



**Rotary**  
Club of Forest Hill



## Weekly Newsletter

[foresthillrotary1975@gmail.com](mailto:foresthillrotary1975@gmail.com)

**President Bob Williams**



Be a gift to the world

Number 37

4<sup>th</sup> April 2016

Club address:

**Email address:**

Website:

Meeting location:

Meeting time:

Facebook:

PO Box 116, Nunawading 3131

[foresthillrotary1975@gmail.com](mailto:foresthillrotary1975@gmail.com)

[www.foresthillrotary.com](http://www.foresthillrotary.com)

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132

Monday 6.15 for 6.30 pm

ForestHill Rotary

### CLUB PROGRAM

<u>Date</u>	<u>Event</u>	<u>Chair</u>	<u>Thanks/meeting report</u>
4 <sup>th</sup> April	<i>Walter and Eliza Hall Visit</i>	Bob Laslett	Bob Laslett
11 <sup>th</sup> April	SRI LANKA holidays	Bill Marsh	John McPhee
18 <sup>th</sup> April	Compassionate Friends Of Victoria	Ray Smith	Chris Tuck

### THIS WEEK'S CELEBRATIONS

- 31 March Joan Sharman Birthday
- 1 April John Donaghey Club Anniversary
- 1 April Gary Baltissen Birthday



### ROSTER

	<b>April</b>	<b>May</b>
Cashier	Stuart Williams	Glenys Grant
Recorder	Bob Laslett	Ray Smith
Greeter	John McPhee	Chris Tuck
Emergency	Bill Marsh	Gary Baltissen

### ATTENDANCE

**APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend bringing a guest please contact Ray Smith by 10.00 am MONDAY on 9878 4891 or [rcssmith@optusnet.com.au](mailto:rcssmith@optusnet.com.au) SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST**

Any CANCELLATION AFTER 10.00 AM should be made direct with the management of Bucatini Restaurant on 9873 0268

## BOB'S BANTER

It was great to have our visitors to add to our numbers on Monday night. Michelle Worsley from Whitehorse Rotaract reminded us of the upcoming Giant Monopoly evening at Box Hill Town Hall on the 8<sup>th</sup> April with the closing date for numbers being 6<sup>th</sup> April. Stuart, Barbara and I are starters so it would be nice for some more club members to join us for a bit of fun. More details are later in this edition so please let me know if you wish to join us. Peter Skilbeck from Forest Hill Probus also joined us to tell us a bit about his club and thanked us (Stan Harper) for starting the club. Again, details of his club are later in this edition.

Our guest speaker Miranda Roediger was both enlightening and educational (she is a teacher after all!) and gave great suggestions of how to engage people. Thanks Miranda, as from the questions posed to you at the end of your presentation, you realised that we were all paying attention.

The five members who attended the Shepparton conference gave a presentation and we watched some photos from the weekend. The next conference is in Geelong from 31<sup>st</sup> March to 2<sup>nd</sup> April 2017 and it would be great to have a good number attend.

My thanks to Stuart for organising our accommodation and venue for our club dinner on Friday night and to Judy Laslett and Barbara Williams for their creative efforts with our Saturday night "dress ups" as "Forest Hill Kitchen Rules" which gained an honourable mention on the night. My thanks also to all club members and partners who attended and were part of the 440 total who enjoyed this very well run event.

The aprons we purchased for our "dress ups" will go to the Blackburn market after we follow up on the (as usual) good suggestion from Glenys to see if we can attach/sew/stick on a Rotary emblem to them

A full report on the conference is later in this edition.

A further reminder to put in your diary the interclub meeting with Nunawading on the 27<sup>th</sup> April to hear from the Blackburn Rail Crossing people.

John McPhee and I put together a number of points regarding the importance of being able to continue running our Blackburn Station market in the same setting which we sent to each Whitehorse Councillor in readiness for their meeting on 15<sup>th</sup> March. We had some helpful replies. The Council was again meeting on the 21<sup>st</sup> March to progress their position on the rail crossing issue. Obviously, if we were to lose the income from this event it would impact greatly on the viability of our club and with the possibility of the development of the Whitehorse Centre in the near future as well, this may also have some affect on the income we gain from the Whitehorse market. A fruitful Board meeting followed our dinner meeting with all programs running fairly well to schedule and still lots to cover between now and the end of the Rotary Year.

