



FOREST HILL HAPPENINGS

No. 18

President: John Bindon

10 November 2021

MOVING FORWARD



How wonderful it was for club members, partners, and friends to come to enjoy a social dinner at Bucatini restaurant on Monday night. No doubt we have all missed the opportunity to eat out with friends and colleagues.

Can and you believe only 7 more weeks until Christmas..... (Providing you are double vaccinated) Life is about to get back to (almost) normal!!!

What a relief it will be to resume our club meetings from Monday, 15th. November where we can get back and providing a service to our community for which we are well known.

We have a busy week coming up, with the Rotary Blackburn Arts & Craft Market on Saturday followed by The White Horse Farmers' Market the following day. Our club is taking control of the egg and bacon stall at the Farmers' Market and thank you to those members who will be working at the market.

Our Annual General Meeting will be Monday 22nd of November, followed by a Board Meeting.

As we all emerge from lockdown, it will give us the opportunity of restarting our Rotary year, and at the same time working hard to improve our membership numbers. At last week's District Membership Meeting it reminded me, of how important it is for us to be part of a strong community, with a proud history which we must maintain.

The District Governor has launched the 2022 Family of Rotary Conference, which will be taking place at Caulfield Racecourse on the 25th and 26 March 2022. The theme is 'Healthy World and Healthy People.' Further details will be forthcoming.

John Bindon

MEETING REPORT

A most delightful dinner meeting was held in the Bucatini Restaurant where 17 members, partners and Honorary Members enjoyed each other's company and some excellent food. Our first face-to-face meeting for many weeks (feels like years!!).

For those still concerned about close contact, crowds, etc. the number who can attend a restaurant is based on a density limit set by the government. This is based on the total floor area of the restaurant. If the limit is one person per 4 square metres and they have one hundred square metres of floor space then they can have 25 patrons. Theoretically they could put all 25 patrons on one table and still meet the requirements. It doesn't mean there will be no-one else within 'your' 4 square metres.

ROSTER FOR MONDAY 15TH NOVEMBER.

Greeter: John Bindon.
Chairperson: Glenys Grant.
Vote of thanks: Bob Williams.
Happenings Report: Bob Laslett.
Recorder: Barbara Williams.
Cashier: Ron Brooks.

Note: *Stuart will be liaising with Bucatini. Please contact him for dinner meeting attendance and visitors by 8.00pm on Sunday prior to the meeting. Any changes after this time to be notified directly to Bucatini.*

Scan Me!



November is Foundation Month

Welcome to 'post lockdown'. I hope you are enjoying the more relaxed, almost normal, lifestyle. Remember COVID has not gone away – take care. Encourage those around you to get vaccinated.

NEXT MEETING

COMING UP

15th November - Heather Widjaja – Eastern Palliative Care at Bucatini Restaurant
22nd November - Author – Kerry Anderson (Zoom Presentation)- 'Rural Entrepreneurship'

CELEBRATIONS



Congratulations to Ian Teese as he celebrates his birthday tomorrow.



ROMAC 18 YEARS ON

I received an email from Rantun Mangku. The email reads

In 2003, our four-year-old son Rikko was met by Mr Ron and Major Kevin at the airport. He was going to the Royal Children's Hospital Melbourne Australia for heart surgery supported by ROMAC and the Rotary Club of Forest Hill for the flight and accommodation. Special Thank you to Major Kevin, Mrs Lyn and Philip for accommodation in their house.

Rikko Dwiputra is now 22 years old last 28 May and has just graduated with his bachelor degree S.com (IT).

In a later message he said that since his operation Rikko has been very healthy and played like all normal boys. Rikko came when Roger Coates was our President and John Glenn was the District Governor. "Sow the seeds of love" was the 2002/03 theme (World president Bhichai Rattakul). How that seed has blossomed!!

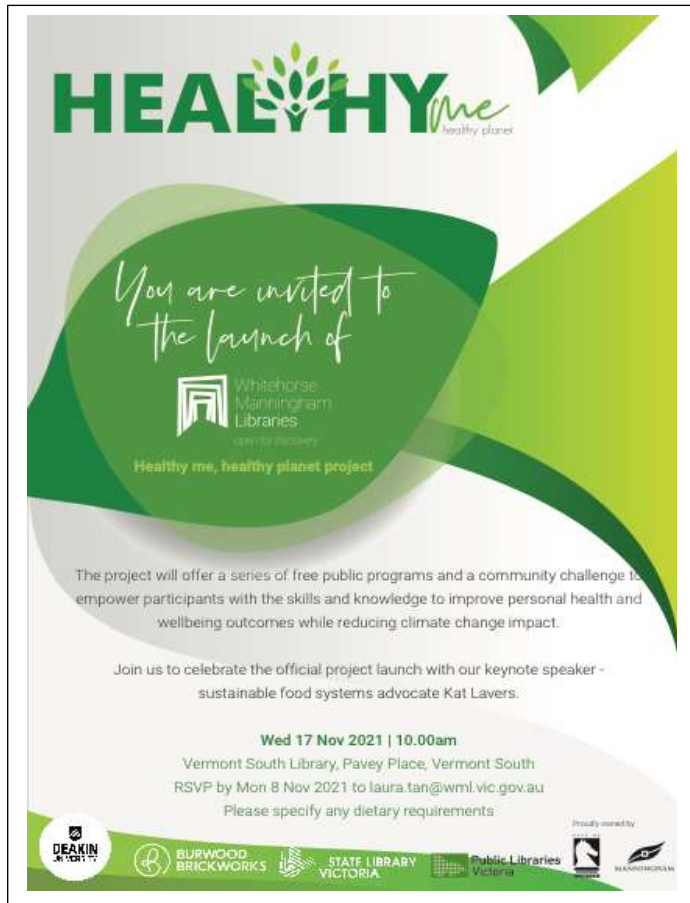
Ron Brooks





SPROUTINGS

Here is an invite from Whitehorse Manningham Libraries.



