



FOREST HILL HAPPENINGS

No 10

President: Stuart Williams

12 September 2019

STU'S SCRIPT

Reflection on our club's 44th birthday.

- 1. As Rotarians on this our 44th birthday – Don't just count the years, make the years count.*
- 2. Because we renew Rotary every year, maybe we should be saying Happy Birthday to an organisation that is forever young.*
- 3. If we were in Korea – our birthday would be considered the 45th—Koreans count and celebrate the baby's time in the womb. As a club we could count the months of planning before charter.*
- 4. A club birthday gives us a chance to celebrate and give thanks and to reflect upon how well we are fulfilling our objectives.*
- 5. No matter how things went yesterday, or last year, we always have the capacity to try again.*
- 6. The Egyptians started the idea of celebrating birthdays over 3,000 years BC.*
- 7. The Greeks added candles to cakes. Greeks offered moon-shaped cakes to Artemiss, the lunar goddess to recreate the radiance of the moon and her perceived beauty.*
- 8. Ancient Romans were the first to celebrate birthdays for the common man.(but just men). They did not celebrate women's birthdays until the 12th century.*
- 9. Contemporary birthday cakes were invented by German bakers. Kinderfeste –(children festival) in the late 18th century in Germany is the closest thing to a birthday party. The cakes were decorated with ONE candle for each year, and ANOTHER to symbolise the hope of living for at least one more year.*
- 10. The industrial Revolution brought delicious cakes to the masses.*
- 11. "The Birthday Song" was a remix, kind of. In 1893 Patty Hill and Mildred J. Hill wrote "Good morning to all", to be sung each morning in every American school. In 1924, Robert Coleman added a few extra lyrics. It became – Happy Birthday to You.*

Stuart Williams

MEETING REPORT

Congratulations Rotary Club of Forest Hill..... 44 years young, active and definitely making a difference. It might not have been a glamorous meeting but it was a good one. Fantastic to have Indi and his company on board. We hope to see Indi and Dominique from time to time.

Sue and I met with DG Shia and AG Geoff before our meeting. I believe they are both generally happy with our club, its direction and its achievements. They stressed the need to make some changes to make Rotary more appealing to new members. One positive idea, to "Consider the opportunities that Retirement Homes/villages may present. Two in Vermont South and Vermont Retirement Village/ Forest Hill village." I would like to have a committee of maybe 4 or 5 members to see how we action this. Could a club there be a satellite Club? Meet for coffee and or lunch once a fortnight or month. They might be happy to assist in projects. Mash have a group of women who meet monthly.

I would like to thank DG Shia for our new banner. A great marketing tool. Let's utilize it.

The highlight for me at our Club Birthday was the "Impact activity /occasion /program" talks. Ray set the tone and his powerful idea that is not often articulated --the impact of Rotary of Rotarians, how they benefit, how they get so much back after putting in. Warwick, John B, John McP, Sue, Chris and Ron all had me thinking, remembering and feeling good about my Rotary involvement. I had new members say-- the talks were inspirational. Others commented that it was an excellent idea. A big thank you to the 7 who added so much to our celebration.

Saturday we have our sausage sizzle and craft market at Blackburn. Hopefully good weather so we can raise funds and have great fellowship.

Coming up-- Spring Festival at Civic Centre, a fantastic guest speaker next meeting and Our Footy Show straight after the Grand Final. Don't worry about going into a ballot for tickets, we have not moved it to Rod Laver Arena. Bring along friends and family who enjoy AFL.

A big thank you to those who volunteered at the Whitehorse Farmers Market las Sunday. The weather was OK up until 1pm. Total received was \$5,872.45c and our can rattling helped raise \$1,232.95c. We get our share of the total to distribute throughout the City of Whitehorse. Thanks to Ian, and Barbara Searle who took over from me. Jafrin came along as well. Warwick worked in the office and Bob and Barbara spent a few hours there giving positive feedback to all the volunteers. It was wonderful to also see David Murray (Mitcham Rotary) there after his stroke and health battle he has had over the last 4 or 5 months.

Enjoy your Rotary.

