



FOREST HILL HAPPENINGS

No. 02

President: John Bindon

9 July 2021

MOVING FORWARD



Congratulations to Warwick Stott and Stuart Williams on receiving another Sapphire to their “Paul Harris Fellows” awards. A “Paul Harris” is the highest award given by clubs for outstanding service to the club. It is also awarded by Rotary International in recognition of donations to the Rotary Foundation.

I feel it is a privilege and honour to be the President of the Rotary Club of Forest Hill, as this Club has provided a wonderful service to the community and Rotary International projects.

Australia’s COVID – 19 restrictions are changing by the day; I only hope that we can get through the year without cancelling meetings or activities.

I look forward to working with the Board and Committees and I thank each one of them for their cooperation and support. I was incredibly pleased that Ron Brooks agreed to continue as the program coordinator as he has proven, over the years, his ability to put together a particularly good program for all of us to enjoy.

Thank you, Barbara Williams, for so capably taking over some of the duties carried out by our late member Ray Smith.

Also, to Glenys Grant for her enthusiasm in entering a new mission with environment, as she also continues with the Youth Portfolio.

I have noticed that this club has several quiet achievers, where they get on and do their job, and they are the ones who are keeping this club going.

Our number one objective this year is to improve our membership numbers and therefore I repeat my statement, that I would like to see three new members in the club by December. Let us all work together to achieve this objective.

John Bindon

President.

CONGRATULATIONS

Congratulations to Glenys Grant on becoming a member of ESRAG ANZPI (Environment Sustainability Rotarian Action Group, Australia, New Zealand and Pacific Islands Regional Chapter).

Glenys Grant is a Foundation Member of ESRAG in this first year of Rotary International recognizing the new area of focus – supporting our Environment.

Note: Stuart will be liaising with Bucatini. Please contact him for dinner meeting attendance and visitors.

MEETING REPORT

John Bindon opened his first meeting as President with toasts to Rotary International and Australia. His opening slide indicated the race we have before us as we set out from the starting blocks. He congratulated last week's PHF sapphire recipients Stuart and Warwick, also, Ron B, Barb W, Glenys G and the quiet achievers in the club. His goal is 3 new members by December.

Weekly reports

Farmers' Market- 3 required this Sunday

Secretary- notice re district mergers

Community- rice meal

Fellowship- film night-16 July

Blackburn Market- this Saturday

Meeting

President John began the forum outlining for this year the structure of the 2021-2022 Board

- President: John Bindon:
- *Club Executive:*
- Vice President: Bill Marsh
- Secretary: Stuart Williams.
- Treasurer: Warwick Stott.
- Immediate Past President: Suzanne Ballard.
- *Club Directors:*
- Vocational Service: Barbara Searle.
- International Service & Rotary Foundation: Bob Laslett.
- Community Service: John Bindon.
- Youth Service: Glenys Grant.
- Environment Committee: Glenys Grant.

and the chart of positions shown below.

Program & Speaker Seeker. Ron Brooks:	Public Relations: Ron Brooks, Stuart Williams, Bill Marsh.	Front Desk and Property: Barbara Williams.	Attendance and liaison with Bucatini: Barbara Williams, Stuart Williams.	Membership & New Members: Warwick Stott, Sue Ballard, John Bindon.
Sergeant at Arms: Bob Williams.	Youth Protection Officer. Barbara Williams.	Social Media and Web. Ron Brooks, Stuart Williams, Bill Marsh.	Speakers Competition: Glenys Grant.	Breakfast Club: Bob Laslett, and Barbara Williams.
Club Bulletin: Bill Marsh	RYDA: Bob Williams.	Blackburn Craft Market co-ordinator. John McPhee, Bob Williams.	Whitehorse Farmers Market co-ordinator: Warwick Stott.	Club photographer Glenys Grant/Barbara Williams

There was extensive discussion about the Blackburn Arts and Craft Market. It was decided to continue with the sausage sizzle for 3 months while alternatives are sought. President John suggested contacting the Avenue Uniting church re publicity for the market. An information point was vital.

Membership is a key part of John's plan and he raised a number of important points including setting aside one night a month to review membership & invite potential members, as a guest.

