

Rotary
Club of Forest Hill



Weekly Newsletter

foresthillrotary1975@gmail.com

President Bob Williams



Be a gift to the world

Number 48

20th June 2016

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132

Monday 6.15 for 6.30 pm

ForestHill Rotary

CLUB PROGRAM

<u>Date</u>	<u>Event</u>	<u>Chair</u>	<u>Thanks/meeting report</u>
20 th June	Club Forum Combined Board meeting	Pres Bob Williams PE John McPhee	Pres Bob Williams PE John McPhee
27 th June	Changeover Night	Stuart Williams	Bill Marsh
4 th July	Nederlands Holiday <i>Ron Brooks</i>	Ray Smith	Hans Eecen
11 th July	Hearing impairment & it's effects <i>Dr Kartik Iyer</i>	Glenys Grant	Chris Tuck

THIS WEEK'S CELEBRATIONS

20 th June	Robbie Brooks	Birthday
20 th June	Glenys Grant	Birthday
26 th June	Joan Harper	Birthday



DUTY ROSTER

	June	July
Cashier	Mike Finke	Ron Brooks
Recorder	Hans Eecen	Bob Williams
Greeter	Bill Marsh	Glenys Grant
Emergency	Graham Sharman	Stuart Williams

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend bringing a guest please contact Ray Smith by 10.00 am MONDAY on 9878 4891 or rcssmith@optusnet.com.au SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST

Any CANCELLATION AFTER 10.00 AM should be made direct with the management of Bucatini Restaurant on 9873 0268

SPEAKERS FOR 2016/17

If you have any names of speakers for the programme from July onwards, please send them to Ron. You can volunteer yourself, you know.

BOB'S BANTER

Robbie and I cooked toasties this week for the Forest Hill College breakfast and as Ben had to leave early to attend a meeting, he entrusted us (well Robbie actually) to lock up. Ben spoke about their school's Citizenship Awardee Jack Baker and how well received that was, so it's nice to hear from others the good work our club does in the community. I did wear my Demons skivvy for the benefit of "Magpie" Robbie after their stirring win on Monday.

On that same point, at the Blackburn market Saturday a lady who had worked with Ray, came and spoke to Ray and the rest of us about her son whom we sponsored to NYSF a number of years ago and that he now worked as a scientist in the DNA field at Newport in the USA. She credits our club selecting him for NYSF as the catalyst for him getting to where he is today, so again it is wonderful to receive feedback as to what a difference our club has made to yet another young person.

Our thanks to the "Stoic Seven" of John Mc, Ray, Mike, B1, Chris, Bill and B2 for enduring the cold, rain and snow (well it felt like it was snowing) to set up and run our sausage sizzle at Blackburn. The site was limited due to the ongoing railway works and so John decided to not charge the few stallholders who also were brave enough (silly enough?) to come and trade. Even the jazz band was unable to blow their own trumpets. Kerilyn Wyatt from the Rail Authority and her team were there to answer questions but with only very few passing by they, like the other stallholders had a very quiet morning. We did manage to fill them all up with sausages though.

We phoned the later shift crews to tell them not to come as we were packing up 10-30 or so but did need the muscle power of Bill to add to our people power to pack up the trailer so he kindly came to assist.

The Authority would like us to run a sausage sizzle in July when they close the line and pay us for our time so that would be good as with the July market cancelled that will give us some more much needed funds. I'm meeting with Kerilyn Thursday 18th June for our monthly meeting so will relay what I glean from this at our meeting on the 20th June.

At the Whitehorse Farmers' market Sunday the weather was kinder but as the previous day had rained heavily we had the "wet weather" position of using the car park for the stallholders who were usually further down the paddock. WFM secretary Simon sent on the financials which were Stallholders \$4,000, Donations \$1,309-80 and Egg and Bacon \$492-95, so a good result for a long weekend in winter. Thanks to all the B's, B1, Bill and B2.

I called into Warwick's to pick up the treasurer's bag as he is facing a very difficult operation on the 21st June. As reported, at District Assembly his right knee gave way with a loud pop and he told me that he originally had a partial knee replacement which lasted a number of years and this second time was a full replacement which has lasted 17 years until now, so with the usual time frame of 15 years it has served him well. However it has shattered and the operation will be tricky with a long recovery period, so keep him in your thoughts on the 21st June. He hopes to come to our 20th meeting if possible.

All the best Warwick, and Chris is aware to let us know if there is anything the club members can do to assist during his convalescence.

