



FOREST HILL HAPPENINGS

No. 19

President: John Bindon

17 November 2021

MOVING FORWARD



Isn't it great that we are able to get back to face-to-face meetings and to enjoy one another's fellowship?

I have experienced the frustration and I am sure that Past President Sue would have the same experience in the last Rotary year, with a stop-go program which we all have had to endure.

My immediate aim is in building our membership, and to recruit volunteers who can assist our members on projects.

I have spoken to several people in regards, to membership one or two of them were partly interested but their main objective now is rebuilding their business to increase cash flow so that they again can employ staff. Three others which I have spoken to were just not interested.

We must all work together and explore every avenue possible to seek new members, so that we can make this club continually active in our community.

And finally, I would like to thank all those members who have been working behind the scenes to keep the club going.

It is Time for a Club Health Check

President's comments to club.

Our membership numbers are getting low, so we need to look at what is happening in our club. A club health check will make sure our club is fit for purpose and ready to attract new Rotarians and keep a positive experience happening for our valued members

Your Club Experience

Members who have a positive Rotary experience are more likely to stay. In turn, they create a positive Rotary experience for others, because their enthusiasm is contagious. If our club's members genuinely enjoy being a part of the club, we are on the right path. Your experience includes not just our club meetings and other activities, but also the connections you have made and your pride in Rotary's world of service.

Service and Socials

Participating in service and having fun with fellow members are the primary reasons Rotarians join and stay in Rotary. The healthiest clubs vary their activities and offer multiple ways to get involved. Let us try a new social event or a different service experience and watch the impact it has on our club.

Members

A healthy club is one that is growing and changing. Having members with diverse perspectives and backgrounds will fuel innovation and give our club a broader understanding of our community's needs. Pay attention to how your members are feeling about the club. Research shows that one of the most common reasons members leave is that club leaders are not open to latest ideas. Involving members and giving them a voice in their club's future will strengthen both the club and members' commitment to Rotary.

Image

Clubs that have fun and make an impact are attractive to those who see that. A positive public image improves our club's relationship with our community and prospective members. Make sure our club is getting the credit for the service we provide. Demonstrating that our club meets real needs confirms our value to our community.

We have a good and friendly club, let us build on it!

John.

MEETING REPORT

President John Bindon welcomed us back for our first official face-to-face meeting. It was good to be back. John thanked all who had been working behind the scenes to keep the club functioning. He is meeting with RC Mitcham re the Sunday night dinner later in the year. The meeting was then in the capable hands of Ron Brooks.

Weekly reports

Farmers' Market- Warwick thanked those that helped a successful event on Sunday. He commended the use of the square reader. He also sold 4 dozen eggs and wants cartons back.

Vocational-Barbara, Sue and Bill commented on the worthiness of the recipients of the Box Hill Institute awards. Gary Davis was also in attendance at the presentation and was delighted with the candidates. Certificates for the Graham Taylor award and the Ford Davis award were presented to John B and Gary Davis respectively.

International- Bob L commended November as Rotary Foundation month with its opportunities for club and individual giving (see later). Bill reported that \$6000 has been forwarded to the Hope Katolo multi-purpose hall project.

Community- JB reported on Ian Teese's acknowledgement of our donation to Eastern Emergency Relief and that Scope have ordered a ramp for which they will invoice us.

Youth- Bob W reported that 9 schools have signed up (amazing with current circumstances).

Environment- Sue reported on Forest Hill College project (planting in Autumn) and sanitation packs for the 100 Year Anniversary Program.

Program- Ron brought us up to date with the latest program highlights and accepted more coins.

Sergeant – Bob W has not lost his touch despite a long hibernation and our pockets were raided for a worthy cause. He raised almost \$20.

Meeting

Our guest speaker was former nurse Heather Widjaja. Her topic was Eastern Palliative Care (EPC) where she has worked on a voluntary basis for 6 years. They have 250 volunteers. She was an enthusiastic presenter and represented her organization well.

She gave us the World Health Organisation definition of palliative care and then countered six common myths about the concept. These included that the EPC organisation is only concerned about the dying, that it only works in hospitals, that it only works with the elderly and is costly.

She advocated advance care planning. There are numerous ways EPC can help- biographies, photos, hairdressers, dog walkers, bereavement support and grief walkers. She stressed little things are important and told a wonderful story of her first experience with a lady who just wanted to feel the

air on her face. President John also told of telling a person the names in his match-winning basketball team. Volunteers have a great support team. A memorable evening culminating in the gift of a Ray Smith pen to Heather by Bob W.

