



FOREST HILL HAPPENINGS

No. 40

President: John Bindon

01 June 2022

MOVING FORWARD



WELCOME TO WINTER!!! (Only 91 days 'til Spring.)

President John sends his Best Wishes to everyone.

He is comfortably installed in the Donvale Rehabilitation Hospital and will be calling his little room 'home' until the 10th June.

John looks forward each day to the prodding and poking by physios, occupational therapists and various other medicos as they all work to get him back on his feet and back to us all.

You can contact John on his mobile, via his email or through the hospital – 9841 1400. If you plan to visit him, please check with the hospital first to ensure he is not in a therapy session.

Notes from this week:

On Monday we enjoyed a dinner with partners at Bucatini Restaurant. A most enjoyable social night.

Thanks to Barb W for arranging the bookings and Chris S for making the money add up when it came to paying for the evening.

Glenys, Sue and Barb have put the finishing touches to a display at the Whitehorse Library – Nunawading. If you are in the area pop in and have a look at their work. The display will be at the library for a month and we then hope to take it 'on tour' to a number of shopping centres.

Another very successful RYDA day was held on Monday. This is a great program that goes from strength to strength while making our teenagers safer and better drivers in the future. Many thanks to the members, led by Bob W, who have been involved.

After a long break, due to COVID, we are gearing up to resuming our 'breakfasts' at Forest Hill College. Anyone interested in helping with this program should contact Bob Laslett.

Bill



RYDA 30 May at Sandown Greyhound track.

We had Sue, Bob L(B1), Glenys, Anna, Hans, and me helping out and as the weather forecast was a bit grim, birthday boy (as we found out later) Anton chose to not erect the marquee, so we helped set up the speed and stopping equipment on the roadway and the inside banners etc.

There were three schools attending, Ashwood High which B1 led around, Emerson school in two groups with Anna and Hans and Glenys observing. Sue and I led around Alkira College in their two groups.

Anton had advised that there would be representatives from two of RYDA sponsors, Toyota and Bridgestone as Bridgestone was presenting an award to Emerson for their wonderful support of RYDA over many years for their special needs students, many of whom would never be able to drive a vehicle. This presentation took place at the start of lunch with the school principal and selected students accepting the award. Anton's boss, John Elliott from Sydney also attended and saw what a wonderful job Anton was doing organising the Victorian part of RYDA (plus I also told him we thought Anton was great.)

We used a new area for one of the sessions called the executive room at ground level which Anton showed us before the schools arrived, plus the usual three areas on the 1st floor of the grandstand dining area. As the 120 students were split into 5 groups instead of the usual 6, we had more combined groups for sessions in the main view room where the presentations took place.

The usual lovely morning tea (with yummy cakes) and lunch was welcomed by all.

Maroondah and Forest Hill clubs had nominated one of the presenters, Anat Bigos for a Rotary Shine On award in 2020 which was deferred due to covid and Anat was unable to personally attend the recent awards at Templestowe. Sue did and accepted her award which she brought to make a formal presentation to her at the end of the day. We arranged it so that both Sue's and my groups were combined for the last session which Anat co-presented, graphically telling the assembled students her story of driving tired and distracted and swerving to miss a dog. She crashed into a pole ending up in hospital for three months then extensive rehab leaving her with life changing brain and physical disabilities Her life in 2004 as a bright, young 20's lady speaking four languages, playing various instruments, and travelling extensively suddenly changed to now depending on a walker and carers to assist her everyday needs. She told us all this in a halting voice to enrapt students in an atmosphere where you could hear the proverbial pin drop. A truly amazing lady who has agonisingly showed thousands of students over the years the possible outcome of driving tired and distracted. Sue did a great job in telling the assembled group the background of the Rotary awards and then why we chose Anat as a recipient. Many pics taken by Glenys and Hans throughout the day with some accompanying this article.

Another 120 "L" platers who have many tips on how to be more aware and respectful to other drivers on our roads.

Bob Williams

MEETING REPORT

No meeting this week as we were too busy enjoying each other's company and good food at Bucatini.

June is Fellowship Month

NEXT MEETING

6th June – Youth Citizenship Awards – Guest Speaker Thomas White

COMING UP

Club roster for 6th June 2022.

Chairperson: Bill Marsh
Greeter: Barb Searle
Vote of thanks: Glenys Grant
Notes for “Happenings”: John McPhee
Cashier & Recorder: Barbara Williams

13th June – No Meeting (Queen’s Birthday)

20th June – Rotarians Against Malaria (Peter McPhee)

CELEBRATIONS



Congratulations to Bob L for his birthday on the 4th. Also, to Ron Brooks who joined Rotary on the 5th in 1989 and to Bob & Barb who celebrate their Wedding Anniversary on the 6th. Best Wishes to each of you from us all at RCFH.



SPROUTINGS

Glenys will be back next week.



Until then!

RCFH BLACKBURN STATION CRAFT MARKET – TRADER OF THE MONTH

OUTBACK SPIRIT

Outback Spirit have been regulars at our market for years and they also regularly sell at the Rotary Club of Mt Waverley and Dingley Farmers markets amongst others. Juleigh and Ian Robins make all their chutneys, sauces, pickles and marinades at their new Dandenong factory. Not only are they delicious but they are gluten and MSG free. Ian and Juleigh are recognised pioneers of the Australian native food industry and have been at the forefront since its inception in 1986. They established Robins Foods in 1997. Ian and Juleigh's vision is to bring Indigenous foods into the mainstream food market and the company is the industry leader supplying the **Outback Spirit** branded range of products to supermarkets nationally in Australia.

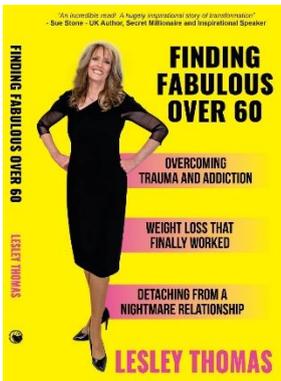
In 2000, Ian and Juleigh decided to formalise their relationships with the company's indigenous suppliers and established an ethical supply chain that ensures that benefits from the sale of **Outback Spirit** products go back to the Aboriginal people who are developing their own enterprises based on native foods. They established the Outback Spirit Foundation to further help the Aboriginal people.

Juleigh is an accomplished cook and together with Ian has written three native food cookbooks – Wild Lime (1996 Allen & Unwin) and Wild Classics (2000 Allen & Unwin – with Ian Robins) and Wild Food (2010 Lantern Books, a Viking Books imprint).

So, go and have a chat to Juleigh's brother in law Bill at the Blackburn market stall and taste some of these unique foods. Find out more about the products, the company, and the Foundation at www.outbackspirit.com.au



We will be back soon - COME TO THE MARKET



Market operates on the second Saturday each month (except for January)