



Rotary
Club of Forest Hill



Weekly Newsletter

foresthillrotary@hotmail.com

President Bob Williams



Be a gift to the world

Number 22

30th November 2015

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

PO Box 116, Nunawading 3131

foresthillrotary@hotmail.com

www.foresthillrotary.com

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132

Monday 6.15 for 6.30 pm

ForestHill Rotary

CLUB PROGRAM

<u>Date</u>	<u>Event</u>	<u>Chair</u>	<u>Thanks/meeting report</u>
30 th Nov	LAARS, <i>Leon Moore</i>	Bob Laslett	Bill Marsh
7 th Dec	Bass Coast Challenge Ride	Bob Williams	Stuart Williams
	AGM		
14 th Dec	Rotarian behind the Badge <i>Mike Finke</i>	Warwick Stott	John McPhee
21 st Dec	A Christmas message <i>Rev Kevin Dobson</i>	Bob Laslett	Ray Smith

THIS WEEK'S CELEBRATIONS

None this coming week



DUTY ROSTER

	November	December
Cashier	John McPhee	Warwick Stott
Recorder	Stuart Williams	Ray Smith
Greeter	Chris Tuck	Ron Brooks
Emergency	Glenys Grant	Bill Marsh

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend bringing a guest please contact Ray Smith by 10.00 am MONDAY on 9878 4891 or rcssmith@optusnet.com.au SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST
Any CANCELLATION AFTER 10.00 AM should be made direct with the management of Bucatini Restaurant on 9873 0268

Stan is in Wantirna Health, Mountain Hwy ward East 9. Please go and visit him and have a chat. Plenty of free parking (not on Sunday when there is the weekly car boot sale).

BOB'S BANTER

What a privilege to be President of a club that can organise and run a night as amazing as our **Youth Achievement Awards** night last Monday.

To look around the room when the citations were being read out and see the proud looks on the faces of the parents and the awardees was very special.

Thank you to all the Forest Hill team but especially to Glenys, Ray, Bill and Graham.

Stuart started the evening with another great reflection that set the scene for the night.

Lucy, our guest speaker gave a very clever and insightful address involving every awardee which displayed the enormous amount of preparation she made for her talk.

Thank you Lucy.

We inducted Mike Finke who spoke as if he had been a member for ages. What an asset to our club he will be and deserved his "standing ovation" from the entire room of nearly 60.

The presentations were well handled and the looks of delight on the faces of the recipients were heart warming. So many camera shots from so many proud parents (and grandparents.)

Thank you Robbie and Bob L for doing the breakfasts at Forest Hill College Tuesday.

They made ham and cheese toasties for about 50 students.

I spoke on Interplast at Lilydale club Tuesday night and Barbara accompanied me as well as my mate Hans and his wife Anna who were having a look at how Lilydale club runs. Hans would like to attend another meeting at our club when we resume in January so I'll do that.

We have our usual social BBQ scheduled for the Monday 11th January and Kathy and John Donaghey have invited the club to a BBQ lunch at their Ocean Grove home on Sunday 10th January so I suggest we have this as our social first meeting and not the scheduled one on the 11th and commence back at Bucatini on the 18th January.

As previously advised, Bucatini is having renovations done sometime late January/early February so won't be open for business and Ray is keeping this period speaker free until we know definite dates and our intention when we do have firm dates is to arrange a couple of interclub visits for the period they are closed. More later when Bucatini advises firm dates.

Some outcomes from the Cluster President's breakfast I attended last week were- Box Hill Central International Women's Day planned for 2nd March 2016, Pres Kevin from Box Hill Central also seeks assistance from the cluster to run the annual Anzac Day ceremony attended by 1,000 school children so something we could assist with. Pres Ron from Mitcham advised that they are still looking for a vehicle for the Men's shed to transport elderly/infirm men there and he will keep us informed of progress. Forest Hill contributed \$500 towards the cost.

Nunawading has volunteered to host the District Governor's change over 25 June 2016.

Pres Bruce also seeks support for their Cath Labs project and can supply a guest speaker.

Pres Sarah from Rotaract advised they are working with Taralye towards their transport assistance program and again maybe something we could be involved with.

Don't forget to visit Stan. Details are elsewhere in the newsletter.