President John closed the meeting after announcing the raffle winners Barbara S, John B and Bill M. The raffle raised \$45.

Bob Laslett

ROSTER FOR MONDAY 22nd NOVEMBER.

Greeter:	John McPhee
Chairperson:	Bob Laslett
Vote of thanks:	Stuart Williams
Happenings Report:	Glenys Grant
Recorder/Cashier:	Barbara Williams

Note: Stuart will be liaising with Bucatini. Please contact him for dinner meeting attendance and visitors by 8.00pm on Sunday prior to the meeting. Any changes after this time to be notified directly to Bucatini.

Scan Me!



November is Foundation Month

Welcome to 'post lockdown'. I hope you are enjoying the more relaxed, almost normal, lifestyle. Remember COVID has not gone away – take care. Encourage those around you to get vaccinated.

NEXT MEETING

22nd November - Author – Kerry Anderson (Zoom Presentation)- 'Rural Entrepreneurship'

COMING UP

29th November - Members, Partners & Guests – Bucatini Dinner (To be confirmed)

CELEBRATIONS



It is time to celebrate with family and friends who have helped us through the last two years. COVID is still with us, and there will be ups & downs, but we now know we can get through by caring for each other. Take care – enjoy life.



FOUNDATION NEWS

There are two ways to give to the Foundation- as a club and/or as an individual.

Club- Our club is a Level 1 donor which means we donate at least US\$100 per member. The next level is US\$250 per member- there are 2 clubs in our district in this category

Individual- 30 November is Giving Tuesday -see [Giving Tuesday video](#) and [donate online](#) on 30 November.

I attended an online meeting between Rotary International President 2023 – 2024 Gordon McNally and Rotary Foundation Chair Elect 2021-22 Ian Riseley on 9 November. The meeting was entitled “A Foundation Conversation”.

Bob Laslett

ROMAC 18 YEARS ON

Rantun, Rikko's father has sent me another message. He realised that the first one was cut short by mistake (I have tidied up the English a little).

The original message was:

In 2003, our four year old son Rikko was met by Mr Ron and Major Kevin at the airport. He was going to the Royal Children's Hospital Melbourne Australia for heart surgery supported by ROMAC and the Rotary Club of Forest Hill for the flight and accommodation. Special Thank you to Major Kevin, Mrs Lyn and Philip for accommodation in their house. Rikko Dwiputra is now 22 years old last 28 May and has just graduated with his bachelor degree S.com (IT). Since his operation Rikko has been very healthy and played like all normal boys.

The rest of his message said:

We want to thank all the members of Forest Hill Rotary Club and of ROMAC that helped Rikko a chance to have normal life and be the healthy man like now. Also, Mr Bob Laslett and his wife that showed us the city by tram, it was good time. And the people that we met at the church of the Salvation Army that were very kind during our 3 weeks in Melbourne.

It's meant a lot that we and our family cannot describe our feeling, it's all thanks to your helping hand. If you all had not helped my little Rikko, we are not sure that today we would see him in cap and gown, it still feels unbelievable. From when Rikko was born, we noticed after 2 month about the sickness and when the doctor described his condition, every word the doctor said sliced our heart as parents so painfully. Back then, when Rikko laughed and happily played it brought us in tears as we not sure of his future if he did not get medical attention, he was too young to understand. And it worried us as when we imagined the day that we had to explain to him about his sickness.

I was working then at the Alila Manggis Hotel and met the very kind chef Mr Simon Blaby and his wife Mrs Safron Blaby. They did not promise anything but they said they would just contact a friend. Through those friends the long shot worked as the last person who nobody knew came this miracle that Rikko got his operation.

The district governor of Rotary gave us the seed of love. And it's grown in our heart. For all the people in Rotary and I'm sure there's a lot of other we don't know, even if we sat at a dinner table with them, so I feel I can't thank you all enough. It's meant a lot for Rikko as he is now a normal person, and we as parents do not worry anymore. Thank you very much for everything and please keep sowing the seeds of love to give HOPE.

We pray to God to bless All of You.

Please find below link for some picture of Rikko family .

<https://drive.google.com/folderview?id=1PeU2VEwvnhqgnj2vqcZZLtL0fFRpo3X>

Note: Rikko came when Roger Coates was our President and John Glenn was the District Governor. "Sow the seeds of love" was the 2002/03 theme (World president Bhichai Rattakul). How that seed has blossomed.

