



President: John McPhee

Number 3

18 July 2016

Club address:

PO Box 116, Nunawading 3131

Email address:

foresthillrotary1975@gmail.com

Website:

www.foresthillrotary.com

Meeting location:

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Meeting time:

Monday 6.15 for 6.30 pm

Facebook:

Forest Hill Rotary

CLUB PROGRAM

Date	Event	Chair	Thanks/ Meeting report
18 July	Seoul World Convention 2016 <i>Stuart Williams</i>	Board Chris Tuck	Chris Tuck
25 July	Colon Cancer :Things you should know <i>Frank Chen</i>	Stuart Williams	Bill Marsh
1 August	Behind the Badge <i>Nancy Notman</i>	Bill Marsh	Mike Finke

THIS WEEKS CELEBRATIONS

Only the football winners this week

DUTY ROSTER

	July	August
Cashier	Ron Brooks	Stuart Williams
Recorder	Bob Williams	Glenys Grant
Greeter	Glenys Grant	Gary Baltissen
Emergency	Graham Sharman	Bob Williams

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend bringing a guest please contact Ray Smith by 10.00 am MONDAY on 9878 4891 or rcssmith@optusnet.com.au SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of Bucatini Restaurant on 9873 0268

DON HULLAND

Don is in Kellock Lodge, 15 Bon Street, Alexandra 3714, and his mobile number is **0409**

530 435. Please give him a call or phone the office 5770-2100 and ask for Don.

JOHN'S JOTTINGS



The meeting commenced with 15 in attendance, with Glenys joining later, and it was a pleasure to see Warwick back after his stint in hospital. Thanks Chris for being his chauffeur and enabling Warwick to attend. We also welcomed partners, Chris and Barbara, along with honorary member Kevin Grigsby and visitor Bun, plus our guest speaker Kartik Iyer. Sergeant Bob commenced the meeting with a reflection and toasts to our country and Rotary International before handing over to Pres John. Our contract to the Blackburn Station Level Crossing authority for the Friday Sausage sizzle was a great success with us handing out 600 sausages plus 50 veggie burgers to the travelling public between 3.00pm and 6.00pm. A terrific team effort, and thanks to Bob & Barb, Ray, Ron, Hans, Stuart & Bun and Glenys, whilst we enjoyed the fellowship and constant banter from the serviette and bread handler. A profitable fundraiser and fellowship venture. Members were reminded that tonight we have committee meetings and board meeting next week, with other comments being administrative only. Graham Sharman remains in rehab at Donvale. Guest speaker was Dr Kartik Iyer, a well-qualified Audiologist with Bay Audio, where he is the clinical team leader and Sate Manager for the Bay Group, a New Zealand based company. Kartik spoke extensively on hearing loss & its affects, trends, and associated aids that assist persons to enjoy normal day to day living. The effectiveness of his talk led to a keen and informative question time. Kartik was thanked by Bob Williams. Next weeks meeting we will hear from Stuart Williams on his attendance to the recent Soul Convention. Board reports to the Secretary no later than next Friday , and the meeting closed with the thought for the week. " The art of conversation is the art of hearing ,as well as being heard."