I will have another attempt on the 30th to video the 40th birthday speakers. AGM on 7th December.

This week we have Leon Moore telling us about "LAARS"

President Bob

Remember "Be a Gift to the World".

DIARY DATES

Mon	7 th Dec	Club AGM
Sun	10 th Jan	BBQ at Ocean Grove (Kathy & John's home)
Wed	2 nd Mar	International Women's Day (Box Hill Central)
Wed	9 th Mar	Women in Rotary Forum
Sat/Sun	30 th Apr/1 st May	MUNA weekend
Sun	19 th June	Multi District function to farewell Ian Risely (RI Pres '17-'18)

ON TO CONFERENCE-SHEPPARTON

So far, Bob and Barb Williams, Bob and Judy Laslett, Bill and Judy Marsh, Glenys Grant, and I are booked in. **Please email me if there are any more of you out there who would like a room booked.**

On to Conference chairman Stuart

LAST WEEK'S MEETING

Sergeant Stu opened with his weekly reflections. At a time in the world's history when there is a lot of talk about radicalisation, youth who are not engaged with their communities, it is delightful to come together with a group of young people and their parents who are engaged and making a difference.

We as Rotarians, firmly believe that the future of our country lies in the quality of our youth. Being an example to youth and serving youth is an important part of the Rotary experience. Generations of young people have benefitted from Youth Exchange, Youth Leadership Awards, Science Experiences, and Debating and Public Speaking competitions.

Our club also offers Scholarships and encouragement awards to secondary students and TAFE students. We are delighted to partner with schools and parents to develop tomorrow's generation. We as Rotarians, recognise the importance of giving back to the community. We are always striving to find ways to improve the quality of life for people in the community. We believe in the power of **ONE** to change the world, but we as ordinary people proudly wearing the Rotary badge, believe together we can achieve extraordinary things, and have fun doing it.

If Rotary, as the prime driver, manages to eliminate the Polio virus from the world, it will truly change the world forever. Some people spend an entire lifetime wondering if they made a difference in the world. But, Rotarians don't have that problem.

By Sergeant Stuart

Youth Achievement Awards.

On 23/11 at 6.00pm our 12 Families promptly arrived for the 6.30pm start. All were greeted warmly by their host Rotarians. A total of 60 people were in attendance, seated at six tables.

President Bob Williams then introduced the evening, speaking of this award night as a favourite in our Club's event calendar. He added information about the evening and Rotary. He then welcomed Speaker for the evening Lucy Menzies, guests, members and partners Judy Laslett, Judy Marsh, Barbara Williams (who produced all the award certificates) and Kathy Donaghey. Each Rotarian host then introduced their table guests, including the 12 young student recipients of the award:

Ron Brooks introduce Zoe Liew of Blackburn Lake Primary School & mother Vickie Liew. He also introduced Lucy Menzies, our Speaker.

John McPhee introduced Ashleigh Mofitt of Burwood Heights PS, mother Kylie Benedierks & dad Cameron Moffitt. Bob Laslett introduced Livingstone PS nominee Renee Mok and her mother Dr Ling Ming Mok, as well as his wife Judy. John Donaghey introduced Aiden Page from Mt Pleasant Rd PS, with parents Andrea and Wayne Page as well as his wife Kathy. Graham Sharman introduced Jayden Tran from Orchard Grove PS and parents Jenny

Nguyen and Liet Tran. Judy Laslett introduced Jasmine Scott from Parkmore PS and father, Jason Stoltenberg. Pres. Bob Williams introduced Rangeview PS's nominee Lucy Roe and parents Chris and Kiri Roe, as well as his wife Barbara. Chris Tuck introduced Fergus Grant from St Timothy's Primary School and mother Mrs Bobbie Grant, followed by Ray Smith, who introduced Fergus's father Bill Polk and his siblings Juliet and Archie Grant. Stuart Williams introduced Liam Hardachre from Vermont PS & parents Michael and Chris Hardacre. He also introduces guest Mrs Vickie Teese, of Bestchance. Bill Marsh introduced Vermont Sth Special School's nominee Rachel Ovari, mother Jamila Charbel, brother Daniel Ovari, and proud grandparents Stephen and Shirley McKecknie, as well as his wife Judy. Warwick Stott introduced Weeden Heights PS's nominee Sarah Edwards, and her parents Daniel and Cathy Edwards. Michael Finke then introduced Ellie Fincham from Whitehorse PS and parents Shaun and Jane Fincham. He went on to introduce his family-wife Kira and son Spencer.