Stuart

HAPPY BIRTHDAY ROTARY CLUB of FOREST HILL



A NEW MEMBER, AN INSPIRING TALK AND A DG'S VISIT



Indi joins the club.



DUTY ROSTER

Recorder Greeter Emergency Cashier	SEPTEMBER Chris Tuck Barbara Searle John Donaghey John McPhee	OCTOBER Ray Smith Bill Marsh Bob Laslett Warwick Stott
---	--	---

COMING UP

Date	Event	Chair	Thanks & Report
16 Sept	Sean Teer "Envision Hands"	Mike Finke	Ron Brooks
23 Sept	RCFH Photo Competition	Mike Finke	Stuart Williams
30 Sept	Footy Fever – Grand Final Edition	Stuart & Bob	
7 Sept	Committee Meetings	Stuart Williams	

CONGRATULATIONS & BEST WISHES

To Warwick Stott as he, and our club, celebrate 44 years in Rotary.

ATTENDANCE

If you are not coming to the meeting or if you wish to bring a guest please contact Ray Smith by 10.00am Monday on 0412 807 585 or rcssmith@optusnet.com.au

Please ensure Ray is aware of any special dietary needs.

If you need to cancel after 10.00am please contact Bucatini Restaurant directly on 9873 0268.

CONTACT DETAILS

Address: PO Box 116, Nunawading, 3131

Email: foresthillrotary1975@gmail.com

Website: www.foresthillrotary.com

Facebook: ForestHill Rotary

Meetings: 6.30pm, Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

BREAKFAST CLUB

The Breakfast Club on the 17th has Barb Williams and Mike Finke preparing the pancakes and toasties. The following weeks are to be confirmed.

ROTARY MONTHLY THEME

This month it is time to celebrate Rotary's involvement in Basic Education and Literacy.

COLLECTING BOTTLE TOPS – A NEW FOREST HILL PROJECT



Turn soft drink, water & milk bottle tops to THESE

Our collection has got off to a good start. I'm sure all of you will have 1 or 2 a week at least. Please bring them along The tops should be numbered either No 2 or No 4 in the recycled triangle but not all are marked so just collect all of these tops, any colour will do. Not those with metal attached or if they are marked 5 or 7. Please rinse them. There will be a box to drop them in at the desk when you front up to pay. Get your family and friends involved. They will go to a Melbourne not-for-profit company using unemployed people who remelt the plastic to make things

they then give away including artificial arms and hands. To see more go to their website (www.envision.org.au) and hear what their CEO Sean has to say. He is our guest speaker on 16th Sept.

Ron Brooks

DISTRICT INTERNATIONAL SERVICE WORKSHOP

Improving the cost-effectiveness and sustainability of Rotary support to International projects was one of the main themes of the International Services workshop on Friday 6 September.

More than 80 Rotarians, including Sue B and Ian T, braved the cold night to attend and were well catered for with pre-workshop food and a well-structured and involving program led by District International Service chair, David Alexander, supported by Graeme Richardson, Grants Co-ordinator.

After an address from Ian Ton “What you need to know to run a high impact project”, Mark Balla, from RC Box Hill Central, highlighted the importance of identifying projects that provided obvious benefits and then promoting them and the supporting fund-raising in innovative ways.

An important aspect of success is to align with appropriate partners for delivery in-country, particularly when changing attitudes, knowledge and practices is critical to long term impact and sustainability. Box Hill Central has partnered with World Vision and International Needs Australia (INA) for these important tasks. INA will be addressing the RCFH meeting in late October.

The two keynote speeches were followed by a session of rapid introductions / descriptions on eight projects currently being implemented by District clubs.

For a new member, it was an ideal opportunity to learn about the range of activities and highlighted the challenges for a small club on deciding on the best uses for the limited funds available to support International activities.

The irony is possibly that there are too many opportunities so the challenge is to identify existing or new opportunities that will connect with club members and close supporters so they are motivated to put extra resources and efforts into fundraising and activity support activities.

DGE Alma Reynolds touched on this area with a short talk on her vision for International activities in 2020/21. An important point was the importance of clubs co-operating on more substantial International activities with early joint planning of the activities, and genuine sharing of inputs and acknowledgement of contributions.

