mar	Person Behind the Badge- <i>Martine Macleod-Craig</i>	Ray Smith	Bob Laslett
27 Mar	Genealogy- <i>Jenny Harkness</i>	Glenys Grant	Chris Tuck
3 Apr	Conference Review	Stuart Williams	John McPhee

CELEBRATIONS

Birthday congratulations to Bill Marsh (22 Feb) and Stuart Williams (25 Feb) and club anniversary good wishes to Glenys Grant (22 Feb).

DUTY ROSTER

	FEBRUARY	MARCH
Recorder	Mike Finke	Bob Laslett
Greeter	Graham Sharman	Martine Macleod-Craig
Emergency	Chris Tuck	Gary Baltissen
Cashier	Glenys Grant	Ray Smith

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend

bringing a guest please contact Ray Smith by 10.00 am MONDAY on 0412 807 585 or rcssmith@optusnet.com.au

.SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST

Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of

Bucatini Restaurant on 9873 0268

DON HULLAND

Don is in Kellock Lodge, 15 Bon Street, Alexandra 3714, and his mobile number is **0409**

530 435. Please give him a call or phone the office 5770-2100 and ask for Don.

PRESIDENT JOHN'S JOTTINGS

This week Margaret and I are enjoying a relaxing week with our fellow Probarians at Lorne.

As promised this week we look at membership Prospecting

Source Complete strangers

Strangers are everywhere! + a huge opportunity

PLAN TO TALK TO STRANGERS -TALK TO THEM AT BBQ's or events

- Speak to or attend community groups /networking groups

- Speak to traders, tradesmen professionals etc

Advertise Ask for help with upcoming projects. Be Proactive

Hand out Brochures with personal contact details

Some Familiar Faces in San Diego



THIS WEEK'S MEETING



This week's speaker was Anna Tolotchkov, a year 10 student at Box Hill High School. We sponsored her attendance at the 2016 RYPEN (Rotary Youth Program of Enrichment) seminar and she presented her report. Her sister attended the 2014 and inspired her to make a big personal effort to be there in 2016. Anna knew no-one there but knew her sister had enjoyed her experience enormously. On arrival the young people were split into groups of 6 with a leader and mentor- her group called themselves Purple Rain because of the colour of their headband. They experienced team games building trust and cooperation and the leaders were encouraging and approachable. Physical games and tasks extended and tested her but she enjoyed all of the experience. Summing up her experience

- She learnt how to work as a member of a team
- She learnt to approach others in friendship
- Her public speaking improved
- Anna realized she needed to say YES to opportunities and be happier when challenges and restrictions are presented.

Anna's confidence has improved exponentially. From being a shy girl she has now nominated herself for and joined the SRC at the school. She presented and spoke beautifully

Barbara (Congratulations on your first meeting report-Ed)

Sergeant Reflection 20February 2017

Distractions of mobile phones

The Mitcham Community House where I am treasurer had the sausage sizzle stand at Nunawading Bunnings yesterday and as it is known there that I have had some experience, I was asked to help out which I did for most of the day. The tent as you may know is situated to one side of the store entrance and opposite a pedestrian crossing so in between helping to cook 700 sausages I had time to watch a number of people walking on the crossing with many looking at their mobile phones instead of the traffic. TAC statistics over the past 10 years have recorded 444 pedestrian deaths on Victorian roads with many of these due to distractions and most of these distractions being mobile phone misuse. As many as one in three pedestrians use a mobile phone while crossing the road.

Also one third of these pedestrian deaths were over 70 years of age.

One of the ladies I worked with (I was the lone male) was walking across the Whitehorse Road pedestrian crossing near Bunnings yesterday, not on her phone and needed all her wits about her as a turning car driving through a red light nearly cleaned her up. I couldn't locate any Victorian statistics of pedestrians who were injured while distracted using their mobile phones and of course these would be far fewer than all the unreported accidents. The police and TAC want pedestrians to put away their mobile phones while walking on the streets particularly around shopping centres as drivers are also more distracted looking out for other cars and often competing for parking spaces. I know we are all too sensible to use our mobiles while driving or walking and perhaps I am getting less tolerant as I age as when I see someone walking towards me on the wrong side of the footpath distracted by their mobile I don't get out of their way but brace myself and allow them to walk into me and then tell them to look where they are going and not at their

mobile. I do though avoid this tactic if they're bigger than me, wearing tats and a Collingwood footy jumper or a Hells Angels helmet and I do the same with the guys.