Dinner was served. Bucatini staff, led by Anne, produced focaccia and delicious meal choices of mains and sweets, all served with minimum disruption to guests.

President Bob Williams then resumed the Chair and introduced Lucy Menzies. Lucy's background is as a teacher, and she is now Parkside Education Officer: Whitehorse City Council, where she

- Develops, co-ordinates, promotes and delivers environmental education programs in line with Curriculum
- Co-ordinates a team of volunteers and their Professional Development
- Develops a calendar of events that supports the Council's sustainability ethos
- Builds partnerships with community groups that support awareness of environmental issues
- Collaborates with Council Departments in the delivery of community education programs and events

Lucy spoke about 'Unsung Heroes', beginning with the definition of a hero. "Everyone has a different idea of what makes a hero. When we want to know what a word means it is best to use a dictionary. Most of us do that online now, which is really good, because it means we get a few different ideas....but this can also make things a bit tricky! Tonight we will explore what heroes are and how we can all 'choose' to be one for someone." ... and later: "Steps to being a hero

1. Take notice of things that aren't fair
2. Start asking, "What is the right thing to do?"
3. Remember - Actions speak louder than words
4. Every step in the right direction helps, even small ones"

She ended with :

"It has been my honour to share tonight with you all. You may not be the smartest, fastest, most musical or good at maths. But that is not what tonight's presentations are about. Tonight you are being recognised for something I think is much more important. Someone at your school has been so impressed by you that they nominated you as an unsung hero. It may have been for your role in helping others or caring for people throughout the year. The way you strive for goals even when things are tough or your positive attitude that inspires others. Tonight I would like to congratulate you. Tonight you are **our heroes!**"



Lucy Menzies



12 unsung heroes

Glenys Grant then gave Lucy a small gift with a vote of thanks, commenting on the wonderful talk. Everyone agreed.

President Bob Williams, assisted by proposer John McPhee and Ron Brooks, then inducted new Club Member Michael Finke, speaking about the club and its history and what membership entailed. Mike was presented with the club insignia. He accepted, commenting on the Club, it's caring members and desire to help the community and how he was proud to be accepted as a member.



Mike Finke



Pres Bob inducting Mike

Ray Smith then spoke of the reason for the Award, why each child is being recognised and the prizes to be given - the framed certificate and \$50.00 voucher for each recipient. Bob Williams then read out the names of each child in school order, Stuart Williams read each inspiring citation while Lucy Menzies presented the awards. Ray Smith took the official photos, which will appear on the website as well as being sent to each school and family. President Bob Williams then closed the evening with thanks to all.

Postscript from a proud mother:

'I just wanted to write to thank you and your team for a really special evening last night. A lot of time, effort and thought went into ensuring that the children were the stars for the night. I absolutely loved that, in that room full of very impressive business and community leaders, amongst people much older and more experienced than her, my little girl, was made to feel so special. Please pass on our appreciation to all of the Rotary members involved, and to Lucy Menzies, her speech was brilliant!'

Submitted by Glenys Grant

HAND BRAKE TURN

Bill and Ron spent an enjoyable day at the recent Zone 8 Institute meeting, manning a “pop up” booth promoting Hand Brake Turn. DG David picked out 4 D9810 projects he wanted to promote to the 21 districts in Zone 8. We were thrilled he picked HBT as one of those four.



PDG Bob, Adele & AG Paul, Bill, Eric Russell (D9500 – DGE Malcolm, Bill & PDG Bob

CHRISTMAS HAMPERS

It is that time of year when we distribute hampers to needy local people. Can you please bring to our meetings over the next few weeks suitable Christmas food items and toys? Use your imagination - possible gifts could include movie gift cards, Kmart and other shopping cards as well as many other ideas. **Contact Bob L. for details.**

FOREST HILL WEBSITE

Have a look, give me some ideas, send me a story to put on, give me some photos, give me some feedback, tell me what is missing. www.foresthillrotary.com

TELL US ABOUT YOUR LATEST HOLIDAY?