10am Wednesday 17 November 2021

Vermont South Library

(outdoor event*)

Pavey Pl, Vermont South 3133

The **Healthy me, healthy planet** program will offer a series of free public programs accompanied by a community challenge.

Healthy me, healthy planet aims to empower participants with the skills and knowledge to improve individual health and wellbeing outcomes by reducing the impact of climate change.

RSVP by Mon 8 November 2021

to laura.tan@wml.vic.gov.au

Please specify any dietary requirements

The Spring Racing Festival got me thinking about sustainability in the horse racing industry. Here is what is happening. The Australia horse racing industry has been concentrating on achieving a number of environmental goals.

They are placing a great emphasis on sustainability in 2021 and beyond. They pride themselves on the measures they have taken to live by a greener and more ethical business model. These are their key performance criteria targets for improvement.

<ul style="list-style-type: none"> • water conservation 	<ul style="list-style-type: none"> • land management
<ul style="list-style-type: none"> • energy resources 	<ul style="list-style-type: none"> • animal health & lifecycle analysis
<ul style="list-style-type: none"> • animal waste 	<ul style="list-style-type: none"> • sustainability

Pests: Well, it's Spring, flowers are blooming – and it's time for those pesky critters, the **aphids**, to get moving and multiplying. They suck the life out of your leaves and petals while spreading viruses to your otherwise healthy plants. So what works to eliminate them? A key criteria is to work **WITH** nature, not against it- so don't eliminate any of their natural enemies in the process. That also means no harsh sprays to harm the environment. I found many articles, and have published some key points below.

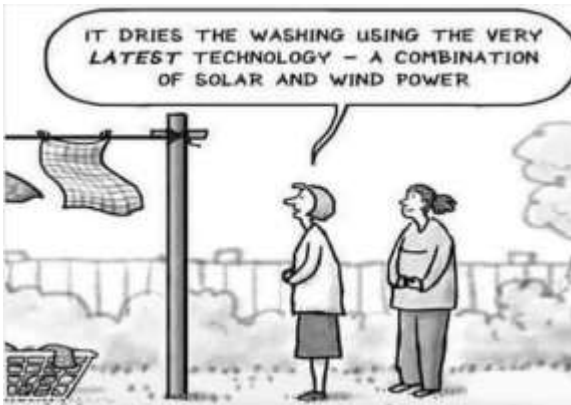
Get rid of aphids naturally By Linda Hagen

Four aphid control options are safe for your plants and family



1. [Remove aphids by hand](#) by spraying plain water or squash with fingers
2. [Control with natural or organic sprays](#) like a lux soap-and-water mixture,
3. [Employ natural predators](#) like ladybugs, green lacewings, and birds.
4. [Grow the right plants](#) that attract predatory insects, repel or trap aphids, Read the full article here:

<https://www.gardendesign.com/how-to/aphids.html>



Invites from Open Gardens Victoria for Saturday 13 & Sunday 14 November



Where: Red Gums

22-30 Redgum Place,
Drysdale, Vic 3222

Date: November 13-14

Times: 10am-4.30pm

**Entry: \$10 adults, \$6 students,
under 18 free**

Book via [Trybooking](#)

***Red Gums** is a Sam Cox garden designed to complement the large stand of remnant Red Gums that sit among three billabongs in the front garden. Planting areas were created to impersonate nature with soft curving lines and generously filled with an abundance of natives. The garden is a harmonious array of texture, colour and structure.*



Where: Graceburn

29 Hutchinson Crt,
Drysdale Vic 3222

Date: November 13-14

Times: 10am-4.30pm

**Entry: \$10 adults, \$6 students,
under 18 free**

Book via [Trybooking](#).

Graceburn is another Sam Cox designed garden. It is situated close to Red Gums and is open on the same days. With a strong emphasis on sustainability, this mainly indigenous garden is designed to encourage wildlife and buffer noise. It includes some very special features - a natural swimming pool, rustic rammed earth entertaining area and large productive garden hosting 80 fruit trees, chicken and bees.

These gardens are beautiful, kind to the environment, attractive to birds, bees and butterflies ... and well worth a visit, especially if you want inspiration for your own garden...

Glenys

HOPE KATOLA NURSERY SCHOOL – MULTI-PURPOSE ROOM



Above: Bricks arriving.



Right: Georgina supervise the unloading.



Work is well underway with a minimum of fuss and bother.

The finished multi-purpose room will proudly bear the name 'The Ford Davis Multipurpose Room' and will be a super asset for the school and the community.

RCFH BLACKBURN STATION CRAFT MARKET – TRADER OF THE MONTH

GARFIELD FRESH HARVEST

Originally of Greek heritage, they are well settled locals now. Your intrepid reporter had difficulty getting much information out of them..... they did not like talking to “the press” ie the Rotary website writer. I just managed a quick few words from Terry and Irene before being shooed away.

These fresh vegetable stall people have been coming to the Blackburn Craft Market for over 2 years. They have had an egg farm at Coldstream since 1982 and have been selling at markets in Mt Waverley, Warrandyte and Longwarry for 20 year and also have a shop in Garfield.

They also sell a whole range of home-made chutneys, pickles, and relishes plus various quiches like spinach & tomato, spinach & capsicum, mushroom & leek. Yarra Valley Eggs, including free range, can be bought as well.



We will be back soon - COME TO THE MARKET!!!