B1 and I attended the breakfast meeting Wednesday of Box Hill Central to farewell Michael Kirk and Ken Clark who are retiring from Rotary although both will still be involved in some way with Ken and his wife working at the Op Shop and involved with Operation Cleft and Michael being President of his Probus club. Michael was the driving

force behind the cluster gaining the right to run the WFM and with nearly \$500,000 donated so far in the just on 10 years it has been running I think it's been a marvellous achievement. I was one of the Presidents at that time and I share Michael's pride in seeing it develop to where it is today.

At the time of writing I have an Interplast meeting to go to today (Wednesday) so will report on this as well at our meeting on Monday.

Our meeting on the 20th is our important Club Forum and I understand that Nancy Notman will attend and Jenny Coburn told me at Box Hill Central's breakfast meeting, that she is also coming along. The meeting will be followed by our joint board meeting.

President Bob

"Be a Gift to the World".

DIARY DATES

Sat 25th June District Governor's Changeover at Karralyka Theatre.

Mon 27th June Forest Hill Club Changeover

LAST WEEK'S MEETING

There was no meeting. So, if you wondered why you were on your own when you turned up..... wonder no more, that was the reason.

FOREST HILL COLLEGE BREAKFAST ROSTER

The A team of Robbie Brooks and Pres Bob were on duty last Tuesday making toasties for only about 20 students. Robbie said that's the lowest number she can remember. Was it exams, a very cold morning, or the day after a public holiday? Only one more week of the roster to go which is Robbie and Kevin Grigsbey on Tues 21st June.

TELL US ABOUT YOUR LATEST HOLIDAY?

List of members on holiday:

Stuart Williams 23rd May to end of June South Korea & Thailand]

So let's hear from you. Tell us where you are going and tell us how the holiday went when you come back..... then give Ron your foreign coins when you return !! EASY.

OUT AND ABOUT

[I would love to receive reports from any readers of visits to exhibitions, cinema, theatre, ballet, days out –give ideas where others might like to go].

PERIDOT THEATRE

Robbie & Ron went to the Opening Night of the latest **Peridot** theatre offering called "**Ancient Lights**". Six actors and actresses occupied the stage set up to represent a country house in northern England at Christmas time (it was cold enough for an English Christmas outside, the sherry on arrival warmed us up!).

Tom Cavallero, Hollywood actor and his girl friend Iona are spending Christmas in England with his oldest friends (from uni days) Bea and Kitty who have been the closest confidants and never kept a secret from each other since they first met. Tom is bi sexual though prefers men but had slept with both Bea and Kitty while at uni without either of them knowing about the other. Which causes some fun(?) when it comes out in conversation. His girlfriend Iona is a lesbian so doesn't mind that Tom prefers men. Bea's lover Tad prefers reading his book on Pathology for Beginners as he loves talking about death and decay in human bodies etc. and also has some of the funniest lines in the play. There is Bea's daughter who fancies Tom and doesn't realise he likes men

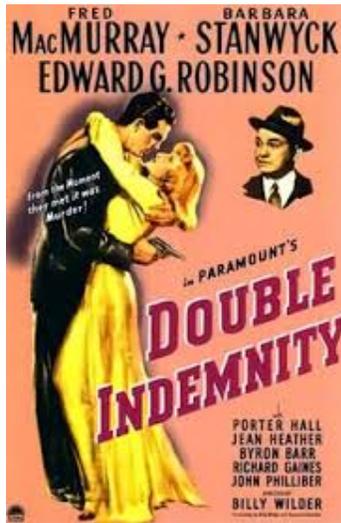
better. Iona is making a “happening” movie of Tom’s every move as she prefers to make totally unscripted, unplanned movies.

We don’t normally go to opening night so apart from the preview night this was the first time in front of a live audience. There was a lack of spontaneity in the conversation exchanges that will probably improve as they do the play a few more times. Coffee and tea was free at the interval. There were the usual complementary sandwiches and wine at the end when you can meet up with the actors.

I was reminded by the front of house people that they would be happy for Rotary to organise a preview night if we wanted to use it as a fund raiser. 200 seats at \$24 is a good fund raiser and I know we have done it before.

