



SERVE TO CHANGE LIVES

# FOREST HILL HAPPENINGS

No. 43

President: John Bindon

22 June 2022

## MOVING FORWARD



Just when I was looking forward to a 12 week straight run to the end of the Rotary year, I became a victim of COVID, then 3 weeks in hospital/ rehab for surgery of the left hip affected by cancer leaving me with only 2 weeks of the Rotary year.

My personal thanks to Bill Marsh stepping up and taking over the role of Pres in my absence. It was great also to hear how members and volunteers assisted at the Blackburn Art and Craft Market and the Whitehorse Farmers' Market, due to several members being away.

Monday night we had an interesting speaker in Peter McPhee of the Rotary Club Mitcham, informing us of the work of Rotary to eliminate Malaria. A disease of which Peter himself has been a victim.

## John Bindon



**WELCOME TO WINTER!!!** (Only 70 days 'til Spring.)

## MEETING REPORT

John Bindon opened the meeting with a toast to Australia and a toast to Rotary International. We were pleased to welcome back John Bindon after recent hospital and rehab stays. There were 9 Rotarians present and our guest speaker, Peter McPhee (RC of Mitcham) to talk about "RAM" Rotarians Against Malaria.

### Reports:

Secretary – Stuart handed Working with Children renewals to Barbara W to update the list. Stuart has updated the RDU list. He suggested Home Hosting, maybe in conjunction with another Whitehorse club for next year's world conference. Asked for reports for Annual Report, to be in this week.

Treasurer – Warwick thanked all who helped at recent Farmers' Market.

Vocational – Barbara S proposes the club to choose Pride of Workmanship awards.

Community – John B – nothing to report.

Youth and Environment – Glenys apology for tonight, but did a fabulous report for meeting.

Blackburn Market – John McP – numbers for July market ok, August may be a problem.

John B spoke re A-frame for market, Council will charge \$150 for sign to be placed. This to be discussed at Board meeting tonight.

Warwick – spoke re a sign on Blackburn and Canterbury Roads corner.

Stuart – has approached Jellis Craig Real Estate, re sponsorship of a sign advertising the market.

Raffle raised \$42, winners: John McP, Barbara S, Sue

Sergeant session raised \$22.75

Stuart spoke of his trip through Customs on his return from Thailand.

Peter McPhee – RAM

Spoke of stats of deaths to malaria, which was in every country, now only in the tropics. You cannot catch malaria from another person, only if you are bitten by the female mosquito. Peter contracted malaria after walking the Kokoda Track, 20 years ago. Because of the type of malaria he has, he suffers re-current bouts from time to time. The condition swells the kidney and spleen and kills red blood cells. Malaria becomes apparent about 10 days after being bitten. Peter's emerged 6 weeks after being bitten and at the time he lost 25kgs in weight.

Rotary RAM is working in Papua New Guinea, Solomon Islands, Vanuatu and Timor Leste. Every village for the past 3 years has been supplied bed nets for every bed with some success in reducing the incidence of malaria. Timor Leste has seen a huge reduction due to education. In Solomon Islands a PHD student is running the education of kids. Malaria in Sri Lanka was wiped out, but is now back. The Griffith University and Walter and Eliza Institute are working on a vaccine.

25 April is Malaria Day in the rest of the world, 30 April is Malaria Day in Australia.

Bill Gates has give \$150 million to fight malaria. Sue did vote of thanks and presented Peter with a Rotary Club of Forest Hill mug.

Meeting closed at approx. 7.45pm and was followed by a Board Meeting.

## NEXT MEETING

27<sup>th</sup> June – Ray McLeod-Dryden - 'Centenary Wallet Card Project'

### Club roster for 27<sup>th</sup> June 2022.

**Chairperson:** Sue Ballard

**Greeter:** John Bindon

**Vote of thanks:** Bob Williams

**Notes for "Happenings":** Stuart Williams

**Cashier & Recorder:** Barbara Williams

## COMING UP

4<sup>th</sup> July      Sue Ballard - 'Aboriginal Food & Culture'

11<sup>th</sup> July      Changeover Dinner

## June is Fellowship Month

## CELEBRATIONS



Chris Tuck joined Rotary in 1996 and gave us over 20 years of service. Wouldn't we love to have him back!



## SPROUTINGS

### School Holiday Enviro Program

Well, it's almost school holidays again. Tanveer Alvi, Environmental Education Officer, Parks and Natural Environment, Whitehorse, who is part of the Environment Education school program, has sent a holiday program suggestion suitable for any youngsters in your family.

BLS – Blackburn Lake Sanctuary | YD – Yarran Dheran |

Date	Time	Program	Group	No.	Place	
<b>Term 2 School Holidays</b>						
Tue, 28/06/22	10:00am- 12:00pm	SHP - Mini Landscapes	Families / Community		BLS	Walk
Wed, 30/06/22	10:00am- 12:00pm	SHP - Mini Landscapes	Families / Community		YD	Walk

For further information

Email: [tanveer.alvi@whitehorse.vic.gov.au](mailto:tanveer.alvi@whitehorse.vic.gov.au) or Ph: (03) 9262 6211 Mobile: 0435 373 470



Here is an email from Pat Armstrong, Chair Elect, ESRAG 2022-23.

