



Weekly Newsletter

foresthillrotary1975@gmail.com

President Bob Williams

Number 40

27th April 2016

Club address:

PO Box 116, Nunawading 3131

Email address:

foresthillrotary1975@gmail.com

Website:

www.foresthillrotary.com

Meeting location:

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132

Meeting time:

Monday 6.15 for 6.30 pm

Facebook:

ForestHill Rotary

CLUB PROGRAM

<u>Date</u>	<u>Event</u>	<u>Chair</u>	<u>Thanks/meeting report</u>
25 th April	No Meeting		
27 th April	Joint meeting with Nunawading club At Bucatini Blackburn Crossing Authority Kerilyn Wyatt and Tayne	Nunawading	Bob Williams
2 nd May	Apprentice Awards	Bob Laslett	John McPhee

THIS WEEK'S CELEBRATIONS

DUTY ROSTER



<u>ROSTER</u>	<u>April</u>	<u>May</u>
Cashier	Stuart Williams	Glenys Grant
Recorder	Bob Laslett	Ray Smith
Greeter	John McPhee	Chris Tuck
Emergency	Bill Marsh	Gary Baltissen

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend bringing a guest please contact Ray Smith by 10.00 am MONDAY on 9878 4891 or rcssmith@optusnet.com.au SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST

Any CANCELLATION AFTER 10.00 AM should be made direct with the management of Bucatini Restaurant on 9873 0268

BOB'S BANTER

Nice to have Graham Sharman take time off from his fishing at Coronet Bay to join us and also for our Sorrento Hawk, Gary to fly in and join us.

Once again Ray delivered an amazing program with our guest speaker, Andrew Weatherhead from Compassionate Friends Victoria presenting us with an emotional ride as he took us through his journey with losing his son seven years ago and then told us about the wonderful work done by his organisation. He was accompanied by Lauren Foster who also lost a child and was in training as a further speaker for them. The standard and number of questions (I think our newest member Hans, is taking over from Ray with his multiple questions posed).

Contact details of the organisation are featured later in this edition.

Thanks to Judy Laslett and Glenys, our mighty Forest Hill team made breakfast at Forest Hill Secondary College. Our talkative twosome team tantalised teeming tinies tasting tender, tasty, toasties, Tuesday. Terrific!

The club had a big day Tuesday with not only our breakfast duties but also assisting with delivering a RYDA program to 200 Vermont secondary students at Sandown Greyhound track headquarters. Again, more detail later in this edition.

Glenys reminded us about MUNA and urged members to attend one or more of the sessions on the 30th April and 1st May.

I've had a good last week or so and no it wasn't just that I was with our beloved District Governor David at Rotaract's Giant Monopoly night, then at my Interplast presentation at Doncaster club followed by meeting up again at Keysborough golf club where I presented the club's Ford Davis Award to the winning golf team which were a pair of bandits from Chelsea club. I not only enjoyed these events but Doncaster club shocked me with a \$10,000 cheque for Interplast which I hand delivered to Di Gillies of the Interplast team for banking but met up with John Hocking at the golf dinner. He and I were old Bank of New South Wales (Westpac) men and both worked at a city branch where I first met Barbara.

Thank you to Mike Finke for attending a Disaster Aid seminar on behalf of the club.

John Mc, Ray and I are testing sausages for a replacement supplier to the one we use for our Blackburn market as their snaggers are now very fatty.

John Mc, Bill and I are meeting with the Blackburn rail crossing people Friday morning then again with Robert Clark MP at Blackburn station in the pm. The railway crossing meeting is to advise us of how much of our market stallholders land will need to be kept aside for construction work as this will be a huge impact on our ability to continue running a successful market.

Our board meeting was held last week and I'm continually amazed at the amount of work all our Chairs and Committees do with our 40 plus programs we run/support. I notice with me being the "feather duster" next year that John hasn't assigned me to a Committee as yet and so I hope I get picked up in the draft.