MELBOURNE THEATRE COMPANY

Robbie and Ron Brooks went to see **Double Indemnity** last week. You may remember the film of the same name. Well this is a play adapted from the book written by



American crime novelist James Cain in 1943. In the classic film, insurance salesman Walter Huff (Fred MacMurray) gets roped into a murderous scheme when he falls for the sensual Phyllis Nirdlinger (Barbara Stanwyck), who is intent on killing her husband (Tom Powers) and living off the fraudulent accidental death claim. Well, we don’t get the siren Barbara Stanwyck but we still got a steamy tale of intrigue, lust, desire and greed. Insurance agent Walter Huff has nosed around in the business long enough to smell a scam so when he meets Phyllis Nordlinger to talk about her husband’s insurance coverage he gets a perfumed whiff of trouble. But she has a “persuasive” way of putting things. Can’t a wife fix a little security for herself? After all, a beloved husband can suffer a fatal accident just as easily as an honest guy can fall hard for a dame who’s no good. The book was a masterpiece, this play is a smart mouthed

adaptation and well worth seeing.

Ron Brooks

DAYS FOR GIRLS

At long last something is happening. Robbie went along to one of their sewing days on Fri 10th June where she was able to find out more about how the charity works and what is involved. They meet on the 2nd Friday and 4th Wed of the month from 9:30am to 2:30pm



Days for Girls is a grass roots charity that has a network of Teams and Chapters around the world that make and raise funds to provide sanitary hygiene kits. (You may remember the talk on providing toilets for school children at the annual conference in which one added benefit was that if teenage girls have a toilet to go to they don’t miss one week a month). Over 100,000 kits have been given out in over 75 countries. These kits are washable and reusable lasting up to three years.

How can you help?

- you can sew
- you can do non sewing tasks,
- you can donate fabric or money for them to buy appropriate fabric,
- you can contact margaretdccunningham@gmail.com
- you can visit www.daysforgirls.org

Connie Millott and Chris Stott have been in touch with Robbie to say they want to help. If there are any others of you interested in helping in any way please contact Robbie.

So, it is now happening and Robbie would love to hear from any of you that can help this cause. We have been told that this is one of the things holding back girls from education because they miss so much schooling. (see brochure at end of newsletter)

DON HULLAND

Don is in Kellock Lodge, 15 Bon Street, Alexandra 3714, and his mobile number is **0409 530 435**. Please give him a call. Or phone the office 5770-2100 and ask for Don.

WHAT IT MEANS TO BE CHAIRMAN & THANKS/MEETING REPORT

With only one more newsletters to go, with two fairly new members and going on observations over the last 12 months I thought it useful to make the following brief observations on what it means if your name appears on the newsletter.

CHAIRMAN

Your **main job** is to ensure the meeting **runs to time** so it is important to follow the times printed on the running sheet you will be given or you put in the times to ensure we finish at 8pm **prompt**. You must stop the speaker talking at 7.50pm at the latest to allow for a few questions. You need to have discussed this with the speaker beforehand as to how the two of you will arrange it. This has generally been poorly done, or not done at all.

Your **second job** is to find out if the speaker has been to a Rotary meeting before and if not, it is good manners to clue them up about what happens re:standing, toasting, clapping, speaking time, are questions to wait until the end or can they be put during the talk. As is said, it's not rocket science but there is little evidence this happens.

Your **third job** is to offer to get the speaker a drink (it is reimbursed by the treasurer on production of a receipt).

Also, it is better if the chairman controls questions from the audience rather than the speaker as you can be stricter and stop questions in order to keep to time, the speaker may well be happy to keep fielding questions.

THANKS/MEETING REPORT

The person given this job should come equipped to take notes. Keep the thanks to a brief address, you are not the guest speaker and it is not your job to precis what the speaker said. You are there to thank the speaker on behalf of the club. Make sure you have collected the pen from Ray.... or find out whatever else we may be giving ie a cheque.

You are reporting on the **entire meeting** not just on what the guest speaker says. You need to report on major topics mentioned by anyone who has spoken that night to the club. Include things like, who apart from the members were present ie guests, hon members, partners, visiting Rotarians, raffle amount and who won what, fines amount, market revenues, cheques we have given out etc. You need to have it typed and sent to me by **5pm Wed** to get in the Newsletter. I have no idea what Bob L will want. But if I have to write 6-10 pages of stuff by that time, the reporter can write a page. You want

to know everything that happened at a club meeting if you miss it so you owe it to your fellow members to report everything when they miss a meeting.

ROTARACT'S ROTARY RED FACES

Donate items for the raffle and silent auction. Raise money for Beyond Blue.

16th July

Contact us:

knoxrotaract@gmail.com

0433702100

[https://www.facebook.com /KnoxRotaract/](https://www.facebook.com/KnoxRotaract/)

ROTARY MONTHLY THEMES

I was reading on the RI webpage that the themes have been changed somewhat so reproduced below is what we should concentrate on month by month through the year. So, committees, look at what your special month is and perhaps do something extra that month.