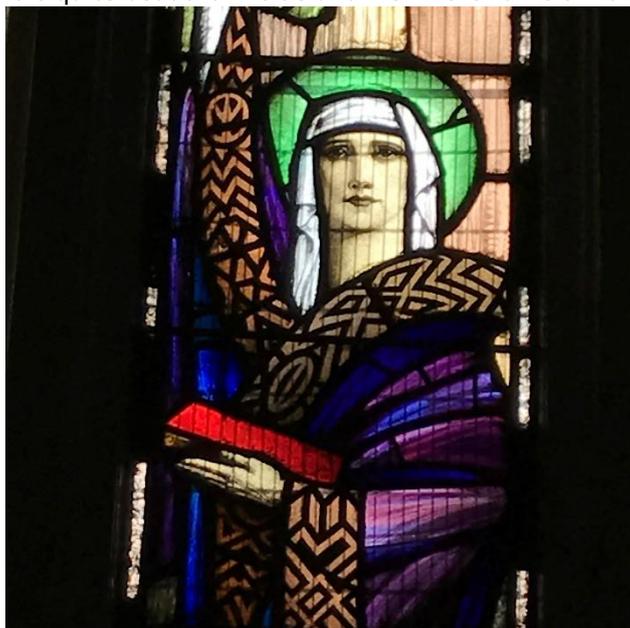
Remember that using a mobile while mobile may make you immobile.

Bob

VISIT TO ST JAMES OLD CATHEDRAL

The Friends of the Johnston Collection had a visit and a 30- minute talk by the Rev. Matt Williams on the history of this, the oldest church in Melbourne. Four years after Melbourne was founded in 1835, the foundation stone of St James church was laid. The Rev JC Gryllis began this first service in the timber church in 1837. It fronted William and Little Collins St. However, they had ambitious plans to build a large church with a design inspired by St James, Sydney. But in 1847 with the news that it would become a cathedral, they plastered the walls, installed cedar box pews and built high box galleries plus they constructed two matching mahogany pulpits. They had already been given a font from the church of St Katharine's Abbey in London when the building was demolished. It was consecrated in 1853. But by 1877 with the arrival of the second bishop of Melbourne, Dr Moorhouse it began its decline as he said in his installation sermon that it was an inadequate building. He did not set foot in it again. The church sold off the land around St James to commercial interests and in 1891 was displaced as a cathedral by St Paul's. In 1913, the congregation moved to the Anglican school hall on Batman St closer to where people now lived and so the congregation swelled. They decided to reconstruct St James on the corner of King and Batman streets (opposite Flagstaff gardens) and on Sunday 19th April 1914 the first service was held with Archbishop Clarke preaching. In 1997, St James became the parish church of Melbourne West. The Rev. Matt Williams arrived in 2009 and it has been quietly reviving with some of the finest choral music in Melbourne. The beautiful stained glass windows were added in the 1900's some made by Christian Waller, with the one she did depicting St Hilda being a self-portrait. Of course, she has other stained glass in the NGV. Her husband was the Australian artist Napier Waller.

While this church looks quite plain on the outside with its brown sandstone (which is poor quality and weathers easily), it is quite beautiful inside and well worth a visit. It is open most days Mon to Fri 9:30am to 3:30pm.



Ron Brooks



USED BOOKS

What do you do with the books you buy after you've read them? Perhaps pass them on to others or just lend them out. But if you don't want to clutter the house up with them after you get them back, here are a number of suggestions.

1. Leave them on the tram, train, or bus for someone else, some stranger, to pick up and read (a random act of kindness).
2. When you take one away on holidays, leave it behind in one of the hotels you stay at. Many hotels have book collections so take one and leave one
3. Take the book into the city when next you go and call into the "Little Library" on the second floor of Melbourne Central behind the very large pocket watch on the mezzanine floor. It is very easy to find. There would be about 300 books there both hard back and paper back in good condition. Leave yours and take one. This is encouraged.
4. Robbie picked up a book recently on a tram that had a label inside headed **Rotary Prahran Read-cycling**. (see photo below)
5. I picked up a book in Lisbon at a hotel that had been left by a previous guest in their small library/book collection which had a label similar to the Prahran Rotary club which said the same sort of things ie read, enjoy,

leave it somewhere for someone else, here is a website if you'd like to tell us where you found the book and where you left it, and did you enjoy it. We left it behind in Dubai after reading it. A well travelled book. It started life in England.