Bob Laslett is organising our club's attendance at the farewell dinner for Ian and Juliet Riseley on the 19th June and he has 8 going so far. Please let him know as soon as possible if you also want to attend. We have 9 attending the joint meeting with Nunawading and Mitcham at Bucatini on the 27th April and they are John and Kathy Donaghey, Bill Marsh, John McPhee, Warwick, Chris and Jenny, Stuart and me. We have been booked in and I think it is \$25 per head.

Ray is attending on the same night, the Apprentice Awards at Box Hill TAFE so thank you Ray for making your night available.

Our next meeting follows on as it is our own Apprentice Awards on the 2nd May.

**Remember "Be a Gift to the World".
President Bob**

LAST WEEK'S MEETING

Meeting Report April 18 2016

This was the 39th meeting in Pres. Bob Williams' year.

Sergeant Stuart Williams opened the meeting with his reflection which of course had a football reference.

Pres. Bob reported:

1. The movie night last Friday was a great success (saw Eddy the Eagle).
2. MUNA will be held April 30 –May 1 with 42 schools represented of which our Club has sponsored 2 schools.
3. District Assembly is May 22 2016.
4. After making a presentation at the RC Doncaster he was presented with a cheque for \$10,000 for Interplast.
5. RC Chelsea was the winner of the \$500 prize for the Ford Davis Golf Award. RC Chelsea is to nominate the charity where the funds shall be directed.

Secretary Bill Marsh reported:

1. Please send items to Ron Brooks to update our website which is lacking some new news.
2. The Secretary had received a \$200 donation for our Club.

Bob Laslett (Community) reported:

1. NADRASCA had received our donation of \$450 and had purchased a care shower chair.
2. Box Hill TAFE Apprentice Awards will be held May 2. 2016.

Chris Tuck (International and Foundation) reported:

Ken Wall had sent an email relating to opportunities to support the Fiji Cyclone appeal which will be considered by the Committee.

John McPhee (President Elect) reported after attending PETS:

1. Next Year's theme is 'Rotary Serving Humanity'.
2. Sep. 12. 2016 will be the DG's Visit.
3. The Partner's project will be Polio Plus. This year 9 cases of Polio have been reported so far.

Glenys Grant (Youth) reported:

1. MUNA Apr. 30 to May 1 where 18 global resolutions will be debated by Year 11 students.
2. NYSF, we have received 4 nominations.
3. The Youth Citizenship Awards will be June 6.

Ray Smith Program Reported:

1. Next week a holiday.
2. May 2 Apprentice Awards.
3. May 9 Bronwyn Williams, topic Visiting Nauru.

Stuart Williams reported:

1. Please pay for the footy tipping competition.
2. To support Hope Katolo buy an Entertainment Book for \$65, see Stuart.

Guest Speaker Andrew Weatherhead The Compassionate Friends of Victoria Inc.

The speaker for the evening was Andrew Weatherhead along with Lauren Foster. Andrew is The Education Officer for Compassionate Friends Victoria Inc. Andrew's son Max died 7 years ago and that changed Andrew quite a lot. It led to Andrew becoming a volunteer at The Compassionate Friends Victoria for 4 years after which, Andrew has been employed as an Education Officer by the Compassionate Friends since July 2015.

Compassionate Friends started in the 1970's and is one of Victoria's best kept secrets which explains why Andrew and Lauren were at our meeting. Andrew has made a number of presentations to Rotary Clubs with the aim of making this organization better known.

Through lived life experiences the members of Compassionate Friends supports parents after the death of a child or those after the death of a brother or sister.

Compassionate Friends recognizes the need for sharing and empathy and the provision of hope, not unlike Rotary.

Services offered by this organization include a 24 hour, all year, grief line not unlike Lifeline. Also the organization runs grief support groups around Victoria.

This organization provides Compassionate Employer Awards (sponsored by the Rotary Club of Geelong) to employers who assist employees in their hour of need such as extra time off work, visits and phone calls. Andrew stressed that some people struggle and find work difficult after such an event.