As you can see, our **ESRAG Directors** are from different countries – all wanting to ‘make a difference’

## Environmental Sustainability Rotary Action Group (ESRAG)

Dear Glenys,

it is my pleasure to announce that the incoming ESRAG Board Directors who will commence their term of office in the next Rotary year are:

**Yavuz Vural Atila** (Rotary Club Monterey Cannery Row, USA)

**David W Brawn** (Rotary Club Berry, Australia)

**Ed Church** (Rotary Club Berkeley, USA)

**Paivi Kippo-Edlund** (Rotary Club Borgå Västra, Finland)

**Franz M. Müller** (Rotary Club Eco Milano, Italy)

**Geraldine Nicol** (Rotary Club Newlands, South Africa)

**Laurie Zuckerman** (Rotary Club Boise, USA)

I am sure that you will join me in congratulating these new Directors on their appointment and wishing them well for their term as Directors.

With kind regards,

Patricia Armstrong

Chair of the ESRAG Nominating Committee

Chair Elect 2022-2023



**So what is ESRAG?** Read about it at [esrag.org](http://esrag.org)

The **Environmental Sustainability Rotary Action Group** was formed to empower members of the Rotary family worldwide to take actions to sustain our environment and in particular to stabilize our climate.

ESRAG provides an organising point and informational resources to share information with clubs and communities about sustainable practices and the global humanitarian crisis of climate change.

**ESRAG's action model** is to identify environmental leaders within the Rotary world, assist them in initiating meaningful enviro projects, help where possible, and acknowledge and publicise their work.

**ESRAG Oceania chapter** aims to provide a network for interested Rotarians across Australia, New Zealand and the Pacific Islands.

**Comment:** I have just resubscribed to ESRAG, so will continue to receive and be able to pass on information on meetings, global projects, and their environmental support.

I encourage others to do the same.

## Forest Hill College Project



Remember our Indigenous garden project at Forest Hill College? It was to be in a forgotten, forlorn area behind the school library.

Started by the students with great enthusiasm, it came to a full stop when COVID hit – and you know the rest...

Last Friday I met with indigenous garden experts, FHC staff and the Gardens for Wildlife manager for more than two hours over the next stage in the project.

Now to the exciting news. The wasteland is now a cleared area, almost ready for planting. The students have done a marvellous job. They coped with pests we won't mention here, with mud and clinging vines and came up smiling, albeit with some blisters. These are a great bunch of VCAL youngsters and it's a pleasure to help them.

They have turned the soil over to aerate it and have mulched the leaves in. Better soil is being delivered to help establish the tiny plants.

Some discussion was held on whether the pond should go back in place. Students have decided to do so. As I reported previously, some unwelcome visitors were found underneath it. (Glad I wasn't there at the time!)

Students were not daunted by that discovery and are going ahead with what is to be their now cleaned frog pond,

At Friday's meeting we each received a new book on Vic plants. It's very detailed.

The Whitehorse indigenous plant nurseries are already holding about 20 types of suitable plants. These are in stock, being held for the students to choose which to plant.

Students are currently deciding the five main species they want from that selection, using specifications in the book. They will pick suitable plants on the basis of height (no tall canopy or invading roots), appearance and ability to survive in the tough location.

Their main aim is to get the best plants to attract bees, birds and butterflies.

Well – there was so much more to tell you, but I've run out of time and space – so the other news will have to wait until next time.

***Have a good week.***

***Glenys***



## RCFH BLACKBURN STATION CRAFT MARKET – TRADER OF THE MONTH

### OUTBACK SPIRIT

**Outback Spirit** have been regulars at our market for years and they also regularly sell at the Rotary Club of Mt Waverley and Dingley Farmers markets amongst others. Juleigh and Ian Robins make all their chutneys, sauces, pickles and marinades at their new Dandenong factory. Not only are they delicious but they are gluten and MSG free. Ian and Juleigh are recognised pioneers of the Australian native food industry and have been at the forefront since its inception in 1986. They established Robins Foods in 1997. Ian and Juleigh's vision is to bring Indigenous foods into the mainstream food market and the company is the industry leader supplying the **Outback Spirit** branded range of products to supermarkets nationally in Australia.

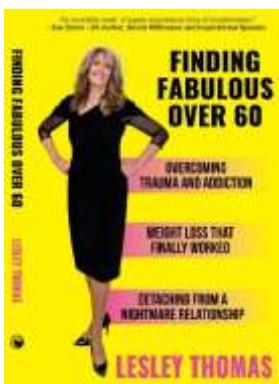
In 2000, Ian and Juleigh decided to formalise their relationships with the company's indigenous suppliers and established an ethical supply chain that ensures that benefits from the sale of **Outback Spirit** products go back to the Aboriginal people who are developing their own enterprises based on native foods. They established the Outback Spirit Foundation to further help the Aboriginal people.

Juleigh is an accomplished cook and together with Ian has written three native food cookbooks – Wild Lime (1996 Allen & Unwin) and Wild Classics (2000 Allen & Unwin – with Ian Robins) and Wild Food (2010 Lantern Books, a Viking Books imprint).

So, go and have a chat to Juleigh's brother in law Bill at the Blackburn market stall and taste some of these unique foods. Find out more about the products, the company, and the Foundation at [www.outbackspirit.com.au](http://www.outbackspirit.com.au)



## We will be back soon - COME TO THE MARKET



Market operates on the second Saturday each month (except for January)