Robbie and I started leaving books on trams etc 2 or 3 years ago. We have swapped books in the Little Library in Melbourne Central perhaps half a dozen times. Also, what a good idea about publicising Rotary through leaving books around. Is this something our club would like to do? It is just about a no cost project and may result in someone contacting us with books we can pick up, label, read and leave somewhere (local shopping centre for instance to publicise our club). You may remember a few years ago I started a book lending project just in our club but this is much better.

Ron Brooks

CONFERENCE

Accommodation is at Ripplside Park Motor Inn from Fri 31 March and Booking out Sunday 2 April.

The third outstanding speaker



Hugh Van Cuylenberg

Hugh Van Cuylenberg started his career as a primary school teacher, later moving to Cricket Victoria to work with disengaged adolescents. The highlight of his teaching career, however, was the year he spent in the far north of India volunteering and living at an underprivileged school. It was here that he discovered resilience in its purest form.

Inspired by this experience, Hugh returned to Melbourne where he worked on his own programs for schools and established 'The Resilience Project'. Hugh's presentations emphasise the value of gratitude, empathy and mindfulness. Of note, Hugh has developed and facilitated programs schools Australia wide. He has also developed programs for the NRL and implemented them in all clubs. He has also been engaged by AFL teams Collingwood, Gold Coast Suns, Geelong, Essendon and Hawthorn.

FOREST HILL COLLEGE BREAKFAST ROSTER

Bob and Barb are rostered on for next week as the year runs away

Podcast

The latest episode of the podcast is available, and features Greg Wragg and Gloria Hargreaves speaking about their international work.

<https://soundcloud.com/mike-finke-167583478/five-minute-forest-hill-episode-fifteen>

As always, any input or suggestions for the podcast will be graciously received.



YOU ARE INVITED TO

Rotary
District 9810

**Malaria Awareness Day
Fundraising Dinner**
Friday 28th April 2017
6:30pm for 7:00pm

Keynote Speaker: Dr Julie Healer
Julie is a postdoctoral researcher who joined Professor Alan Cowman's group at the Walter & Eliza Hall Institute in 1999. She has a strong interest in how the malaria parasite invades red blood cells, with a view to developing a vaccine to prevent malaria invasion and replication.

Ben Hill
Ben is a member of the Rotaractors Against Malaria Committee and is their IT Director. Ben's address will be an update of Rotarac's involvement with RAM and the use of technology to advance awareness.

In 2015, 95 countries and territories had ongoing malaria transmission. About 3.2 billion people—almost half of the world's population, are at risk. Malaria still infects 200 million, killing over 400,000 per annum, 75% are children under 5.

Venue: Mulgrave Country Club
Wellingford Road, Mulgrave
Cost is \$25.00 per person for a 2-course meal.
Drinks at bar prices
Tables of 10
Payment details are attached
E.L.V.R. March 31st

All proceeds will go towards Malaria research at the Walter & Eliza Hall Institute and also to a RAM project raising funds to support clinical trials of a promising malaria vaccine being developed at the Institute of 30 years at Griffith University.

Contacts:
District 9810 RAM Committee
Stella Hargreaves
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Glen Coufield
clarcoufield@gmail.com

DIARY DATES

- Thu 2 Mar Lunch at Bev & Gary Baltissen's home in Sorrento.
- Fri 3 Mar Film night at Forest Hill theatre
- Sat 4 Mar/ Sun 5 Mar PETS(President Elect's Training Seminar)
- Sat 11 Mar Blackburn market
- Sun 12 Mar Whitehorse Farmer's market
- Fri 31 March -Sun 2 Apr District 9810 Conference
- Fri 7 Apr Film night
- Sat 8 Apr Blackburn market
- Sun 9 Apr **Eggs and bacon at Whitehorse Farmer's Market**

ROTARY MONTHLY THEMES

- February Peace & Conflict Resolution
- March Water and Sanitation

ARTICLES

Newsletter articles to rlaslett76@gmail.com by 5 pm Wednesday please.