Compassionate Friends Victoria is funded 40% by Government and 60% by donations. Andrew requests us to 'spread the word that this organization is here to help'.

The Compassionate Friends Victoria Inc.

www.compassionatefriendsvictoria.org.au

173 Canterbury Rd., Canterbury (PO Box 171 Canterbury 3126)

PH 03 9888 4944 Free call 1800 641 091

Supporting families 24 hours, 365 days a year.

Report Chris Tuck Raffle (\$38) Sergeant (\$35.60).



SERGEANT STU'S REFLECTION

Walking to the MCG yesterday afternoon I saw a sight that had me reflecting on how lucky we are to live in a tolerant and moderate society. A couple ahead- he in a suit and a Collingwood scarf, his partner, dressed a little more casually and wearing a Demons scarf. Fifty metres from the entrance gate, they embraced, kissed and went their separate ways- He maybe to the AFL seats or The Pies cheer group area and she to the Demons section.

This is quite unique on a world stage. So many countries and cities, have to segregate spectators; often with large, strong fences to attempt to stop riots and violence at or after football games. We are passionate about our sport but we are mainly civil. After the game I walked to my car parked in Collingwood and there were no signs of vandalism or abuse toward the victorious Melbourne supporters. Being able to walk calmly away from a sporting stadium safely is a privilege and an interesting sight.

I wonder who cooked or prepared dinner in the Demons/Pies household?

RC FOREST HILL ASSISTING RYDA 19TH APRIL 2016

We had been asked by Catherine Smith of Road Safety Education who runs our RYDA days, to assist with setting up equipment and marshalling 200 Vermont Secondary College students. Six volunteers are needed as the school students are divided up into six groups who each in turn go to 6 sessions during the day. We got to Sandown Greyhound headquarters before 8-30 a.m. and phoned Catherine to see where we needed to go. RYDA takes over the whole viewing/restaurant area looking over the track so plenty of room for separate sessions. A copy of the day's proceedings is attached plus a photo of our six willing volunteers, Anna and Hans Eecen, John McPhee, Stuart Williams, Barbara Williams and me.

You've heard of the dynamic duo, the three musketeers and the famous five well **we were the senior six!**

We were each assigned a colour (I was red, Anna was black, Hans, orange, Barbara, green, John, yellow and Stuart blue) so I handed out red wrist bands to about 30 students and had a red folder with the day's proceedings, sessions, where they were and timings. A teacher was also with each group and we all received a booklet to progressively fill in during the sessions.

We combined for a few sessions and the others we saw singly and my group ran in this order with each being 30 minutes –

Rights and Responsibilities

Penalties for various road offences, with a lot of audience participation type questions and I was surprised that the students were reluctant to put up their hands. Anna thought that maybe it was "uncool" to do so? The safest drivers we learned were those on "L's" and the most at risk were the "P's" so a good lesson learned.

The Personality Test

Catherine took this session and asked questions such as "knowing yourself" and "speaking up" and we learned how difficult it is for a passenger to ask their driver to slow down etc. I was interested as statistically over 30% of children feel that their parents are driving dangerously at times!

Hazards and Distractions

The lady driving instructor taking this group gave us several videos of situations where it is easy to be distracted – mobile phones, loud music, chatty passengers etc and all made the group realise just how difficult it is to drive safely.

After the Crash

This was our second combined session with the blue group with an amazing young lady, Anat, telling us about her road accident where she simply swerved to miss an animal and ran her car into a pole with devastating consequences. She was 24 when the accident occurred and now 12 years later she told us in haltingly slow, sometimes difficult to understand speech, how her life of sports, music playing, travel, social etc

changed forever. She was highly intelligent (and still is!), spoke four languages and had a bright future in front of her. She is now in a chair with limited speech and movement, unable to toilet herself and her parents need to put her to bed at night. Even with this, she remains such a positive, kind, caring lady who told me she loves speaking to youngsters as maybe she can teach them to be more careful than she was.

