



FOREST HILL HAPPENINGS

No 36

President: Sue Ballard

28 April 2021

FROM THE PRESIDENT'S DESK

On Sunday I attended the dawn service at the Shrine of Remembrance on a cool but clear morning. It was a ticketed event to limit the numbers close to the shrine and as Covid control. Sadly, many people had not heard they needed to apply or had thought they could enter on the day. Of the number behind the fence there was probably twice as many who couldn't get in. Many of these were recent veterans just returned from deployment and their families. Had I known prior to checking in I would have given my ticket to one of these vets. Going to dawn service means a lot to me as my ancestors have served for generations, one of my grandmother's cousin is buried in France. But I could see how much it meant to these young men and women. The emotion was evident, all new feelings from returning from a war zone. These are young men and women who have been in conflicts so different to those of the past but no less traumatic and tragic. Sadly, the latest figures on suicides show a upsurge of numbers of defence force personnel. This is one of the reasons the Whitehorse cluster of Rotary have joined with Eastern Health to bring focus in mental health in in our community. I am pleased to say we have a grant confirmed to contribute to our 100 Year Celebrations. Mental health and other community projects will be the beneficiaries.

Following on from this the Rotary people Centenary Award with Deakin University closure date is this week. I am on the selection committee and am currently reading through the entries. This award is for a student who gives back to their community and has Rotary values. Part of the award is monetary but it also includes a year membership to a Rotary or Rotaract club. I must say the applications I have seen so far give me hope for the future. So many young people giving back to the community and it's going to make our job difficult.

Reminder to all quiz night is coming up. I am making it along the theme of Family and will cover a range of topics. Looking forward to you all getting involved. The more the merrier.

This week is also the Multi District Conference. If you haven't already, please register.

MEETING REPORT

No Meeting This Week

April is Maternal & Child Health Month

NEXT MEETING

3rd May – Trivia Quiz

COMING UP

- 7th May - First Friday Film Night
- 8th May - Blackburn Market
- 9th May - Whitehorse Farmers' Market
- 10th May - Youth – FHC Enviro Speakers
- 17th May - Conference Report
- 24th May - Amy Maddison, PE Reg Smith – 'Hush Gathering of Kindness' program

CELEBRATIONS



A quiet day on the celebration front.

Perhaps we should all celebrate our relative COVID free life.



SPROUTINGS

First, the on-line Rotary conference, which I'm sure a number of you are attending. Then, like me, if you want to get out in the air between webinars, how about attending one or more of the following:

Whitehorse Council's 2021 City Nature Challenge. This is a wonderful four-day event. The many nature walks and scientific programs listed at the Whitehorse site will entice you to load the iNaturalist App onto your phone and photograph flora and fauna. It can be done anytime at all from dawn on April 30 to midnight May 3.

It will be fun and will enable further global collection and collation of data on the environment. Some species or specimens are still being seen in large numbers and others are threatened with extinction and this data will help verify the current status.

Sustainable Living Weekend: Look at what is on offer at **Box Hill Town Hall** to attract you between your Rotary commitments, or for your family to enjoy while you are busy....

Reduce Your Winter Energy Bills

Sunday 2 May, 10 – 11am. Free event: [Bookings and more details here](#)

Free information session from the Australian Energy Foundation to learn the best ways to make your home energy-efficient.

The Climate Cure - with Tim Flannery and Nicki Hutley

Sunday 2 May, 3 - 5pm. Free event: [Bookings and more details here](#)

A discussion with experts on climate solutions in the era of COVID-19.

Creative Sustainability Workshops

Box Hill Community Arts Centre is celebrating Sustainable Living Weekend by hosting a series of creative, hands-on sustainability workshop [Bookings and more details here](#)

Beeswax Wraps Friday 30 April, 1 - 3pm; Cost \$25

Pop Jewellery Friday 30 April, 7 - 9pm; Cost \$25

Earth Pigment Pastels. Saturday 1 May, 10 - 11:30am; Cost \$20

Upcycled Earring Workshop: Beerings Saturday 1 May, 3:30 - 5:30pm; Cost \$25

Keep Cup Making Sunday 2 May, 12:30 - 2:30pm; Cost \$20

Family T-shirt to Bag Refashioning Thurs 6 May, 4 - 5:30pm; Cost \$10

Organic Paper Making .Sunday 16 May, 9am - 12pm; Cost \$35

Vegie Gardening for Beginners - Join gardening guru Maria Ciavarella

Saturday 1 May, 11:45am –

Growing Beautiful Indoor Plants Saturday 1 May, 1:30 - 2:30pm. Free event: [Bookings and more details here](#)



Designing for Intergenerational Living

Saturday 1 May, 3:30 - 5:30pm Free event: [Bookings and more details here](#) 1pm. Free event: [Bookings and more details here](#)



Millie Ross: Building the garden you want with whatever you've got!