Ian Teese

OTHER INTERNATIONAL SERVICE NOTES

- **Winds of Hope Tastes of Africa** dinner and cultural event in late October. Ian T will be attending. www.windsofhope.com.au. (See notes below.)
- **Hope Katolo – fundraising.** Hope Katolo has excellent quality bottled extra virgin olive oil for sale. I am organising to get 1-2 cases for purchase by club members or friends. So, hold the supermarket buying of olive oil, until I have the HK olive oil at our club meeting!
- **Christmas gift and promotion activities.** As Hope Katolo has its olive oil sales and runs the Christmas hamper activity, would RCFH members be interested in organising to share a stall at the December WH Farmers market? This would allow HK and 4-5 other small-medium International (and local?) projects to promote themselves and sell products/services for the Christmas gift market.

Ian Teese

UPCOMING FUNDRAISER

RC Albert Park - Winds of Hope (WOH) fundraising event. WOH is a charity based in Uganda that provides healthcare and education to young women in need. The Club is holding a fundraising event in October showcasing African culture, food and lifestyles, with a view to creating more community awareness of Rotary. Live music, entertainment and dancing - Brief presentation by community leaders - Brief presentation by Clubs about their Africa projects - Buffet dinner with a wide range of African cuisines - Door Prizes and a charity auction - Showcase of Rotary Club projects in Africa. D9810 Clubs are invited to showcase any African projects and all are invited to attend.

Contact is Matthew Proctor: Founder - Winds of Hope International

matthew@kutamo.com <https://www.atasteofafrica.com.au/>

6pm to Late - Friday 25th October 2019 - Lifesaving Victoria, 200 The Boulevard Port Melbourne <https://www.trybooking.com/book/event?eid=496602&>

RAM TO RIDE AND MEAL

Heading for Tasmania? Then contact the Rotary Club of Devonport North and join in their fundraising bike ride to support Rotarians Against Malaria.

Sunday 13th October starting at the Devonport Bluff at 10.00am. If you are not into bike riding then enjoy a cooking lesson and meal at the Charlotte Jack Restaurant.

Further details: <https://theislandcreative.wixsite.com/cyclingevent>

ROTARY CLUB of MONT ALBERT AND SURREY HILLS FUNDRAISER

MASH are holding a Music and Movies Trivia Night on Saturday 12th October.

Further details. Contact Anne Teese anneteese@gmail.com

ARTICLES

Articles, notices and photos for inclusion in **FOREST HILL HAPPENINGS** to bjmarsh@bigpond.net.au no later than 10.00am on Wednesday each week.

WEBSITE

Keep up-to-date by checking our website at www.foresthillrotary.com

TRADER OF THE MONTH AT THE BLACKBURN STATION MARKET



Outback Spirit have been regulars at our market for years and they also regularly sell at the Rotary Club of Mt Waverley and Dingley Farmers markets amongst others. Juleigh and Ian Robins make all their chutneys, sauces, pickles and marinades at their new Dandenong factory. Not only are they delicious but they are gluten and MSG free. Ian and Juleigh are recognised pioneers of the Australian native food industry and have been at the forefront since its inception in 1986. They established Robins Foods in 1997. Ian and Juleigh's vision is to bring Indigenous foods into the mainstream food market and the company is the industry leader supplying the **Outback Spirit** branded range of products to supermarkets nationally in Australia.

In 2000, Ian and Juleigh decided to formalise their relationships with the company's indigenous suppliers and established an ethical supply chain that ensures that benefits from the sale of **Outback Spirit** products go back to the Aboriginal people who are developing their own enterprises based on native foods. They established the Outback Spirit Foundation to further help the Aboriginal people.

Juleigh is an accomplished cook and together with Ian has written three native food cookbooks – Wild Lime (1996 Allen & Unwin) and Wild Classics (2000 Allen & Unwin – with Ian Robins) and Wild Food (2010 Lantern Books, a Viking Books imprint).

So, go and have a chat to Juleigh's brother in law Bill at the Blackburn market stall and taste some of these unique foods. Find out more about the products, the company, and the Foundation at www.outbackspirit.com.au