Publication of club activities in the Burwood Bulletin and school newsletters were commended and John proposed a number of ideas for promoting the club's image in the local community. Pride of Workmanship awards will be followed up.

Clarification of responsibilities for raffles, meeting agendas and nightly duties was established.

The DG's visit is on 9 August.

Bob Laslett

July is Literacy Month (and the start of the new Rotary Year)

While COVID may be impacting many Fellowship activities, remember to check in with family and friends on a regular basis. A friendly face or a supportive word is always appreciated, especially when times are difficult. Get vaccinated so we can all 'get about' again.

NEXT MEETING

12th July - Bob Bramble 'Producing Theatre from Script to Stage'

Note: Board Meeting to follow our Club Meeting.

COMING UP

19th July - Lesley Thomas 'Finding Fabulous Over 60'
26th July - Leila Ragg 'Mitcham Community House'

CLUB MEETING ROSTER - JULY

Date	Chairperson	Greeter	Vote of Thanks	Newsletter Report	Recorder	Cashier
12th	Ron Brooks	John McPhee	Stuart Williams	Bob Williams	Barbara Williams	Bob Laslett
19th	Bill Marsh	Bob Laslett	Warwick Stott	John McPhee	Barbara Williams	Barbara Searle
26th	Barbara Searle	John Bindon	Bob Williams	Glenys Grant	Barbara Williams	Stuart Williams

CELEBRATIONS



Congratulations to Sue Ballard who is still celebrating the completion of her year as President and tomorrow she celebrates joining Rotary in 2017. Well done, Sue.



SECRETARY'S SCRIBBLE

9 August is locked in for DG visit.

RI has determined to merge District 9810 and 9820 on July 1, 2024 unless we can grow our numbers to over 1,100.

There will be a Board Meeting after our 12 July club meeting.

Please contact STUART WILLIAMS by 8pm on the Sunday night before our meeting with visitor numbers or if you will be an apology.

John McPhee will be an apology for the next 4 weeks.

Stuart

FEEDBACK

It is always nice to receive some positive feedback about programs. This is especially so since COVID has impacted our Youth programs so severely. Congratulations to Bob Williams for his production of the videos for each recipient and Glenys and her team for ensuring that the program has continued, even if in a modified format.

Hi Glenys,

Thank you so much for taking the time to drop off Madilyn's Rotary Youth Citizenship Award. We watched the video together and Madilyn is very proud to be a recipient. Madilyn doesn't usually seek out praise or recognition so Diana and I are so excited for her to be recognised as an exemplary citizen in her school and community.

Thank you again, and also to the Forest Hill Rotarians for supporting the youth in our community.

Sincerely,

Diana, Madilyn and Alex Booth



SPROUTINGS

This week we are again on the hunt for a bird which should be found around this area, but isn't. If you have seen this small but beautiful male Mistletoe bird, or his mate, please let us know. We really hope they are still around here somewhere.



These wonderful photos are again contributed by Ian Moodie.

Male **Mistletoes** are striking – they have black glossy heads, a short bill and tail, and a beautiful red chest with a white belly. They are stockier than the female, who has a grey back and head and a white belly. They are swift, erratic flyers and fly high above the tree canopy. What do they eat? Mistletoe berries of course!

Whitehorse Water Management Strategy. Millie Wells, Co-ordinator, Strategy and Environmental Planning, Whitehorse, sent us the following information:

Whitehorse is developing a strategy in collaboration with Melbourne Water and Yarra Valley Water to manage and address all elements in the urban water cycle. The main aims are to begin transitioning towards a [water sensitive city](#), to build urban resilience and to adapt to climate change:

This includes improving how best to manage:

- creeks, waterways and wetlands,
- stormwater, flooding and drainage
- irrigation of parks and gardens
- alternative water sources

For information on the urban water cycle and resilience and to discover how water management is linked to climate change, see [Whitehorse Water Management Strategy](#).

Online survey – all things water. Open until July 21.