Saturday 1 May, 10am – 11:15am Free event: [Bookings and more details here](#)

Come along to this inspiring workshop with Millie Ross, horticulturist, garden designer and presenter on ABC TV's Gardening Australia.

Digital Screening of The Story of Plastic

Stream any time 1 - 7 May - Free in your home [Bookings and more details here](#)

The Story of Plastic is a life changing feature length documentary that shows us how we got to our current global plastic pollution crisis, one of the world's most pressing environmental issues, and what can be done to fix it.

For the full program of events taking place during Sustainable Living Weekend

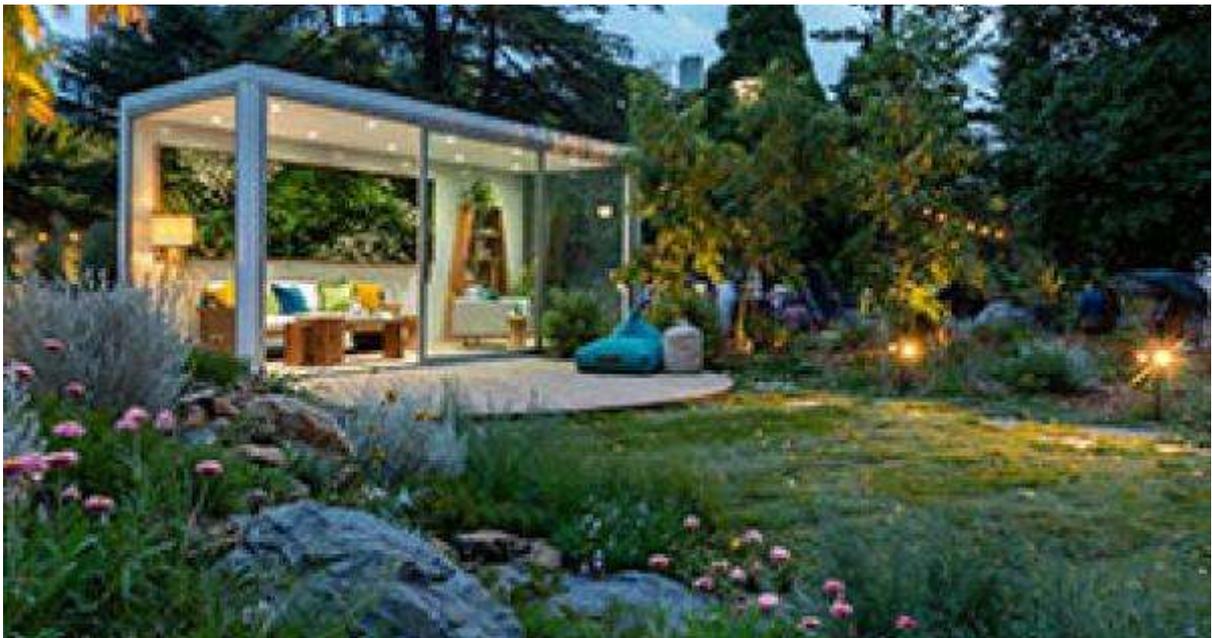
visit: <https://www.whitehorse.vic.gov.au/sustainable-living>

Finally, our 2021 Youth Environment program will be talked about on May 10 at our regular meeting at Bucatini. Speakers are Adrienne Baucke from Forest Hill College and Belinda Moody from Whitehorse Council. More about that next week – but we invite all to come and hear what is happening with this exciting Rotary project.

Designing with Native Plants

Free Event | **Bookings Essential.** Saturday 1 May, 2:30 - 3:30pm

Are you keen to learn more about the amazing diversity of native and indigenous plants out there? Come along to hear from Ben Hutchinson, local landscape designer with a passion for native plants and a flair for using them in urban gardens.



....So there you have it – Have a good weekend, *Glenys*



Scan Me!!

RCFH BLACKBURN STATION CRAFT MARKET – TRADER OF THE MONTH

Powerhouse Cheese

Barbara Power started making her own cheeses over 10 years ago. With a degree in Microbiology she had a good scientific foundation to base her production. Two years ago, she started up her own commercial business **Powerhouse Cheese** and persuaded her sister, Donna Hall, who also has a Science degree, to leave her native New Zealand and join her in this venture. These two Artisan Cheesemakers use cow's milk in small 100 litre batches of milk from St David's Dairy in Fitzroy. They sell their cheeses at markets every Saturday and Sunday around the Melbourne area or you can order on line for pick up on Monday afternoon. The rest of the week you will find them busy in their cheesery making their standard Blackburn Blue, Whitehorse White and Ash Bree cheeses or producing new varieties like their Bellbird Blue or a surface ripened Rosella Red which may become another standard offering in the future. Certainly, these two talented very local artisan cheesemakers running **Powerhouse Cheese** have a future.

www.powerhousecheese.com.au