Stuart is going to attend his 6<sup>th</sup> world Rotary conference, this time in Seoul. Well done Stuart.

Thanks to Bob Laslett for organising our visit on the 4<sup>th</sup> April to the Walter and Eliza Hall Institute with a 6-30 (sharp) start there and dinner in Lygon Street following. As car spots there are limited it is suggested to car pool. Bob advises that we have 18 attending.

**"Be a Gift to the World". *President Bob***

## LAST WEEK'S MEETING

### Sergeant's reflection.

As part of the governance requirement of Rotary, each district is required to hold an annual conference to report to its members.

Ours was held over the weekend.

Most of us do not attend because of "the reporting to members aspect", but we attend to

- \* renew our Rotary batteries,

- \* reinvigorate our Rotary spirit and energy

- \* Be entertained and informed

- \* Catch up with our district Rotary friends.

Yes there are elements of an Amway love-in, an Avon convention, or an evangelical church service. So much clapping, some whoopin' and hollerin' BUT ....

Most conferences are so good for Rotary members. Our district is a leader in providing stimulating speakers of the non-Rotarian kind. Our brains are challenged, our minds stimulated and our pride enhanced.

Most of us come away thinking we are so fortunate to belong to an organisation that is expert at DOING GOOD IN THE WORLD. We can be proud of the part we play. Proud that last month there was only ONE case of polio in the world. **Sergeant Stuart.**

## MEETING REPORT

Sergeant Stuart opened the meeting by reflecting on our recent District Conference and how it meant many different things to individual Rotarians. In particular it was a chance to renew friendships, make new friendships, catch-up with what is happening in clubs around the District and to hear the latest from RI.

Three guests were present: Miranda Roediger – guest speaker, Michelle from Rotoract and Peter Skilbeck representing the Forest Hill Probus Club. Reports were received from President Bob, Treasurer Warwick and the Chairpersons of the various committees.

Michelle gave a brief talk outlining Rotoract's upcoming Giant Monopoly evening. The club has run this event for the last couple of years and it has always been a fun night as well as an excellent fundraiser. The event is on Friday, 8 April starting at 6.30pm with all profits going to the ABCD program.

Peter gave a run down on the activities of the Forest Hill Probus Club (chartered by our club). The club started in 1983 and is still very active. As well as encouraging interested members to join, Peter also asked members to pass on details of the club to friends they thought might be interested. Members who attended the District Conference gave a brief summary of the activities and speakers who presented throughout the weekend.

Our guest speaker, Miranda Roediger, then spoke of her role as a psychologist and life coach. A very professional and polished presentation that kept members involved and interested. Miranda hopes to be able to work more fully within the education system assisting our youth in realising their potential and dreams. The session concluded with a number of questions from members as they sought to clarify their understanding of the 'life coach' role. Something many of us had not encountered previously. The raffle raised \$23 and was won by Bob Laslett and the Sergeant's Session raised a total of \$30 for Foundation.



Guest Speaker – Miranda Roediger

## **SHEPPARTON CONFERENCE 2016**

### **[Shepparton 2016 – R.I. District 9810 conference**

Was held at the Riverlinks Centre, Shepparton. This was a reasonably intimate, multifunctional auditorium that was ideally suited to 440 attendees. It had excellent audio and adequate visual equipment.

We had the usual conference opening with a mayoral welcome, an introduction of Rotary hierarchy, an introduction from DG David Tolstrup and he introduced the International President's Personal representative PDG Margaret Reeve, from the Canterbury district of New Zealand. In her address she quoted many of the words of International President Ravi Ravindran. He said- "We should find our own ways to be a gift to the world". Margaret commented that our friends complement us. She closed with – "Through Rotary we can leave something lasting in the world."

