



President: John McPhee

Number 7

15 August 2016

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Monday 6.15 for 6.30 pm

Forest Hill Rotary

CLUB PROGRAM

Date	Event	Chair	Thanks/ Meeting report
15 August	Simple facts about eyes <i>Dr Vini Kumar</i>	Board Bob Williams	Ray Smith
22 August	Health planning in Advancing age <i>Jenny McGuirk</i>	John McPhee	Stuart Williams
29 August	Bucatini with partners		

THIS WEEKS CELEBRATIONS

A quiet week

DUTY ROSTER

	August	September
Cashier	Stuart Williams	Ron Brooks
Recorder	Glenys Grant	Mike Finke
Greeter	Bob Laslett	Ray Smith
Emergency	Bob Williams	Nancy Notman

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend bringing a guest please contact Ray Smith by 10.00 am MONDAY on 9878 4891 or rcssmith@optusnet.com.au SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST
Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of Bucatini Restaurant on 9873 0268

DON HULLAND

Don is in Kellock Lodge, 15 Bon Street, Alexandra 3714, and his mobile number is **0409 530 435**. Please give him a call or phone the office 5770-2100 and ask for Don.

JOHN'S JOTTINGS

Thank you to our lady honorary members and partners who attended last Monday's meeting and thank you to Carol for introducing us to WENDY AUSTIN. Wendy kept our attention as she outlined her experiences from early days in the management of women's refuges. She outlined the changes that have occurred over the years to both the care and exposure of the hidden problems of violence, particularly against women and children in our society. Violence in all its forms has an uncalculable cost to the community at large both in financial, social and physical costs.

It is only now that some recognition of the problem is being realised following the release of the Royal Commission into Family Violence and the problems now to be faced by government to implement recommendations contained therein.

Thank you to chairman Ron and to Nancy for the vote of thanks to our guest speaker. We ARE all reminded of our 2 markets at Blackburn on Saturday and the Farmers market on Sunday.

Next week is the Board meeting when our Assistant Governor Alma will attend. Please get your reports to Secretary Bob early.

Our guest Speaker next week, is Dr Vivi Kumar, talking on simple facts about eyes.

Meeting closed a little overtime, but Wendy's presentation was worth it.

John

LAST WEEK'S MEETING



Ron Brooks, Meeting Chairman:

Ron welcomed all in attendance, which included Wendy Austin who was there to talk about "Violence Against Women".

Ron also talked about the collection of Foreign Coins and Notes, which will go to UNICEF.

Instead of "Reflections", we had a DVD to watch, called LIFT THE LID ON MENTAL ILLNESS CAMPAIGN. This campaign is happening on Friday 7 October 2016, which is also Australian Rotary Hat Day.

The DVD mentions that Australians know very little about how to deal with mental illness. The campaign is to "Lift the Lid".

John McPhee

John reminded us of the committee meetings after the close of meeting,

He advised members of the resignation of Hans, for personal reasons. However, Hans is happy to assist us with some fundraising events in the future.

John mentioned the 2 markets, to be held this weekend. We have applied to the council to use Morton Reserve (near the library) in the months of September, October and November.

John advised that there was No Sergeant session, just Good News Stories.

Warwick:

He mentioned that there will be 2 new volunteers at this week's Farmers' Market.....Mike and Nancy.

There will be a Membership Drive, around the last week in September. We are all to really concentrate on who we all can invite to become members.

Committee Reports:

Community: Chris Tuck called for suggestions for a good project to concentrate on in the future.

Youth: Glenys is in Tasmania..... No other reports.

Good News Stories:

Mike proudly mentioned about his son, Spencer, performing in a musical with the Vermont Secondary, called "Legally Blonde". Spencer plays a sleazy Professor with a gelled white head of hair.

Warwick's friend recently went to Paris – he said his friend was not at all impressed with the quality of the food there. He had to come back to Australia to realise that Australia has the BEST.

Program for the next few weeks:

There will be: A Doctor who will be speaking about eyes.

A speaker from Austin Advanced Care Unit - Health Planning in Advanced Age

Margaret Cunningham speaking about "Days for Girls"

On the 5th Monday in the month, the meeting is in the main restaurant.

After our dessert, Ron sprang to attention and asked everyone if they know what Medlar is, and, that Robbie had said that Medlars need to be "blet". Look them up on Google. Ron said how wonderful it is that, even now, one can always learn new words at Rotary. We all learnt 2 new words at the meeting.

Wendy Austin from Wendy Austin Consulting:

Precis of Wendy's talk (courtesy Wendy)

Wendy spoke from the experiences and learnings gained from being active in the family violence sector since 1978, both on a statewide and regional basis. She was a founding member and later Manager of Brenda House Domestic Violence Service and has long-standing experience in innovative organisational development and broad advocacy, now the focus of her consultancy.