Ron Brooks





SPROUTINGS

This week our thoughts turn from aphids to their arch enemy, ladybirds. We also list some [Rotary](#) and other 'enviro' webinars for your interest.



Our friends, the ladybirds (UK and Aus) or ladybugs (USA) (coccinellidae beetle) are not only cute, but they are counted as the **number one beneficial insect** in the garden.

They help with biological [control of aphids](#) and other garden pests. A welcome sight in any garden, their presence is an obvious indicator of its organic status.

PLANT FOOD FOR LADYBIRDS

Plant some of these in your garden to provide a ready source of food for the ladybugs. Roses are well known for being aphid-prone. [Nasturtium](#) and [pot marigold](#) are two other ornamentals that are prone to heavy infestation.

In the vegetable garden, cabbage, lettuce, radish, tomatoes and potatoes attract aphids; as do fruit trees.

AVOID CHEMICAL SPRAYING

Ladybug beetles are not unduly affected by mild insecticides, but they may want to stay clear of sprayed areas as a matter of preference. If you stop all chemical control measures, including herbicides and organic pesticides, for at least 5-6 weeks, you might find some coming into your garden on their own.

This is more probable in spring when they come out of their hibernation looking for new feeding grounds.

PLANT SUITABLE POLLEN AND NECTAR PLANTS

The beneficial ladybugs may be carnivorous, but they do like to have some pollen and nectar too, especially during their growth phase.



Flowers of the Umbelliferae family of plants seem to be ladybug magnets. They include dill, fennel, wild carrot, caraway and cilantro.

The Aster family plants tansy and [yarrow](#) with their flat flower heads packed with tiny flowers full of pollen also seem to attract these beetles.

“.. perhaps you notice a congregation of ladybugs on a rose stalk. Don't invoke the old nursery saying and ask them to fly away home. Their house is not on fire.

Your roses are, with aphids, which the ladybugs are feeding on – and you can bless yourself that they have come to your rescue.”-

Eleanor Perenyi, renowned gardener, writer of the gardening memoir 'Green Thoughts'.

Two enviro webinars were held on November 16.

'Drive to the Future' Rotary – Climate and Peace: This webinar focused on electric vehicles, powered by renewable energy sources and how these will become a vital part in achieving meaningful emission reductions by 2030.

Good news is each State is being given millions for the infrastructure.

'Polystyrene Pollution- Latest Updates': Yarra Riverkeepers.

Andrew Despotellis spoke on his research project and the Yarra River pollution. We will give you some information on this next week.

Spot the pollinator!



The **Wild Pollinator Count** 14-21 November.... for Citizen Scientists and others.

The Wild Pollinator Count gives you an opportunity to contribute to wild pollinator insect conservation in Australia.

As well as European honey bees, many native insects also contribute to pollination in crops and gardens all around the country.

We still need to do a lot of research to identify all our pollinator insect species, understand their ecology and how they are affected by human activities.

You are invited to count wild pollinators in your local environment and help this group build a database on wild pollinator activity.

You can **join in** by watching any flowering plant for just ten minutes sometime in the count week. Good news is- you don't need to be an insect expert!

Read about how you can help - <https://wildpollinatorcount.com/>

Rotary - ESRAG- Oceania – an invite for you.

Please join this group for the final meeting for 2021 - Thursday November 25

at 7.30pm AEDT.

A special event to consider COP26 and reflect on what each of us can do to support the environment. Book through <https://events.humanitix.com/oceania>

Reflections on COP26 featuring an interview with Karen Hendrick-Hands, ESRAG Co-founder and Director Collaborations who attended COP26 as a representative of ESRAG with Rob Anderson Co-Chair, ESRAG Climate Taskforce.



This will be followed by a panel discussion moderated by Rob Anderson {Canterbury} and Pat Armstrong {Doncaster} ESRAG Chair Elect and Director Communications, Education, Administration & Governance.