July	New year of Service (Rotary Awareness)
August	Membership
September	Basic Education & Literacy
October	Economic & Community Development (Community)
November	Rotary Foundation
December	Disease Prevention & Treatment
January	Vocational Service
February	Peace & Conflict Resolution (International)
March	Water & Sanitation
April	Maternal & Child Health
May	Youth Service
June	Rotary Fellowship

CLUB OFFICERS & COMMITTEES

	2015-16
President	Bob Williams
Vice President	Stuart Williams
Secretary	Ron Brooks
Treasurer	Warwick Stott
President Elect	John McPhee
Sergeant	Stuart Williams
Foundation/International	Chris Tuck
	Members John Donaghey, Mike Finke,
Youth Service	Glenys Grant
	Members Ray Smith, Bill Marsh, Graham Sharman
Community & Vocation	Bob Laslett
	Members Stuart Williams, Gary Baltissen, Ron Brooks
Membership & Publicity	John McPhee
	Members Warwick Stott, Bob Williams,
Fellowship	John Donaghey
Primary Schools Speech Night	Bob Williams
Programme	Ray Smith, Gary Baltissen
Bulletin Editor	Ron Brooks
Web page & Facebook	Ron Brooks
On to Conference	Stuart Williams
Historian	
Almoner	Graham Sharman
Public Officer	Bill Marsh

Newsletter articles to the editor at ronbrooks1942@gmail.com by 5 pm Wed Please email me or ring if you want to be removed from the circulation list.

Our Mission

Creating a more dignified, free and educated world through access to lasting feminine hygiene solutions.

Our Vision

Every girl and woman in the world with ready feasible access to quality sustainable hygiene & health education by 2022.

Our Plan

To provide sustainable feminine hygiene to girls and women who would otherwise go without. We accomplish this by direct distribution and partnering with other groups, raising awareness and supporting local in-country kit production which generates income, helping communities meet their needs sustainably.

How Can I Help?

- ◊ Sew kit components - shields, liners, bags.
- ◊ Help with non sewing task - packing, cutting, ironing etc.
- ◊ Raise awareness of issues & DFG program.
- ◊ Join or start your own DFG Team.
- ◊ Donate - fabric (quilters cotton, cotton flannelette, floral & geometric patterns only dark bright colours), girls underpants (size 10-16), face washers, large ziplock bags, funds.
- ◊ Other skills you may have - graphic design, fundraising etc.
- ◊ Partner with us - if you are involved in another group that would like to know more we have speakers and trainers to help.
- ◊ Visit www.daysforgirls.org

MELBOURNE VICTORIA CHAPTER OF DAYS FOR GIRLS
Sew Days at Donvale
Email: margaretccunningham@gmail.com
Phone: 0417 532 847
Find us on Facebook:
Days for girls Melbourne Victoria Chapter

DAYS FOR GIRLS AUSTRALIA



*Every Girl,
Everywhere,
Period.*

www.daysforgirls.org

Days for Girls Feminine Hygiene Program

What if not having sanitary supplies meant DAYS without school, DAYS without income, DAYS without leaving the house?

Girls use leaves, mattress stuffing, newspaper, corn husks, rocks, anything they can find. They are at risk of infections and exploitation and can miss up to two months of school or work every year.



Days for Girls Kits Give:-

Days of Dignity,
Days of Health,
Days of Education,
Days of Safety,
Days of Income.

Kits are serving in 79+ countries.
100,000+ girls and women have received kits.

500+ Teams and Chapters are making kits worldwide.

Kits are washable and reusable lasting up to 3 years.

How Does Days for Girls Work?

Days for Girls is a grass roots charity that has a network of Teams and Chapters around the world that make and distribute sanitary hygiene kits. We directly distribute or partner with other groups and organisations that are going to areas of need. We ask all partners to provide reproductive and hygiene education along with kits at the time of distribution. We also encourage and support training for communities to produce their own kits.



**Days of Dignity, Education,
Health & Safety.
It's in the Bag!**

What's in a Kit?

- ◊ 2 moisture barrier shields
- ◊ 8 trifold liners
- ◊ a hotel sized soap
- ◊ 2 pairs of underpants
- ◊ 1 washcloth
- ◊ 2 large ziplock bags
- ◊ pictorial instruction sheet
- ◊ a drawstring bag for privacy



Why Don't Girls and Women Just Use Disposable Products?

Lack of funds is the main reason. What if you had to choose between feeding your family and sanitary supplies? Often there is no trash disposal service. Improperly discarded pads are a health risk and add to the stigma of menstruation. Availability and quality of disposable products is problematic in many communities.