Wendy shared her work with individual women and children and the family violence sector's broader advocacy at Government and bureaucratic levels, providing individual examples, the progression from the 1970's to today, and the outcomes of the Royal Commission into Family Violence Report and Recommendations, March 2016. It has been a long but steady journey over almost 40 years to build government and community awareness of the various elements of family violence.

Definitions of the breadth of family violence, plus a range of statistics, and discussion about the vast range of 'normalities' experienced by women and children and the importance of self worth for both women and men in any relationship, were discussed. The imbalance of power and control in relationships is central to family violence and is where these two elements are most critical.

Wendy believes that 'family violence is everybody's business and everybody's responsibility' and the group considered the current turning point regarding our response to family violence and that there is a growing willingness to seek ways of being part of the solution.

Wendy is obviously used to public speaking and delivered a very informative and enlightening talk about the huge diversity on the subject of Violence Against Women.

She has spent 40 years of her life devoting her time wholeheartedly and tirelessly to assist abused people to "take back their lives" and fight against the destruction of self-worth.

The raffle raised \$40.

Nancy (Thanks Nancy- great first time effort- Ed)

DIARY DATES

Sunday 11 September Schwerkoldt Cottage

Monday 12 September DG's visit

Thursday 15 September Primary Schools Public Speaking Contest

SERGEANT'S REFLECTIONS

I'll be back soon so be ready

FOREST HILL COLLEGE BREAKFAST ROSTER

16 Aug Robbie Barb

23. Aug Robbie Barb

30. Aug Robbie Barb

6. Sep Robbie Barb

13. Sep Robbie Kevin

ROTARY MONTHLY THEMES

August Membership

September Education and Literacy

MEMBERSHIP

Recently Bill and I attended a membership workshop with information from RC of Frankston as to how they increased their membership by over 20 in a year or more. We also heard from two very young Rotarians who because of family connections knew about Rotary and did not want to be involved with Rotaract – they were about 22 and 28 (at a guess) in age – so never ever assume that someone is too old or too young, live too far away, or any other reason until they say so.

Below is an abbreviated report of that meeting

D9810 Membership Workshop

Here's a summary of some of the key lessons they took from the evening:

1. Meetings need to be interesting, informative and not too bogged down in bureaucracy.
2. Whilst it is important to "balance the books", the essential truth is that without attracting new members over time we won't need to worry about fees, as there won't be any members to pay them.
3. A planned mentoring program to welcome new members, and retain them, is essential.
4. Create a clear sense of belonging with shirts, caps and other marketing tools add to the team feeling.
5. Whilst we need younger members, there are lots of 'not-so' young people who are enthusiastic, experienced and have time ... just waiting to see what we do and to be asked!
6. We have to embrace public relations and social media in all its forms to advertise to our local community, including younger people.
7. That our Club needs to reflect the make-up of their community.
8. We need to be more visible in our community with relevant projects. People will want to join when they actually see what we do!
9. The undeniable truth from the Rotary Club of Frankston is that they lifted membership from 39 members to a possible 65 members which means that their strategy works.
10. That everybody in the Club is responsible for the Club vibe and membership drive.

Please note that every paragraph is important but the last one is absolutely critical

Warwick Stott

PS. We are having a membership meeting on Monday 26th September – please ask some friends, neighbours, tradesmen, religious folk, shopkeepers and healthcare professionals if they would like to come and learn more about Rotary.

Friday night dinner and movies

We met at Melba's and it was disappointing that they were only able to serve soup for our members who came after 6-15 or so. Maybe we need to look elsewhere for dinners?

Robbie, Ron, Judy, Bill, Barbara and Stuart saw Absolutely Fabulous (which it wasn't) and I saw Jason Bourne save the world again.

The Ab Fab goers got only a few laughs and I got only a few moments between the action with fights, shootouts and oh so many car crashes. Great movie for suspending belief as the impossible happened again and again. Not quite as good as the previous Bourne movies but worth seeing if you enjoy action stuff.

Bob

Square Eyed Stu at the movies.

Absolutely Fabulous -the movie. Absolutely not. A real dud. Absolutely horrible. I was totally underwhelmed. It is colourful, with minimum laughs and maximum exposure for a huge number of "stars". Two thirds of the way through there was a 10 minute amusing section in a 91 minute film. So sad, don't waste your money.

Stu

ARTICLES

Newsletter articles to rlaslett76@gmail.com by 5 pm Wed. After this week send to the editor at mmfinke@gmail.com until September 19.