Our first keynote speaker was Paul Sheahan –ex-Test cricketer, MCC President, Principal of Geelong College and later, Headmaster of Melbourne Grammar. He was aware of Rotary as his partner had been a Group Study Exchange team member. He felt the conference theme – Power of the Past. Force of the Future, was a challenge and an opportunity. He believed we should value the past and work out what is worth keeping as we move forward. He was very cynical of politicians. He stated the future is challenging – and as an example said, globally there were 10,000 people connecting to the internet per SECOND.

He reflected that many of the advances we make are created by risk takers. He talked about his recent heart surgery.... and used a good line. His cardiologist was Ron Dick. Paul suggested he should have been an urologist. He commented that people who think they can change the world – often do and that progress depends on unreasonable people. It was a brilliant talk.

We then heard from Alex Raineri—the 2014 winner of the Australian National Piano Award. The competition is held in Shepparton. He played a lot of Felix Mendelssohn music. It tried my patience, the entertainment was one dimensional but we all were astounded by his talent, his interpretation of the music and his finger speed.

The second keynote speaker was Caroline Overington, who told us the story of Louisa Collins –the last woman hanged in NSW. She was tried 4 times for murder. She went to trial in 1888. A brilliant journalist, Caroline was also a talented and engaging speaker.

The session was closed by Jonathon Usher – a NZ PDG and magician extraordinaire. Brilliant.

Our club dinner was held at a large well thought of Italian restaurant –Cellar 47.

Overpriced and underflavoured.

The dinner companionship was good. Home early to see NZ beat Australia in a world 20/Twenty match.

**Stuart**

**Saturday Morning Session** – a great session including a number of first rate speakers with messages that resonated with us all.

**Wayne Leslie**

Wayne is the Managing Director of the HGL Group of companies – perhaps best known to Rotarians for their sponsorship of Rotary’s “Shine-On-Awards” to recognise service given by persons with disabilities.

In 2015 Wayne and his brother, a returned serviceman who suffers from PTSD following his time in Afghanistan, journeyed to Gallipoli and the Western Front in search of the graves of 4 family members. An interesting session detailing their journey and the discoveries they made along the way – about themselves, the war and the people they met.

**DG David Tolstrup**

David spoke of the many achievements of Rotary (the Power of the Past), of the projects currently underway and others we could undertake (the Force of the Future). He also mentioned Membership and the challenges involved and the fact that we need to showcase our achievements so that we can raise our public image (not just holding a sausage sizzle) and how this could help membership.

**RIPPR – Margaret Reeve**

Margaret was a class act. A typical quiet, understated Kiwi, she spoke extremely well as she conveyed Ravi Ravindran’s message to the Conference.

**Kate Carnell**

A dynamic speaker who has been a shining light for the talents and insight that women can bring to any organisation. Kate is probably best known to the Australian public as the Chief Minister of the ACT – a role she held from 1995 to 2000. Currently she is the CEO of the Australian Chamber of Commerce where she is the voice of over 300,000 businesses across Australia in their dealings with government, unions and the public.

**DGE Carol Lawton – Launch of 2017 Conference**

Carol announced that the 2017 Conference would be held in Geelong from March 31 to April 2. The venue is a striking redevelopment at the end of one of the piers on Corio Bay. Water views on three sides. Looks to be a striking venue with many attractions in the surrounding area. Would be great if we could get an increased number of members and partners along for what is always an enjoyable couple of days. Need to get bookings organised for accommodation within walking distance of the venue.

**Ride to Conference**

After morning tea the participants in the Ride to Conference were introduced. This fantastic project has had a couple of names over the years (started as Pedalling Pete!) but has continued without a break and has now raised over \$1,000,000. What a brilliant effort. Sadly our own Ron Brooks could not be on stage for the presentation but, if wedding duties allowed, was with the riders in spirit.

**PDG Terry Grant – ARH**

Terry spoke about the great research work undertaken as a result of the ongoing commitment of Rotarians through Australian Rotary Health. His passion and enthusiasm for the work of ARH and his support of the staff that bring it all together underpinned his presentation.