		
<p>Dr Roger Blakely a member of ESRAG and of the Rotary Club of Wellington, New Zealand attended COP1 in Berlin in 1995.</p> <p>He was formerly Chief Executive and New Zealand's first Secretary for the Environment 1986-1995, then Minister for the Environment.</p> <p>He was Chief Planning Officer at Auckland City Council and is currently an Councillor at Wellington Council.</p> <p>At Rotary Wellington, he has led his club to become carbon neutral and helped develop the club carbon calculator.</p>	<p>Dr Mahendra Kumar is a senior climate change specialist with experience in climate change, development, energy, and environment programs in Asia-Pacific and Africa.</p> <p>He is Honorary Associate Professor at the Institute of Climate Change, Energy & Disaster Solutions, at ANU, Canberra and an Honorary Research Fellow with the Pacific Centre for Environment & Sustainable Development, at the University of the South Pacific, Fiji.</p> <p>He has provided technical advice for the United Nations Environment Programme and has supported Pacific Island nations at previous COP forums.</p>	<p>Alex Jayasuria is a member of the Rotaract Club of Hillarys, Western Australia. He was selected as a Global Voices Scholar to attend COP26.</p> <p>He is a student of economics and finance at Curtin University in Perth, Alex will explore ways to expand the supply of carbon credits within Australia, as well as the potential for a regional carbon market in the Asia-Pacific.</p> <p>His goal is to help Australia develop innovative carbon solutions and remain competitive in a world where carbon tariffs may be applied..</p>

Enjoy your week,

Glenys

BOX HILL INSTITUTE APPRENTICEAWARDS

Below are photos of this year's apprentices who were awarded the Ford Davis and Graham Taylor prizes. Below each photo is the citation read out by the presenter from Box Hill Institute.

The kids, and their families, were absolutely thrilled with their awards and couldn't wait to get their hands on the new tools. Jacob's mum was sure he would go home after the ceremony and start building something that night. Alex chose the colour (green) for her tool box. "It will be the only one in the workshop!" and Wei and his father just could not stop smiling.

For all three it was the first time they had received positive recognition of their struggles and the difficulties they had overcome to get to where they are now firmly on their way to new careers.

It was particular appropriate that Gary Davis could attend the ceremony and award the Ford Davis prizes. Thanks so much for attending, Gary. Your presence meant a great deal to the kids.

ALEXANDRA CALCRAFT



Alexandra is studying Certificate III in Light Vehicle Mechanical Technology and is in the 1st year of her apprenticeship

Alexandra's interest and passion for cars started at a young age when she worked with her grandfather and father on Holdens and old vehicles. After completing a pre-apprenticeship course at Box Hill Institute, Alexandra commenced an apprenticeship with VACC and host employer, Etheridge Ford. Alexandra said Etheridge Ford is a great employer, always helpful and knowledgeable and have provided her with the opportunity to work on bigger jobs all by herself. Alexandra said it is an honour to receive the award and she has never done this well in anything like his before.

JACOB KEELE



Jacob is studying Certificate III in Cabinet Making and is in the 2nd year of his apprenticeship

Jacob always liked woodwork and making and designing things with his hands. Jacob started working at Wattle Valley Kitchens 3 days a week in a VCAL program and then, in March 2020, commenced an apprenticeship. Jacob wants to learn as many techniques as possible from other trades while working on the jobs to gain various skills for the future. Jacob said winning the Rotary Club of Forest Hill Ford David Award is great for his self-confidence and to be recognised for working hard and doing a good job by his teacher Ross Barden is a real honour. Congratulations Jacob!



Wei Jian is studying Certificate III in Electrotechnology and is in the 2nd year of his apprenticeship
Wei Jian works with SmartGEN, a company specialising in solar systems, air-conditioning and electrical works and maintenance. Exposure to solar design to protect the environment with climate change interests him. He wants to one day implement green energy technology and educate people about Green Energy, which is important for our future generations. He learns from his fellow workers, is always curious and wants to consider different ideas to better equip himself in the electrical industry for the future.



RCFH BLACKBURN STATION CRAFT MARKET – TRADER OF THE MONTH

GARFIELD FRESH HARVEST

Originally of Greek heritage, they are well settled locals now. Your intrepid reporter had difficulty getting much information out of them..... they did not like talking to “the press” ie the Rotary website writer. I just managed a quick few words from Terry and Irene before being shooed away.

These fresh vegetable stall people have been coming to the Blackburn Craft Market for over 2 years. They have had an egg farm at Coldstream since 1982 and have been selling at markets in Mt Waverley, Warrandyte and Longwarry for 20 year and also have a shop in Garfield.

They also sell a whole range of home-made chutneys, pickles, and relishes plus various quiches like spinach & tomato, spinach & capsicum, mushroom & leek. Yarra Valley Eggs, including free range, can be bought as well.



We will be back soon - COME TO THE MARKET!!!

