

FOREST HILL FLYER

2011-2012

Weekly Bulletin of the Rotary Club of Forest Hill

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The Rotary Club of Forest Hill meets at 6.15 pm for 6.30 pm on Mondays at Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132. \$27.00 per head

CLUB PROGRAM

31 October	7 November	14 November
No meeting – Melbourne Cup Eve	Royal Talbot Rehab Centre, Salvator Dema Manager Also, Annual General Meeting	Partners in Control Night
Chair	John McPhee	Partner A
Thanks & Meeting Report	Glenys Grant	Partner B
Club Member Talk	--	--
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DUTY ROSTER

	NOVEMBER
Cashier	Graham Sharman
Recorder	John McPhee
Greeter	Ray Smith
Emergency	Ron Brooks

ATTENDANCE

Apologies - **Please contact Ray Smith by 10.00 am MONDAY** on 9878 4891 or rcssmith@optusnet.com.au Any cancellation after 10.00 am should be made direct with the management of Bucatini Restaurant on 9873 0268

CELEBRATIONS FOR THIS WEEK



No birthdays, wedding or club anniversaries – but, it is the cricket season!!

DOUG'S DEADLINE

Welcome to another week in Rotary and my return to some normality.

As you are no doubt aware, Monday 24th October was World Polio Day. Rotary has reached an historic moment – less than 1% away from the end of polio for the time being and hopefully, forever. I say hopefully as I think it is presumptuous of humans to think that they can completely eradicate a virus that occurs naturally.

This has been a mammoth task driven by the 1.2 million Rotarians worldwide. We, as Rotarians, should be very proud of this achievement as we are comparatively miniscule when compared to the population of the world. It is even more remarkable when you look at how much money governments throw at a project to achieve an outcome and Rotary can achieve much more with less money.

The Rotary Foundation is seeking our help to tell the world about Rotary's achievements and to finish the job.

"This Close"

Rotary International is asking us to spread the word to friends and family to participate in an exciting online campaign. To encourage widespread support for the effort to eradicate polio, Rotary has recruited a select group of notables for a "This Close" public awareness campaign. These public service announcements emphasize that Rotary is 99 percent toward its goal to eradicate this disease. Please visit www.thisclose.net to view the video then send the link to family and friends. I think this is a great way to create awareness of a magnificent.

In a similar vein of saving lives Ian Coleman spoke to us about Bowelscan. Since its inception it has saved at least 10 lives. Even one life saved means this initiative was worthwhile and we hope that it will continue.

District Conference in Melbourne 2012

As I mentioned last week I joined a select group of Rotarians, including District Governor Juliet and Ian Riseley. We visited the National Gallery, where the conference dinner will be held as well as the venue at Docklands. As with most District conferences, they are planning a varied and interesting program. However, the icing on the cake this year is that it is in Melbourne so we have few excuses for not attending. The only thing to consider is travelling into the venue and having somewhere to change when attending the dinner. I'm not sure if this has been done at other District conferences but the cost of the dinner is included in the registration fee so that there is a strong incentive to attend. I will have more information for you in the weeks to come.

Our Annual General Meeting will be held on Monday 7th November. One of the requirements is to nominate officers for the next Rotary year (I'm not even halfway through my year and we are thinking of next year. Talk about pressure). I hope that members will again be ready to take on the various responsibilities necessary to ensure our Club continues our good work within the local community and internationally.

I would also like to take the opportunity to thank those who have offered their condolences following the loss of my mother. As a family, we are coming to terms with our loss and the sentiments expressed have been of great support during this difficult time.

Yours in Rotary


Doug Berwick
President

MEETING REPORT

Speaker Ian Colman - Subject Bowelscan

Ian Colman initiated the Bowelscan program in District 9810 in 2003, which has saved over 10 lives. Ian is also the Bowelscan representative on District 9810 Australian Rotary Health Committee.

For your family's sake...



\$6 could save your life

Beat bowel cancer through early detection.