## **Major Brendan Nottle**

Members will recall Brendan from his presentation to our club. Today's presentation was even better. The venue lent itself to a dynamic presentation and Brendan made full use of it. His message about his journey through the Salvation Army and the work they are undertaking in the Greater Melbourne area touched every member of the audience. At all times interesting and entertaining.

## **Gemma Sisia & Dorice Livingstone-Abel – School of St Judes**

This is the second time Gemma has presented to Conference and she, and St Judes, have gone from strength to strength. Gemma was accompanied by Dorice Livingstone-Abel, one of the first cohort to complete Year 12 at St Judes. Dorice spoke from the heart about her time at St Judes and what it has meant to her and her family. Before moving on to University the graduates spend 12 months teaching in their specialist area in a local secondary school. There are now 1,900 students on a number of campuses at St Judes – a far cry from the 3 students in 2002. Gemma's life (for it has now far outstripped being a project or a cause) demonstrates what can be achieved with vision, determination, planning and enthusiasm. Rotary has been with Gemma from the start of her journey and still supports her work.

## **Jonathon Usher**

The inclusion of Jonathon and his magic was a masterstroke by the conference planners. He provided brilliant examples of the magician's art – making them simple, obvious and ultimately mind blowing baffling. These hilarious, entertaining interludes broke the more intense speaker presentations and allowed the audience to relax and then refocus. I would encourage you to search Jonathon Usher magician on Google. You cannot be impressed by the breadth of projects (including Rotary) that he is involved and wonder how he finds time to present around 200 performances of his magician's art each year. Jonathon was the second impressive Kiwi at the conference. In all a morning to enthrall, entertain and enlighten. A great four hours from a wonderful Conference.

## **Bill**

## **Saturday afternoon**

Mariam Issa, a Somalian refugee, told her story of adjusting to life in Brighton- a real clash of cultures. She used East African food and her backyard community garden to break down barriers. She launched RAW (Resilient Aspiring Women) a non-profit organization creating better social environments for women and as an antidote to war. She has been assisted by Rotary clubs in the bayside area.

4 PDGs spoke on the Rotary Foundation. Tony Monley explained the money available this year for district and global grants and how to turn \$70k into \$1m for projects. Bob Richards chaired as Brian Martin, new Service above Self recipient, spoke on Operation Toilets and David Alexander indicated the role of a Foundation Cadre in assessing and monitoring projects SMARTLY.

Hannah Teo showed why she was the winner in the 4-Way Test speaking contest as she persuasively argued "Animal testing must be stopped."

## **Bob Laslett**

**The Saturday night dinner** venue was the daytime Conference lecture room, transformed into fantasyland.

Lights and decorations created a great atmosphere.

On the stage were framed posters of celebrities- all for silent auction.

Theme of the night was 'favourite TV show' and costumes ranged from simple to brilliant. The winners were a team of Mr Squiggles, with Ninja and Mash characters as runners up.

We dressed up as My Kitchen Rules, Forest Hill version, with black aprons, clever menu,

and accessories to suit. Simple but effective.

A big thank to Barb Williams and the Uniting Church Op Shop! Also many thanks to Judy Laslett for the very clever menu –what a LOT of effort she put into thinking up the contents of the menu, with all of us featuring.

The three course meal was good and the dance music was oh so toe tapping.

An excellent evening and it was one that we all enjoyed.

### **Glenys**

#### **Sunday March 20<sup>th</sup> 2016**

Sunday morning started with the case of the missing Mister Bean full size cut out photo from the Saturday night function. Fortunately he was located and returned.

Bob Laslett ran the in memoriam segment which included Stan Harper.

The first speaker was professor Gordon Wallace from Wollongong University addressing us on 3D printing which he said have revolutionised the way we think by being able to print layer upon layer in a 3D format. Great for biomedical science and has created new industries even aiding AFL players by being able to customise the player's wearable braces etc. Bionic sports bras are made which uses muscle technology to strengthen the material and so make them better for sports pursuits.