Our President Bob has come up with yet another idea! The Newsletter would love to tell it's readers about your latest holiday and/or your holiday plans. His hope is that we can have a regular weekly segment words & photo or two plus a list of what dates you will be away. So whether it's a weekend in Williamstown, a month in Manila, a trip to Tamworth, a holiday in Hanoi, or a cruise to Croatia – let's hear about it.

Ron & Robbie	22 nd Dec to 13 th Jan	South Africa [Cape Town – East London]
Bev & Gary Baltissen	15 th Nov to 9 th Dec	Hong Kong & 19 day cruise back to Oz
Stuart Williams	7 th Dec to 20 th Dec	Khon Kaen (northern Thailand)

So let's hear from you. Tell us where you are going and tell us how the holiday went when you come back..... then give Ron your foreign coins when you return !! EASY.

OUT AND ABOUT IN MELBOURNE

[I would love to receive reports from any readers of visits to exhibitions, cinema, theatre, ballet, days out in the country – I promise they will be published to give ideas where others might like to go].

THE ELIXIR OF LOVE

Robbie and Ron went to the State Theatre this week to see this "Italian opera meets the Australian Outback". Donizetti's tongue in cheek, heart on your sleeve tale of a shy boy and a bold girl. Opera Australia have reset the action in an Australian country town

around 1915 this comic opera was a good laugh and amazing scenery. Adina, a squatter's daughter wants to play the field before settling down. Nemorino, the lovesick labourer reads romantic poetry in his spare time. Belcore, the English officer fancies having a young lady on his arm. Dulcamara, wants to solve everyone's problem alcohoolically (well with a potion) & was hilarious. Try the following to the tune "Waltzing Matilda"

*Once a jolly doctor, rode into a country town
Handing out pills, and potions for a fee
And he sang as the soldiers and gentle folk or gathered round
Who'll come a wooing Adina with me?*

Submitted by Ron Brooks

DAYS FOR GIRLS

Days for Girls is a grass roots charity that has a network of Teams and Chapters around the world that make and raise funds to provide sanitary hygiene kits. (You may remember the talk on providing toilets for school children at the annual conference in which one added benefit was that if teenage girls have a toilet to go to they don't miss one week a month). Over 100,000 kits have been given out in over 75 countries. These kits are washable and reusable lasting up to three years.

How can you help?

- you can sew,
- you can do non sewing tasks,
- you can donate fabric,
- you can contact margaret dccunningham@gmail.com
- you can visit www.daysforgirls.org

Ron Brooks

UNICEF FOREIGN COIN COLLECTION

I am picking up a large bag foreign coins and notes from RC of Manningham on Monday at their Rotary meeting to add to the District collection. So the \$4,700 worth of foreign coins and notes already donated to UNICEF will be bigger by the end of DG David's very successful year. Turn that scrap metal hiding in the back of a drawer somewhere (?) into supporting underprivileged, undernourished kids. Can you believe it? \$4,700 that was taking up space in the back of a drawer!!! So, please, everyone give Rotary those coins and we will pass it on to UNICEF.



Ron Brooks

STAMPS

Even if you only get a few stamps a week, collect them and give them to me. It's a no cost project. Just cut around the stamp by about 1 cm and pop it in a spare used envelope and bring them along to me on club night. Robbie collected some stamps today from Carol Fricke. Thanks Carol.



Rotary started collecting used stamps in 1991 and since then the stamps have been sold for **\$93,212**. In the last 5 years the money raised has been donated as follows

2010/2011---- \$5287.00----Sight for Sore Eyes- Fred Hollows F. (211 eyes)

2011/2012---- \$5036.80----Bio Sand Filters, clean water for village in Honduras.
 2012/1013---- \$6280.80----Cathy Freeman Foundation for Indigenous Youth.
 2013/2014---- \$7091.00--- Water Pumps for Moradabad Village, India.
 2014/2015----\$6381.00-----50% to Fred H.F. & 50% to the Koorie Academy

This year the money raised from the stamps will go to **ROMAC. Rotary Oceania Medical Aid for Children.** In remote villages and islands across our region there are hundreds of children born with complex deformities and medical problems, and consequently little expectation of a normal life. Through the care and compassion of our surgeons and their teams here, often donating many hours of their time and skill, these children are given a second chance.