Bowel cancer is the most common form of internal cancer in people aged 40 years and over. There are about 12,000 new cases and 5000 deaths from bowel cancer each year. Early detection of bowel cancer gives you a 90% chance of being cured. Early detection is possible through a simple kit which you use at home. All it costs is \$6. For MAY only, pathology processing of returned kits is FREE.

Supported by
BOWELSCAN Australian Rotary Health

ASK YOUR LOCAL PHARMACIST FOR A ROTARY BOWELSCAN KIT OR LOCATE YOUR NEAREST PARTICIPATING PHARMACIST AT www.manninghamrotaryclub.org

The Bowelscan program is a long running public awareness program.

Bowel cancer is the most common form of internal cancer in people aged 40 years and over. In Australia, there are about 12,000 new cases and 5000 deaths from bowel cancer each year. In District 9810, 4101 kits have been sold with a return rate of 68% and a positive result of 0.85%.

Early detection of bowel cancer gives you a 90% chance of being cured. Early detection is possible through a simple kit, which you can use at home at a cost of \$6.

With the support of Rotary, for May only pathology processing of returned kits is free.

Ian offered the Club an opportunity to take a leadership role in Bowelscan next year, which focuses on the month of May.

Bowelscan also lifts the profile of Rotary in the community.

Chris Tuck

HEADS-UP ON THE CHRISTMAS MARKET

Blackburn Village Christmas Festival - Saturday 10th December



Following the HUGE success of the Christmas Fair last year, the Blackburn Village Chamber will run this event again in 2011 in conjunction with the Forest Hill Rotary Club. Keep the date free.

- Fire tuck rides
- stage show
- visit from Santa and his elves
- two piece band and
- roaming entertainers.

Start collecting your gifts now for the Giving Tree at the front of Woodards in Main Street, Blackburn.

Further details in the next edition of Along the Tracks.

ALONG THE TRACKS - Spring 2011

The Blackburn Village Chamber of Commerce has commenced publicising its Christmas Fair which will be held on the same day as our Market. As we did last year, we will work with the Chamber to coordinate the market and the fair.

SERGEANT'S SESSION

Stan Harper was our Acting Sergeant last week and he played the part beautifully raising \$38.10 for the benefit of the wonderful humanitarian assistance projects funded by the Rotary Foundation.

Stan also displayed for the club his brand new four-wheel drive walking frame. I think we will have to get a bell and a big red flag for the machine to that no one gets accidentally run over!

DISTRICT FOUNDATION SEMINAR

The District Foundation Seminar for the Northern Clusters of District 9810 (which includes us) will be on Wednesday 16 November, 6.00 pm for 6.30 pm at Beau Monde International Hotel, 934 Doncaster Road, Doncaster. Cost is \$25.00 per person with drinks at bar prices.

By 4 November, we must provide an estimate of how many members will attend therefore an attendance sheet will be circulated at our 24 October meeting for members to advise if they will be attending.

Those attending should pay their \$25 to our Foundation Director, Glenys Grant, prior to or on 9 November.

The program for the evening will include brief presentations on a number of aspects of The Rotary Foundation including Polio, Scholarships, Group Study Exchange, Humanitarian Grants, District Simplified Grants, Alumni, Funding, Personal Giving (Centurion Club) and Transition to The Rotary Foundation's Future Vision Plan. The evening will conclude at about 8.45 pm.

Our club will be meeting at Bucatini as usual on Monday 14 November.

HOME HOSTING

The club will be having the first home hosting on Mon 21st Nov. I am looking for members to volunteer to host. The plan will be to have 4 or 5 partners meeting at three homes and then members joining for dessert /cheese, coffee/tea at or before 8pm. This is a club Committees night so could finish a bit early. Please could you email me ronbrooks1@optusnet.com.au or phone 0413-042-043 before Monday 24th Oct so I can announce details at the club meeting that night.

Ron Brooks

CINEMA NIGHT OUT

We are planning our first cinema get together for Friday 4th Nov at Forest Hill Chase. The cost will be \$9.50 per person i.e. \$0.50 cheaper than seniors price. The plan is to meet at 7pm for those who want to eat together or for those who just want coffee or a glass of wine to come a little later.

