



Number 06

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

6 August 2018

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Monday 6.15 for 6.30 pm

Rotary Club Forest Hill

CLUB PROGRAM

Date	Event	Chair	Thanks & Meeting Report
6 Aug	Indians/Slaves under America's Constitution, Aboriginals in Australia's <i>Stephen Marantelli</i>	Barbara Searle	Sue Ballard
13 Aug	Kate Shirley <i>"My Health Record"</i>	Ron Brooks	Ray Smith
20 Aug	Club Forum	Mike Finke	?
27 Aug	Holiday talk <i>Ron Brooks</i>	Bob Laslett	Warwick Stott

CELEBRATIONS

A very Happy Birthday to Jenny Tuck (10 August) and congratulations to Jenny and Chris on their wedding anniversary on the same date.

DUTY ROSTER

	AUGUST	SEPTEMBER
Recorder	Bill Marsh	Barb Williams
Greeter	Ron Brooks	Barb Searle
Emergency	Bob Laslett	Bill Marsh
Cashier	Stuart Williams	Ray Smith

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend

bringing a guest please contact Ray Smith by 10.00 am MONDAY on 0412 807 585 or rcssmith@optusnet.com.au

SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST.

Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of

Bucatini Restaurant on 9873 0268

Mike's Musings

It's all heating up at RCFH. Both literally, as we have several members voyaging off to warmer climes, and figuratively, as we count down the days to one of our most eagerly anticipated and well-received projects, the Primary Schools Speech Contest. The month of August also sees our members' attendance at RC Nunawading's Christmas in August dinner, the Peridot night and some opportunities for personal development in the form of information seminars and networking events.

We were lucky enough to have an excellent speaker and visiting Rotarian, Dr Alex Ioaniddis, speak to us on Monday about trachoma. While modern medical technology and skilled surgeons offer some tremendous weapons against the blindness caused by this disease, the simple fact is that it is cheaper, easier and entirely within our capabilities to stop the disease before it ever starts.

I told the story of the three healers that I'd misremembered from Sun Tzu's The Art of War. While I do like my own version somewhat, this is the original:

A lord of ancient China once asked his physician, a member of a family of healers, which of them was the most skilled in the art.

The well-known healer replied, "I puncture veins, prescribe potions, and massage skin, so from time to time my name gets out and is heard among the lords. My elder brother cures sickness when it is still extremely minute, so his name gets around only in his own neighbourhood. My eldest brother sees the spirit of sickness and removes it before it takes shape, so his name does not get out of the house."

Rotarians want to create improvements in the lives of others. With any luck, this can be done in the most efficient, most cost-efficient way possible- the biggest bang for the least number of bucks. Donors can be assured we're making their dollars go as far as is humanly possible.

Coming up:

- Saturday, 11 August Blackburn Market
- Sunday, 12 August Whitehorse Farmers' Market
- Friday, 17 August: Rotary Club of Nunawading's Christmas in August Dinner
- Wednesday, 22 August: RCFH's Primary School Speech Contest
- Friday, 24 August Peridot Theatre's performance of The Shoe Horn Sonata
- Wednesday, 29 August Whitehorse Community Dinner 2018

Club Meeting Report 30 July

Pres Mike opened the meeting with a reflection about his recent PHF. He thought that perhaps he dismissed it too lightly when he said he was not a badge person as on reflection he realised the value. He then raised the possibility that it was not for deeds completed rather an encouragement award. He then toasted our country and Rotary International.

We stopped for a very warming carrot and vegetable soup before Chairman Chris Tuck called for reports. We found out that Mike is still taking bookings for both Peridot (Fri 24th Aug) and Nunawading's Christmas in August (Fri 17th Aug). Our next film night is on Fri 10th August which Mike is organising. There is also a webinar on 10th Aug and a Foundation Information evening (21st Aug). Warwick (Treasurer) reminded us that many annual dues have not yet been paid and Chris Tuck pointed out it was \$288. Sue (Vocation/Community) reminded us that the Blackburn Craft market was coming up on Sat 11th Aug and we need everyone to volunteer, as so many members and family are away. John McPhee has split manning into two sessions to make it easier- you are allowed to do both. Glenys (Youth) told us that the Primary School Speech Night is organisationally on track and going well. Nothing to report from Membership or International, and Mike said Fellowship is waiting for ideas from members. The sergeant was his usual self (unfortunately) with his mixture of jokes and quiz questions.... the bright side is that there are only 11 months to go. We then had our mains of Fish/Chips/Salad or Steak/Potatoes.

Our guest speaker was Alex Ioannidis, an ophthalmologist with a local practice. He is a member of RC of Nunawading. The first thing to know is that Australia is the only developed country in the world that has Trachoma cases. The second important thing to note is that it is completely preventable. It is a hygiene issue. Flies carry a particular bacterium. Flies are attracted to protein that exudes from eyes, nose, mouth. This causes inflammation under the upper eyelids. Continual inflammation causes scarring under the eyelids which

scratches the cornea and eventually can cause blindness. Regular washing of the face with clean water stops this cycle.



Trachoma was identified in 1907 and the first useful treatment was sulphanilamide in 1937. Now we have an antibiotic which can cure the disease with one treatment.

Trachoma has recently been eradicated from Mexico, Morocco and Oman. Frank Flynn started treating this in Darwin in 1941. Fred Hollows started his work in the 60's. The Australian bush fly population has been reduced by 90% because of the work Dr George Bornemissza did with the introduction of the dung beetle (965-85) which helped enormously. But, the answer is not to try and eliminate flies. The answer is hygiene. Fred Hollows said "Trachoma is a disease of the creche". Where there are more cattle there are more cases of Trachoma. Australia's problem is the vast distances, the remoteness of some of the sufferers. So there is a need to install mirrors so children can adequately clean their faces with clean water, install washing machines to clean clothes and bedding, and install spa taps which can be hung up outside and deliver clean water.