John

LAST WEEK'S MEETING



We had 17 for the meal of pizzas and pasta which is always a nice change, with Glenys arriving later. Along with our 13 members we had our guest speaker, Dr Kartik Iyer, Bum, Chris (who brought Warwick-fantastic to see him back) and Barbara. John was our stand in chair with Glenys having prior commitments and Ray was our stand in cashier as with our cashier and laptop provider, Ron being an apology and me being the other one on the desk, having to set up my laptop, as usual Mr Everything stepped in and all went smoothly. From reports, the Blackburn station bbq went well (report later in this edition), we heard that John and Kathy's grandson is seriously ill so our thoughts are with them. Bob L spoke of the upcoming membership seminar, Chris, Warwick and Stuart advised of committee meetings and Stuart also spoke about the all important footy tipping ladder placings with Cyril Yardin still on top. Warwick reminded us that we need to look for any fund raising opportunities as our share of the WFM was down about \$600 during the year. Sergeant Bob provided the best fines session since the one last week and raised \$38-40. Bill reminded us of the ongoing choccy raffle which will be drawn (again) in a few weeks. Our guest speaker Dr Kartik Iyer from Bay Audio, where Nancy works, was wonderful, leading us through the various issues associated with hearing loss. Audiologists test, identify and treat hearing loss and balance. New born babies are screened with a simple pass/fail measure and Kartik thought that those that failed may be as high as 20% of all tested. Hearing affects speaking as our club knows from its long association with Taralye and it's great that Jenny Tuck works there. Nancy left certificates for each of us entitling us to a free hearing assessment at any Bay audio clinic, including the Forest Hill one where she works. As well as testing hearing they also assist with tinnitus issues which often require counselling. Kartik spoke of Professor Graeme Clark and his work developing cochlear implants and again Graeme's work is well known at Taralye. As hearing loss can be due to your occupation, loud music, power tools etc we all need to be mindful to take precautions against excessive noise and as Stuart pointed out in question time, so many of us old rockers damaged our hearing in our teenage years attending the many loud concerts. Kartik told us that over 3.5 million Aussies over 15 have some hearing loss and half of these are under 65, so wide spread. Two thirds of all over 65's have hearing loss (and I know several in our club in that category) The outer ear issues can be wax and foreign objects affecting hearing, middle ear can be eardrum perforation, glue ear or infection and inner ear issues can be noise, disease, medication, trauma or tumours. Hearing loss affects people differently with common issues being hard to hear in a group (restaurant etc) hard to hear your wife? (thanks for that observation Kartik) grandchildren hard to hear, background noises, with consequences being fatigue, anxiety and irritability. Hearing aids have come a long way since the ear trumpet days and now are very small, very effective and hard to even notice. Costs range from \$3,000 to \$12,000 with a subsidy if you are eligible. Kartik advised to get the best one suited to your needs or otherwise they may wind up sitting in your drawer being wasted. Thank you Kartik for a very easy to understand address and for your kind words about Rotary. Hans has kindly taken up the offer by Ray to be our club photographer and took several photos of Kartik so thank you Hans.

Bob W

DIARY DATES

Friday 22 July District Membership Seminar

Thursday 15 September Primary Schools Public Speaking Contest

SERGEANT'S REFLECTIONS

With tonight's speaker to tell us about Hearing Impairment and its effects I recalled my time working at Taralye School for Hearing Impaired Children which is an organisation we still support and even have one of our partners, Jenny Tuck working there.

On their website I read the story of a mother whose child Jaimie was undergoing her second Cochlear Implant and their world of hearing aids and cochlear implants and I remembered the stories I was told when I was there of the amazing difference hearing makes to people, in these cases to small children.

This mum sewed headbands and bandanas for her daughter to wear, firstly over her hearing aids and then over her implants when she received these which made her daughter more confident with the devices. Other parents then asked her to make them for their children as not only were they colourful but practical, particularly as the child could play sport without the risk of the hearing aid or processor coming off.

A little boy called Hamish whose mum had received a bandana for him made by Jamie's mum, couldn't get Hamish to wear it as he was having a hard time adjusting to having the implant and was miserable. Hamish went to Daycare, was difficult and a loner there, but the staff understood his problem and so they ordered bandanas from Jaimie's mum and the next day when Hamish came all the staff and all the other

kids were wearing bandanas. As the day progressed Hamish not only wore his bandana but happily played with the other kids.

Jamie's mum was told of this which brought her to tears

Bob W

VISIT TO OUR TWO 'DICKY KNEE' MEMBERS



Last Wednesday Ron, Ray, Barbara and I visited our two members recovering from knee replacement surgery at Donvale Rehab.

We spent some time with Warwick and were pleasantly surprised at how good he looked and how much walking he was doing so soon after his very complicated knee operation. He expected to be able to go home on the following Saturday and even get to our meeting on the Monday night (which he did).

He deservedly has received a Paul Harris Fellow with three sapphires which I was able to present to him and that put a smile on his face.

You're a bionic marvel Warwick.

Next we saw Graham Sharman who wasn't as progressed as Warwick and still suffering some pain but again looked pretty good and he was in good spirits with our visit. We presented him with his Annual Report, District Directory and NO BULL prize for -

"Graham is a fisherman and so can't get his arms wide enough to describe the one that got away story he always tells and so he wins the "UN BELIEVE A BULL Prize"

Graham hoped to go home in a week or so from our visit, so that would be a good outcome.

Keep both of our recovering "dicky knee" members in your thoughts.

Bob W

ROMAC NEWS

Lifesaving work by the ROMAC team (which includes our Glenys) has seen Anton go home after 7 months in Australia.



Monash dash saves East Timor boy

Anton's big flight

BRIGID O'CONNELL

EAST Timorese toddler Anton appeared doomed to die of a gargantuan kidney tumour — until doctors and Rotary stepped in.

Now, the two-year-old has been given the all-clear — despite a twist to his diagnosis that turned what should have been a routine operation into a six-month battle to save his life.

Doctors in Dili had told Teretoriano Antonio Da Silva's parents to take him back to their home in the mountains to die.