I will circulate everyone with the film options early in the week and their start times. I will then buy the tickets on Friday morning for those who have replied and hand them out on Fri night in exchange for cash. This should give you the option of 4-6 films to choose from. This has been working successfully at Knox City with RC of Boronia for 5 or 6 years as a few regular attendees from Forest Hill can verify. We hope to see some of our honorary members along. The plan is to make this a regular event (monthly?).

Ron Brooks

ELEVATOR SPEECH CONTRIBUTIONS

We have had two contributions – are there anymore out there?

An elevator speech is a 20 second description of what it is about Rotary that appeals, enthuses and encourages Rotarians in their community service and fellowship activities. It should be succinct but powerful in the message it conveys.

The speech would be given to a prospective member as an encouragement to consider Rotary. How about another contribution or three or four! What it is you like about Rotary, why did you join, what do Rotarians do?

CLUB MEMBER TALKS

Club members can select from the following range of subjects for their talks:

- My 15 seconds of fame!
- What I am most proud of;
- I got a kick out of...;
- My most enjoyable holiday.

The speaker can select whichever of the topics appeals to them.

FOREST HILL'S MEMBERSHIP CHALLENGE

We publish the table below to keep us aware of the challenge.

Membership at the beginning of the year	Current Membership	Change
18	18	-

QUOTE FOR THE WEEK

I don't want to achieve immortality through my work. I want to achieve it through not dying.

Woody Allen

IMPORTANT UPCOMING CLUB AND DISTRICT EVENTS

31 October 2011	Club meeting cancelled - Melbourne Cup
1 November 2011	November is Rotary Foundation Month
4 November 2011	Cinema Night Out
7 November 2011	Club meeting, AGM and annual elections
8 November 2011	New Board to meet and decide Sergeant for next year
11 November 2011	District - Presidents and Assistant Governors Meeting
12 November 2011	Blackburn Craft Market
13 November 2011	Whitehorse Farmers Market
14 November 2011	Club meeting and Board meeting

Please have FOREST HILL FLYER articles to the Editor at djlb91@bigpond.com by **5 pm next Wednesday week** (in Microsoft Word format please)



FUNDRAISING CONCERT

with Melbourne Gospel Choir

**SATURDAY
12 November
8.15pm**

New Hope Baptist Church
Cnr Middleborough
And Springfield Rds
Blackburn North
Melways Ref: 47 H7



"Help Pave The Way For Yea"

Concert proceeds will help build new homes for families affected by the 2009 bushfires

TICKETS

- Adult - \$30.00
- Student/Concession - \$25.00
- Family - \$75.00

(includes light refreshments)

The MELBOURNE GOSPEL CHOIR has performed on television and at televised events, including the AFL Grand Final, Channel 9's Carols By Candlelight, Dancing with the Stars, The Good Friday Appeal and Wesley Mission's Easter Sunday Rise and Shine Service.

The Choir's members include television, theatre and singing professionals. United by their Christian faith they aim to create memorable vocal performances. They have recently released a new CD "Freedom", which will be available for sale at the concert.

Habitat for Humanity — The Yea Heights Estate Development

Habitat for Humanity, Victoria is seeking to help families affected by the worst natural disaster in Victoria's history, the 2009 Black Saturday Bushfires. Habitat for Humanity aims to provide 25 new, safe, decent and affordable homes for families currently in need of a "hand up", at the Yea Heights Estate.


By supporting this concert you are helping to raise the \$5.3 million needed to complete this project.

For any enquiries or group bookings please contact Habitat for Humanity on (03) 9872 3530 or email vic.info@habitat.org.au

Meals on Wheels Volunteer Information Session

Whitehorse Council is currently looking for committed people to join our team of dedicated volunteers to deliver meals to older people and people with disabilities living in the community.


To find out more about becoming a volunteer with Meals on Wheels, come along to our next information session.



**Thursday 10 November
4.30 – 5.30pm**

Nunawading Senior Citizens' Centre
Silver Grove, Nunawading

Light refreshments provided



To register your attendance or for more information, please contact Ann Brien on 9878 9144 or ann.brien@whitehorse.vic.gov.au