The SAFE message is

- S Surgery
- A Antibiotics
- F Facial cleanliness
- E Environmental change (clean up trash lying around)

Ron gave the vote of thanks.

Alex left leaflets on EndTrachoma by 2020, a Rotary project. This leaflet recommended www.endtrachoma2020.org.au and watching past RI President Ian's message on YouTube <http://tinyurl.com/z44fnb4> The D9810 money raised from the used stamps project goes towards this Trachoma project so this is how you can do your bit. Carrol Farmer also takes stamp collections.

The raffle raised \$59. It was won by John Donaghey (nothing unusual in that) and he took the red wine (nothing unusual in that). It was a Tempranillo. Chris Tuck won second choice and took the white wine, a Pinot Gris. The sergeant raised \$30.01. Pres Mike closed the meeting on time.

President's Reflection:

It's been two weeks now since changeover, and there's something I haven't talked about. I was made a Paul Harris Fellow. It was a surprise to me, and I probably did not respond in the way I should have. I believe I even told another member, that night or the subsequent week, that I wasn't really a 'badge person'. Some are. Last week we saw again the famous Rotary badge man during Stuart's presentation on the Toronto convention. Only a week later, I attended the district Rotaract changeover. A member of the Monash Rotaract Club was made a Paul Harris Fellow that night. It was very emotional for her. She was deeply touched and admitted that it had been a goal of hers. I am pretty sure it was in my first year as a member of this club that this Rotaractor

came and spoke to the club. She already had, at that point, many runs on the board and a genuine love of and dedication to service. This has given me some things to think about over the last week. Two specifically. One is that I hadn't understood the gravity of the recognition, so I'd like to thank the club, and particularly the absent Past President Bill Marsh, for it more formally. An FAQ on being named a Paul Harris fellow states, 'The Club is honouring you in a very special way and you should be proud of that'. And I am. Thank you. The second thing is that, as my own history with service through Rotary is as still a bit skimpy, it might be best to think of my own receipt of this particular recognition as a bit of an encouragement award. A lot of people would say Obama's being awarded the Nobel Prize so early in his presidency was not a recognition of what he'd done, but something to live up to. People decry symbols. 'Symbolism over substance', they sometimes say. But Symbols can be useful. They're a reminder of the thing they represent, or a warning of danger or a clue to help you find something. They are a shortcut to meaning.

Rotary's most important symbol is the wheel. And there's a lot of meaning in it. The teeth and the little notch in the centre are meant to remind us that it's meant to be about work. The gears have to mesh with something else, too. That's how gears work.

So whether it's a PHF pin or any of the other logos and symbols used within Rotary, they're a reminder to us to keep striving and inspiring. We must keep working to make sure those outside Rotary know that they symbolise service above self.

Open House Melbourne 2018

A big thankyou to our Sue and her happy band of volunteers, and of course Chris Stott who volunteered for this, her first year. Robbie and I take the opportunity most years to go to Open Day events. This year was no exception..... and brilliant weather (which traditionally is not usual).

We started up in Carlton with a 1 hr tour of the Melbourne cemetery and Gate Lodge, including the prime ministers garden which Jeff Kennett had a big hand in organising. There is Robbie reflecting on the Menzies ashes and then checking out the marble table that Walter Lindrum is buried under. We heard some great stories as we circumnavigated the cemetery with the historian hearing about Burke & Wills, Sir Charles Hotham (of Eureka Stockade fame), Sir Samuel Gillott a respected Lord Mayor and lawyer who secretly funded Mde Brussels high class brothel and many others. Then after a (free) coffee back on the tram to ANZAC House and a fine two floor display of RSL items, unguided but loads of RSL members on hand to field questions. We walked down to the RACV small home display but it was a 90min queue so instead we nipped into the first 6 star commercial building built in Melbourne. There are many more now but this was revolutionary when it opened. Many of the architectural things tried did not work we were told in the 15 min talk before climbing about 10 flights of stairs to the roof top vegetable garden, great views including looking at some bright yellow vertical turbines that never worked!

After a quick lunch we queued (for 10 mins) to get into a guided tour of 69 Bourke St, the HQ of the Salvation Army. This is not to be missed. A guide in the extensive museum and a second one explaining how the Salvation Army led the world in film making back in the very early days. We saw some of the "Soldiers of the Cross", the first film.

Our feet were getting sore so we did a final visit to the Signal Box by the river, a creative studio for 13 to 25yr olds which now runs free mentoring and multi artform workshops. I took a photo out of the window across our beautiful city towards the MCG. Hopped back on the 75 tram and read The Age on the way home. We would not swop Melbourne for any other city in the world...Gee, aren't we all lucky.





Ron B

Membership Dues

Please help by paying yours by EFT today and stop the treasurer complaining.

IC Robotics Sponsor Evening

To recognise the contributions our wonderful sponsors have made towards IC Robotics throughout the 2018 season, we would like to formally invite you to attend our Sponsor Open Evening.

Date: Wednesday 15th of August 2018

Time: 6:30pm until 8:00pm

Venue: KIOSC Trade Training Centre

Swinburne University of Technology

369 Stud Road, Wantirna

VIC 3152



FOREST HILL COLLEGE BREAKFAST

On 7 August intrepid regulars Robbie and Barb will again brave the cold to feed the hungry.

ROTARY MONTHLY THEMES

August

Membership and Extension

September

Basic Education and Literacy

ARTICLES

Please forward your prize-winning articles once more to rlaslett@optusnet.com.au by 5pm Wednesday.