Council is asking you to please spend a few minutes completing this online survey. The feedback from the survey will help shape and prioritise the strategy. <https://yoursay.whitehorse.vic.gov.au/waterstrategy>

Photo competition – Water. Millie writes

'To complement the survey, we are running a photo competition to showcase what our community values about water in Whitehorse. Four lucky winners will win a \$100 voucher for the [Acre Farm Eatery](#) at the Burwood Brickworks shopping complex. If you have any relevant photos of the creeks and wetlands, or anything water (rainfall, irrigation, drinking water etc..) in Whitehorse please enter.'

<https://yoursay.whitehorse.vic.gov.au/waterstrategy/brainstormers/photo-competition-2>

Ground temperatures hit 118 degrees in the Arctic Circle

Newly published satellite imagery shows the ground temperature in at least one location in Siberia topped 48 degrees Celsius on the year's longest day. It's a hot Siberian Earth summer, and it certainly won't be the last.

Read in Gizmodo: <https://apple.news/ATrZRUHlaSq6itZ5UpQUWFg> Shared from [Apple News](#)

More enviro news from Whitehorse Council.

Council is one of 46 Victorian Councils to sign on to VECO, Australia's largest ever emissions reduction project by local government



'VECO, [the Victorian Energy Collaboration](#), will provide 45 per cent of all Victorian Councils' electricity requirements with 100 per cent renewables, reducing greenhouse emissions by 260,000 tonnes of CO₂-e every year. Provided by Red Energy (Snowy Hydro owned), the 240GWh of clean power is equivalent to powering 48,000 homes with renewables or removing the emissions from 90,000 cars every year

This ground-breaking project will allow Council to source renewable energy generated right here from two Victorian wind farms, benefitting the environment and the economy both locally and regionally.

By joining this project, Council will power six of its Council and community buildings commencing 1st July 2021, over a period of 9.5 years. VECO is expected to reduce Council's greenhouse gas emissions by 22% from 2019/20 levels, and supports Council's continued efforts to reduce its impact on climate change and become resource efficient in its operations.'

For more information, visit or www.vec0.org.au

[Join us on National Tree Day, Sunday August 1, to plant seedlings to regenerate the flora around the Gardiners Creek Trail in Burwood.](#)

'Gardiner's Creek is a significant waterway in Whitehorse and the wider Eastern region, as it is the head waters which lead into our iconic Yarra River. Approximately 3,000 plants will be planted as part of this event to add to the local flora.' If you are interested in participating, check out details at <https://treeday.planetark.org/site/10025017>

Finally, one of our wonderful enviro conscious members who picks up litter on daily walks has inspired our new President John to do the same. Thank you both – it might seem such a small thing to do- BUT- if everyone did it- imagine how litter free our beautiful natural environment would be!

That's all Folks, *Glenys*

Scan Me!!



RCFH BLACKBURN STATION CRAFT MARKET – TRADER OF THE MONTH

"An incredible read! A hugely inspirational story of transformation"
- Sue Stone - UK Author, Secret Millionaire and Inspirational Speaker

Are you struggling with an addiction or an unhappy relationship?
Are you sick and tired of yo-yo dieting and trying to lose weight?
In her darkest moments, Lesley Thomas prayed to a Power greater than herself for help. Even though the road was rocky, she based her recovery, weight loss, fitness, and absolutely brilliant sense of wellbeing on those prayers being answered and her path being guided.
Lesley shares with you her story: the highs and lows, the ups and downs, and everything in between.
It is a story of hope.
Hope for a better life, for more acceptance and understanding, for better relationships and a sober life.
Lesley also shares her miraculous healings and how, at 67, she has lost weight and become fitter, stronger, healthier, and happier than at any other time in her life.
No matter the darkness that you might be feeling right now, this must-read book will show you the way into the light.