Anat is an inspirational, gutsy, young lady and her address was so emotional, and delivered such a powerful message that my young group asked more questions than in the other sessions and I believe "got the message."

Speed and Stopping

This took place outside on a roadway by the track with two driving instructors and a car. They took us through what ANCAP, ABS etc means as well as the need for good tyres, particularly in the wet, and many other necessary safety features. They then asked the group for their opinions on stopping distances at 40 kms and 60 kms and then demonstrated with the vehicle braking which shocked some as to how much extra distance was required between 40 kms an hour and 60 kms an hour. 60 kms you need twice the distance of 40 kms for instance. They showed the group the preferred distance to drive behind another vehicle which again shocked most.

Genevieve's Story

Genevieve's story was the final session for the red group and this was in the form of a video presented by Nicole Van Brakel whom several of us met at the Bass Coast Cycle Challenge for RYDA we did at Inverloch last November. This true, sad story was told by Genevieve's family and friends as Genevieve became a road statistic when she with her girl friend passenger tried to overtake another car and misjudged the speed of an oncoming 4WD, then over corrected and lost control before crashing into the 4WD on the other side of the road killing the two of them. Fortunately none of the occupants of the 4WD were injured.

A graphic and tragic example of a young person's misjudgement in a car that wasn't speeding but ended her life and that of her friend. Nicole took us through some questions and answers to end a most productive and hopefully thought provoking day for the 200 youngsters.

Toyota and BOC were acknowledged as the main sponsors and we had an executive from Toyota observing for part of the day. We also had Karen from the Rotary club of Queenscliff with us for most of the day as the Geelong/ Bellarine Peninsula is going to be another area where RYDA can work their magic, making young drivers think more of the consequences of driving.

Great work RYDA and to Catherine and crew (and Catherine's mum who also helps out), what a smoothly run and thought provoking day it is that you deliver and we were privileged to be a part of it.

Bob



Community Partner



Rotary Club of Springvale
100 Springvale Rd, Springvale, VIC 3171
Ph: 9451 1111



six session timetable
Springvale, Victoria



	Yellow	Black	Lime Green	Orange	Blue	Red
9:40am			Welcome & Open			
9:45am-10:15am	Genevieve's Story (Executive Room)	Speed & Stopping (Grandstand Roadway)	The Personality Test (Chairman's Lounge)	Hazards & Distractions (Boardroom)	Rights & Responsibilities (View Room)	
10:20-10:50am	Speed & Stopping (Grandstand Roadway)	Genevieve's Story (Executive Room)	Rights & Responsibilities (View Room)		Hazards & Distractions (Boardroom)	The Personality Test (Chairman's Lounge)
10:55-11:05am			Morning Tea			
11:10-11:40am			Genevieve's Story (Executive Room)	Speed & Stopping (Grandstand Roadway)	The Personality Test (Chairman's Lounge)	Hazards & Distractions (Boardroom)
11:45am-12:15pm	The Personality Test (Chairman's Lounge)	Hazards & Distractions (Boardroom)	Speed & Stopping (Grandstand Roadway)	Genevieve's Story (Executive Room)	After The Crash (View Room)	
12:20-12:45pm			Lunch			
12:50-1:20pm	After The Crash (View Room)		Hazards & Distractions (Boardroom)	The Personality Test (Chairman's Lounge)	Genevieve's Story (Executive Room)	Speed & Stopping (Grandstand Roadway)
1:25-1:55pm	Hazards & Distractions (Boardroom)	The Personality Test (Chairman's Lounge)	After The Crash (View Room)		Speed & Stopping (Grandstand Roadway)	Genevieve's Story (Executive Room)
2:00pm			Close			

- ⚠ Every student must have a wrist-band for that particular group and the student must remain with that group for the whole day, except for lunch and morning tea.
- ⚠ Please note that some sessions will involve two groups in the one room (Rights & Responsibilities and After The Crash).
- ⚠ Teachers ARE RESPONSIBLE for DISCIPLINE.