Prosthetics are also better able to be customised as well as implantables such as metal heels and sternums and even work done on glaucoma in eyes.

Helps with regeneration of cartilage. The Biopen is a mobile version of the 3d printer and has enable research to be done not thought of 5 years ago. 120 researchers at Wollongong Uni.

Youth Exchange segment, DG David and PIPPR Margaret Reeve gave a Service Above Self Award to Past District Governor Brian Martin.

RIPN Ian Riseley spoke on the future of Rotary and advised that we have 1.2m Rotarians, the same number as 20 years ago and we have inducted 1.2m Rotarians in that time so that means we also lost 1.2m in the last 20 years. 34,500 in Oz in 2005 and 29,000 in 2015.

Janine Mahoney from Safe Futures Foundation spoke on the great work being done for the 1M kids living with family violence. Most kids look forward to the finish bell at school so they can go home and play but these 1M don't want to go home from school. These kids can be affected for the rest of their lives. Croydon school has set up a Community School classroom to assist these mums and kids. Janine acknowledged Rotary's assistance with funding her to speak about these initiatives at a conference in The Hague recently.

Next conference is in Geelong from 31<sup>st</sup> March to 2<sup>nd</sup> April 2017.

### **Bob Williams**



I am sure members, even if they didn't go to the Conference will find these web-sites informative.

[www.futurelearn.com](http://www.futurelearn.com)

<http://www.electromaterials.edu.au>



### **Whitehorse Farmers' Market**

**Sunday 10<sup>th</sup> April**

#### **Egg and Bacon Stall**

Our Rotary Club is manning the market and needs one extra pair of hands at the first shift of 7.30 to 9.00, and another set of hands for the 11.00 to 12.30 shift. Please contact Warwick if you and your hands can help

### **HELP WANTED PLEASE!**

Mike Finke's sister in law is conducting a confidential study through the ACU and seeks "older folks" to please log on to the survey.

<http://iha.acu.edu.au/projects/older-adult-sexuality-and-intimacy-study-oasis/>

Completely anonymous so no names needed.

**Go on, we know you want to!**

### **PROBUS CLUB OF FOREST HILL INC.**

Peter Skilbeck advises that the Probus Club of Forest Hill offers enjoyable activity and friendship for men of retirement age.

They meet at 10am on the second Tuesday monthly at the Horticultural Centre Hall, Jolimont Road, Forest Hill.

Come along and see what goes on.

Contact Peter on 0417 338 717

## DIARY DATES

Friday 8<sup>th</sup> April Rotaract Giant Monopoly night

Sat 30<sup>th</sup> April Malaria Awareness Day

Sat/Sun 30<sup>th</sup>Apr/1<sup>st</sup>May MUNA weekend

**28<sup>th</sup> May/1<sup>st</sup> June RI CONVENTION, SEOUL, KOREA**

Sun 19<sup>th</sup> June Multi District function to farewell Ian Riseley (RI Pres '17-'18)

Monday 27<sup>th</sup> June Our Changeover

## 2016 DEAKIN COMMUNITY AWARDS

Michael Sukkar MP invites us to nominate someone or organisation for this award. There are four categories, Open, Youth (12 to 25 years), Seniors (over 65 years) or Group.

The awards are for an "unsung hero" working voluntarily for our local community.

Applications close 20<sup>th</sup> May and I have a nomination form so please see me if you have someone or a group in mind.

Bob Williams

## FOOTY TIPPING

Start chasing your friends to join our **Rotary Tipping** competition. So easy. Only 5 minutes per week. Only \$30. Approx \$7 of that goes to Hope Katolo in Kenya. The more we have involved, the more fun and the bigger the prize.

You might need a password to get into Footytips -- Comp: Forest Hill Rotary Password : sausages

### Instructions,

1. - Go to [www.footytips.com.au](http://www.footytips.com.au)

2. - Log on if you were in the competition last year You will probably be asked to re-activate your account by confirming your email address.

3. - If you were not in the competition last year click on "register" - then complete the details as requested.