FINDING FABULOUS OVER 60
LESLEY THOMAS

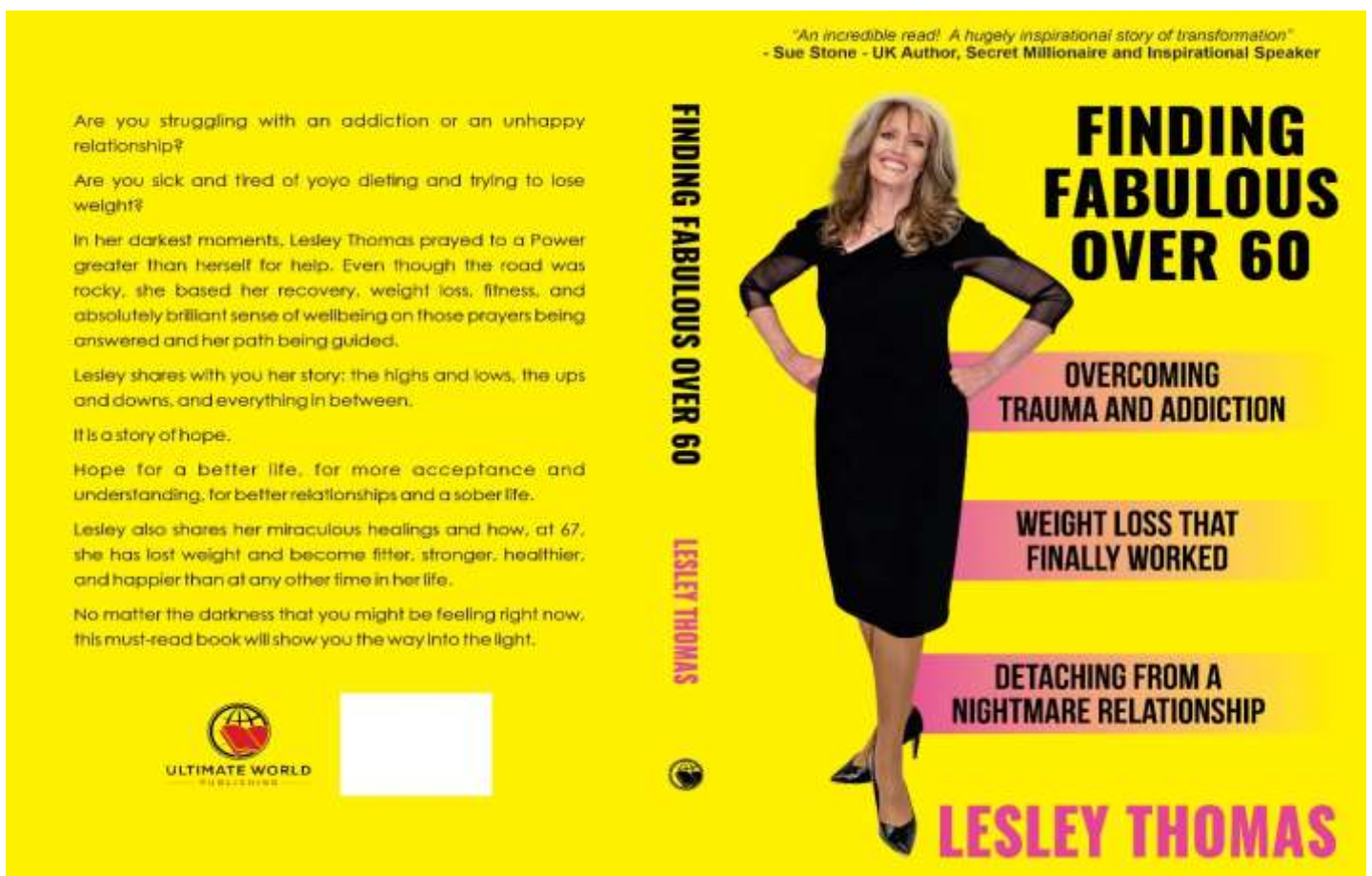
FINDING FABULOUS OVER 60

OVERCOMING TRAUMA AND ADDICTION

WEIGHT LOSS THAT FINALLY WORKED

DETACHING FROM A NIGHTMARE RELATIONSHIP

LESLEY THOMAS



*It's real, it's raw, it's gutsy, it's transformational
You will laugh and cry..... and not put it down
Through her journey Lesley has learnt and conveys with clarity the skills and tools she uses to give up her addiction, lose weight, and leave a very dysfunctional relationship.*

Find out more at www.lesleyrondathomas.com