Some observations on the day by the Senior Six!

Yes I found the program most informative, with good presenters and relative to the students and also myself.

I had no idea that the road markings leading up to traffic lights related to stopping time for amber lights. Also had not thought to get the drivers licence details and also to query ownership of the car.

John

Last Tuesday was an eye-opener. Six of us volunteered to assist with the RYDA day for Vermont Secondary College. I found it a very worthwhile program that was well paced, well balanced and well presented. The students were challenged to make choices that would see them survive. Oh, I'm so glad that I've moved on from teaching. Two hundred 17 and 18 year olds and they were so difficult to excite, getting a response from them was tedious and as for volunteering to role play or offer an opinion; cut it out..... "I'm too cool to do such stuff."

How do you decide whether to stop at traffic lights that have just changed red, or to proceed? Random. Why? There is a guide on the dual carriage-way. Attached to the thick line defining the intersection, the lane lines are continuous. At a certain distance, they become dashes. If you are inside the continuous lines—go through. If you are still in the broken line area, STOP. (That is one thing I learnt at the RYDA day). I was not aware that the lines were painted this way.

Rotary offers ordinary people extra-ordinary experiences. Tuesday was one of these. I'd never been to the Sandown Greyhound track and hadn't tasted such delicious banana cake in a long time. A day to remember.

Stuart

Today Anna and I spent the day with the Rotary team in aiding RYDA. Personally, not only did we enjoy ourselves, but were highly impressed by their presentation of driving awareness to the students of Vermont Secondary College.

To see how much more our future license holders, receive in the way of education was amazing. Their lectures with visual and "real life" backup ran like clockwork. The highlight for us was a young lady who gave a heart rendering account to the devastation caused by a car accident. We are sure that this segment, called "After the Crash," made a lasting impression on most of the students. Anna and I are quite sure that RYDA's efforts today would go a long way to installing a greater awareness of both the dangers and the responsibilities of driving a motor car.

Anna and Hans

FUTURE MEETINGS

9th May Bronwyn Williams "Insights into Nauru"
 16th May Hans Eecen "Rotarian behind the badge."
 23rd May Club Forum
 30th May Partners in restaurant
 6th June Citizenship Awards
 13th June No Meeting
 20th June Ron and Robbie Brooks recent holiday
 27th June Club Changeover

ANONYMOUS HELP WANTED PLEASE!

Mike Finke's sister in law is conducting a confidential study through the ACU and seeks "older folks" to please log on to the survey.

<http://iha.acu.edu.au/projects/older-adult-sexuality-and-intimacy-study-oasis/>

ENTERTAINMENT BOOKS

We are again taking orders for the ENTERTAINMENT BOOK. The cost is \$65 and the commission will be paid to Hope Katolo Nursery School in Kenya. We have supported this wonderful project for many years and recently provided them with water tanks so they can grow vegetables for school lunches, The book is great value. Many vouchers - Buy one , get one free meals. You only need to use it 4 times and you have covered the book cost. A great excuse to eat in different places. Contact Stuart Williams if you would like to purchase a book this year.

FOREST HILL ROTARY MEAL AND MOVIE MERRIMENT

Our thanks to Kathy and John Donaghey for providing another social opportunity for the Forest Hill team to enjoy a meal and movie together. As has been the case for many months, there weren't many good movies to choose from and Glenys and Pat picked "Eddie the Eagle" and that looked the best for Barbara and Bob as well. So a small but very select team met at Melbas for meals/coffee then saw a very enjoyable movie based on the real life story of British ski jumper Michael "Eddie" Edwards who was booted off the British ski team by pompous officials as they thought him a joke and so as he was determined to go to the Olympics, he changed from down-hill to ski jumping only a year before the 1988 Winter Olympics in Calgary. Barbara and I saw the ski jumps just out of Calgary when we bussed through there a few years ago. Eddie went to Germany to train and met a famous USA ex ski jumper and asked him for help. This fictional part was played by Hugh Jackman who provided more entertainment as he had a "light" drinking problem - as soon as it was light he started drinking! Eddie had never ski jumped before and the other teams there training all said give up as they all started jumping as kids and Eddie was 24. He persisted, with a serious stay in hospital after crashing down the 70 metre jump but did manage to jump 61 metres when he recovered and with lots of negotiating with the British officials, finally made the team. In Calgary, the other British team members still thought him a laughing stock as his jumps were the lowest of all the competitors in the other teams. But he was Britain's first ski jumper. His persistence won over the fans and the press and they all loved him becoming famous for his "flying like an Eagle" style which he was then labelled with for the rest of his life. He was an example of the Olympic spirit, as although coming last, he was a "heroic failure" and through perseverance, performed at his best. A good without being great movie and well worth seeing