4. Hover cursor over competitions --a blue box. Click on search or type Forest Hill Rotary. I don't believe you need a password. Click - Join Comp

5. It might be worthwhile clicking on -Strat tipping Now.... and complete your selections for round one. It gets busy near the start of the season. You can log in once you know the teams and edit your TIPS before round ONE if need be.

### How to Tip

Click on "Tipping" at the top of the page and the AFL. Then enter your tips. Remember to click on SUBMIT TIPS at the bottom of the page. If you forget to enter your tips then all is not lost - you will receive the average score for the round minus ONE tip.

Stuart Williams

## VISIT TO WALTER AND ELIZA HALL INSTITUTE (WEHI)

Members, partners and friends are invited to visit this renowned facility on 4 April at 6.30 sharp. As part of the tour you will meet with a scientist, hear about their latest research and tour through their laboratory. The tours usually run for approximately one hour, and also include an overview of the history and other research areas at the institute. The tours are held at the institute, which is located at 1G Royal Parade, Parkville (behind the Royal Melbourne Private Hospital).

There is limited car parking on our forecourt, and 10 car parks can be provided on our institute forecourt for the visit. There is more parking available in the Royal Melbourne Hospital car park beside the institute if needed. We plan to dine in Lygon Street after the tour is complete.

Please advise Bob Laslett on or before Monday 21 March

## FOREST HILL WEBSITE [www.foresthillrotary.com](http://www.foresthillrotary.com)

We had **17 visitors** to the website last week & 87 the previous week. 110 page likes for the week. 67 looked at the **Blackburn market site last month**.

Have you looked at our website? **Our website is a window through which the world looks at us.** What do you think?

- Do you like what you see?
- Do you want other things on our site?

## ROTARY MONTHLY THEMES

April	Maternal and Child Health
May	Youth Services
June	Rotary Fellowships

## CLUB OFFICERS & COMMITTEES

	2015-16
<b>President</b>	Bob Williams
<b>Vice President</b>	Stuart Williams
<b>Secretary</b>	Ron Brooks
<b>Treasurer</b>	Warwick Stott
<b>President Elect</b>	John McPhee
<b>Sergeant</b>	Stuart Williams
<b>Foundation/International</b>	Chris Tuck
	Members
<b>Youth Service</b>	John Donaghey, Mike Finke,
	Glenys Grant
	Members
	Ray Smith, Bill Marsh, Graham Sharman
<b>Community &amp; Vocation</b>	Bob Laslett
	Members
	Stuart Williams, Gary Baltissen, Ron Brooks
<b>Membership &amp; Publicity</b>	John McPhee
	Members
	Warwick Stott, Bob Williams,
<b>Fellowship</b>	John Donaghey
<b>Primary Schools Speech Night</b>	Bob Williams
<b>Programme</b>	Ray Smith, Gary Baltissen
<b>Bulletin Editor</b>	Ron Brooks
<b>Web page &amp; Facebook</b>	Ron Brooks
<b>On to Conference</b>	Stuart Williams
<b>Historian</b>	
<b>Almoner</b>	Graham Sharman
<b>Public Officer</b>	Bill Marsh

Newsletter articles to the editor at [ronbrooks1942@gmail.com](mailto:ronbrooks1942@gmail.com) by 5 pm Wed Please email me or ring if you want to be removed from the circulation list.

## GIANT MONOPOLY NIGHT Fri 8<sup>th</sup> April 2016 at 6:30pm

The **Rotaract Club of Whitehorse** would like to invite you to our Giant Monopoly Night on the 8 April 2016 to help raise funds for ABCD (Art Building Children's Dreams).

Location: Box Hill Town Hall (Lower Room), 1022 Whitehorse Road, Box Hill

Cost: \$16 Early Bird Tickets (til 8 March), \$20 Standard Tickets (9 March – 6 April)

Tickets are available for purchase online at: [www.trybooking.com/181719](http://www.trybooking.com/181719)

Rotaract Club of Whitehorse meets 2nd and 4th Wed of the month 7:30pm at Melbourne Baseball Club, Surrey Drive, Box Hill. Rotarians are welcome.