They could do nothing



Anton has the all-clear; (inset) he unwraps a gift from Monash Children's Cancer Centre staff. Pictures: JASON

FOREST HILL COLLEGE BREAKFAST ROSTER

- 19 July Robbie Hans
- 26 July Robbie Bob L
- 2 Aug Robbie Glenys
- 9 Aug Robbie Kevin

ROTARY MONTHLY THEMES

- July New Year of Service (Rotary Awareness)
- August Membership

BLACKBURN STATION SAUSAGE SIZZLE



Further to our successful egg and bacon bbq at Heatherdale Station the previous week, we were also asked by Kate, who is the Customer Communications Advisor for the Level Crossing Removal project, to run a sausage sizzle on Friday 8th July 3-30pm to 6-30pm on the North side of Blackburn station near the underpass entrance/exit.

Kate had expertly estimated we provide for 300 egg and bacon sandwiches for Heatherdale which was accurate and this time she estimated 600 sausages with these again to be free to the commuters. This meant ordering 50 kgs of sausages, 40 loaves of bread, a pile of onions which Ray had thankfully peeled

and prepared for slicing and 50 veggie burgers, so again Kate's estimating skills were put to the test and again she passed. We all got there at 3pm to start setting up as I had to take off the trailer as the park space at the station entrance was limited. The tent was quickly erected and cooking started 3-15 or so and we cooked the last of our sausages and onions at 6pm and were packed up and gone by 6-30pm with none of us going to have sausages and onions for tea that night. John was going to enjoy a wine (or three) later on though, as did I.

Again we worked as a great team with everyone having a job and linking in with the rest of the team. Stuart cooked the snaggers, Ray the onions, John took them off to put in the bread on a serviette that Hans had received from Ron and Hans then put onions on most, leaving some without and I put them into paper bags with a separate pile for no onion ones. Bum was our ace onion slicer, Barbara kept up the supply of sausages and onions to the bbq and bread, serviettes and bags to the others while Glenys cooked the veggie burgers. If we got a few sausages in bags ahead I'd take them to Kate who was giving them out at the underpass exit but usually we couldn't quite keep up with demand and gave away most straight from our serving table. Kate was telling commuters that the cooking was being done by Rotary and we had our signage on display as well. Also, with Stuart's urging, we had many contribute a donation so we ended up with \$42-40 in donations plus so many thankyou's. Very tiring but very satisfying that we set ourselves quite a challenge to cook the 600 in 3 hours and thankfully John kept a tight watch making sure that each sausage was cooked sufficiently.

Thank you to all concerned and to Kate for giving us the opportunity to not only earn some much needed income, particularly as we cancelled the July market due to the construction going on, but also to display our Rotary name and associate it with the work we do for our income to donate back into our local and wider community.

I am continually proud with what our small club achieves.

Bob W

OUT AND ABOUT

Stuart and I took Bum (wearing, of course a Geelong scarf) to the Blues v Crows game at the MCG on Sunday and she passed the "eating a pie at the footy without spilling it all over you" test.

We showed her the MCC museum before the pie and the game and I was talking to one of the MCC guides who told me about his getting over bowel cancer not long ago. I said that my Rotary club provides bowel cancer kits to our local chemists for people to use and it was through obtaining one at his local chemist that he was diagnosed early and is clear now. He didn't know if the kit was provided by his local Rotary club but thought it probably was. Great project.

To the game, and Bum got involved with barracking and had Stuart trying to tell her the finer points of the game. Not too cold and as we were under cover the light rain didn't worry us.

Another cultural event for Bum!

Bob W

Ed's note- I think we had better allow Bob and Barb a week off after their sterling efforts

CLUB OFFICERS & COMMITTEES 2016-17

NOTE Members with an asterisk are Board members

President	John McPhee*
Vice President	Bill Marsh *
Secretary	Bob Laslett *
Minute secretaries	Mike Finke/ Hans Eecen
Treasurer	Warwick Stott *
President Elect	Bill Marsh
Sergeant	Bob Williams*
Foundation/International	Stuart Williams*
Members	John Donaghey, Mike Finke, Graham Sharman
Youth Service	Glenys Grant*
Members	Ray Smith, Ron Brooks, Nancy Notman
Community & Vocation	Chris Tuck*
Members	Bob Laslett, Gary Baltissen, Hans Eecen
Membership & Publicity	Warwick Stott
Members	John McPhee, Bill Marsh
Fellowship	Hans Eecen
Program	Ron Brooks
Bulletin Editor	Bob Laslett
Web page	Ron Brooks
On to Conference & Facebook	Stuart Williams
Public Officer	Bob Laslett

Newsletter articles to the editor at rlaslett76@gmail.com by 5 pm Wed. Please email me or ring if you want to be removed from the circulation list.