ROMAC succeeds with minimal overheads, no office, no paid staff and ensures that every single dollar raised is used to change and save the lives of fragile children, one child, one family at a time.

Pres Bob will be delivering 2.3kg of trimmed stamps to district this week at the President's meeting. So keep giving me the stamps.

From little things BIG things DO grow !!

Ron Brooks

PERIDOT THEATRE FELLOWSHIP NIGHT FRI 27th NOV

Peridot Theatre's final play for the year is THE GOD OF CARNAGE, a comedy about what happens when two sets of parents get together to discuss the unruly behaviour of their children who fight at school. Our club is going on Fri 27th Nov as part of the Fellowship programme

DON HULLAND

Don is now permanently in a nursing home and he told me that Vic Roads have taken his driving licence off him because he is a diabetic and so he cannot drive. He is in Kellock Lodge, 15 Bon Street, Alexandra 3714, and his mobile number is **0409 530 435**. Please give him a call as he misses our fellowship.

CHANUKAH

This is the Jewish Festival of Lights and starts on Sunday night 6th Dec. It commemorates a victory of a small band of Jews in their battle against King Antioch in 165BC. This Maccabean uprising was the first time ever that Jews resorted to arms to preserve their religious liberties. They returned to Jerusalem to rededicate the desecrated Temple but when they wanted to relight the oil lamps they found all the oil contaminated apart from one container of consecrated oil still sealed. It was just enough oil to burn for one day but amazingly it lasted 8 days, enough time for the high priests to cleanse the Temple and prepare more oil.

This miracle is symbolized in Jewish homes today by the lighting of eight lights, either candles or oil lamps starting with one on the first night and two on the second etc until on the last night all 8 are lit. Generally a nine branched candelabra called a menorah is used with the centre light being used to light the others each night.

The food eaten is generally deep fried in oil ie grated potato fritters (called latkes), jam filled doughnuts, chicken deep fried in batter. An old Russian Jewish custom is to pour brandy over a sugar cube and set it alight then drop it into a glass of tea to celebrate the burning light.

Another custom is to eat dairy food (like cheesecake, cheese blintzes, sour cream) to remember Judith who saved her city in Judea by giving her enemy Holofernes (who was in love with her) salty cheese. He drank so much wine to quench his thirst that he fell down drunk whereupon she pulled out his sword and cut off his head.

ROTARY MONTHLY THEMES

November	Rotary Foundation
December	Disease Prevention and Treatment
January	Vocational Service
February	Peace and Conflict Prevention/Resolution
March	Water and Sanitation
April	Maternal and Child Health
May	Youth Services
June	Rotary Fellowships

INTERPLAST REPORT

Thanks to those Clubs and persons in D9810 who donated to Interplast in 2014/15- nearly **\$39,000**. Forest Hill gave \$550 last year and \$500 this year.

Our District is using those funds, combined with funds from an Australian private donor (with business interests in Laos who is keen to assist) to contribute to the cost of a **two week surgical program in Vientiane, Laos** which will occur in **February 2016**. It will consist of a team of **7 volunteers** - 2 surgeons, 2 anaesthetists and 3 nurses to deliver this two week program of **free** plastic and reconstructive surgery and training.

CLUB OFFICERS & COMMITTEES

	2015-16
President	Bob Williams
Vice President	Stuart Williams
Secretary	Ron Brooks
Treasurer	Warwick Stott
President Elect	John McPhee
Sergeant	Stuart Williams
Foundation/International	Chris Tuck
Members	John Donaghey, Stan Harper,
Youth Service	Glenys Grant
Members	Ray Smith, Bill Marsh, Graham Sharman
Community & Vocation	Bob Laslett
Members	Stuart Williams, Gary Baltissen, Ron Brooks
Membership & Publicity	John McPhee
Members	Warwick Stott, Bob Williams,
Fellowship	John Donaghey
Primary Schools Speech Night	Bob Williams
Programme	Ray Smith, Gary Baltissen
Bulletin Editor	Ron Brooks
Web page & Facebook	Ron Brooks
On to Conference	Stuart Williams
Historian	Stan Harper
Almoner	Graham Sharman
Public Officer	Bill Marsh

Newsletter articles to the editor at ronbrooks1942@gmail.com by 5 pm Wed Please email me or ring if you want to be removed from the circulation list.