DIARY DATES

Sat	30 th April	Malaria Awareness Day
Sat/Sun	30 th Apr/1 st May	MUNA weekend
	28th May/1st June	RI CONVENTION, SEOUL, KOREA
Sun	19 th June	Multi District function to farewell Ian Riseley (RI Pres '17-'18)
Monday	27 th June	Our Changeover

ROTARY MONTHLY THEMES

April	Maternal and Child Health
May	Youth Services
June	Rotary Fellowships



GIRLS NIGHT OUT

In Support of Cancer Research!

Sponsored by the Rotary Club of Rowville Lysterfield

Bring your mother, sisters, daughters
girlfriends, work colleagues and
neighbours.
It is also a great Mother's Day idea!



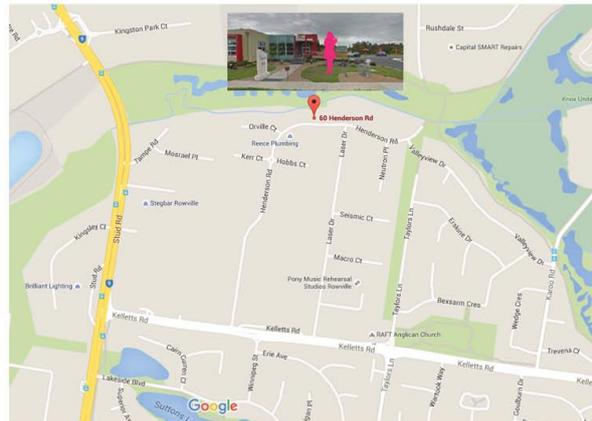
Wednesday 11th May 2016

Commencing with a welcome drink at 6.00pm
Followed by a three course dinner

Cost \$60.00

Tosaria's Restaurant
60 Henderson Road,
Rowville (off Kelletts Road) map overleaf

All monies raised will be donated to
Cancer Research
Door prizes, raffles and more



Any Enquiries please phone
Lorinne Knight – 0408 347 676
Heather Eddy – 0419 376 743



1. Cheque made payable to Rotary Club of Rowville Lysterfield post to POBox 2852 Rowville 3178
2. Direct Payment to BSB 633 000 A/c No. 149618571
3. Trybooking go to: <https://www.trybooking.com/LBHE>



FOREST HILL SECONDARY COLLEGE BREAKFAST ROSTER

26/04/2016	Barb	Kevin
3/05/2016	Barb	Glenys
10/05/2016	Barb	BobL
17/05/2016	Robbie	BobW
24/05/2016	Robbie	Bob L
31/05/2016	Robbie	Kevin
7/06/2016	Robbie	Barb
14/06/2016	Robbie	Bob W
21/06/2016	Robbie	Kevin

FOREST HILL WEBSITE www.foresthillrotary.com

We had 137 people logged on to our website in March.

70 visited the Blackburn market page.

Have you looked at our website? **Our website is a window through which the world looks at us.** What do you think?

- Do you like what you see?
- Do you want other things on our site?

Newsletter articles to the acting (up) editor at bandbwil@bigpond.net.au
by 5 pm Wed Please email me or ring if you want to be removed from the circulation list.