



Number 43

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

3 June 2019

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Monday 6.15 for 6.30 pm

Rotary Club Forest Hill

CLUB PROGRAM			
Date	Event	Chair	Thanks & Meeting Report
3 June	Youth Citizenship Awards <i>Issy Jaques</i>	Ray Smith	John McPhee
10 June	No meeting		
17 June	A new way for charitable giving <i>Janet Hay</i>	Bob Williams	Ron Brooks
24 June	Accidental Adventures- walking the Camino solo <i>Blaise von Hecke</i>	Ron Brooks	Stuart Williams

CONGRATULATIONS & CONDOLENCES

Happy birthday to Bob Laslett (4 June). Congratulations for wedding anniversary to Bob & Barb Williams (6 June) and club anniversary to Ron Brooks (5 June). Members and friends will be saddened to hear of the recent death of our club friend PDG John Glenn.

DUTY ROSTER

	JUNE	JULY
Recorder	Chris Tuck	Glenys Grant
Greeter	Barbara Searle	John Bindon
Emergency	John Donaghey	Bob Williams
Cashier	Bill Marsh	Barbara Williams

ATTENDANCE

APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend

bringing a guest please contact Ray Smith by 10.00 am MONDAY on 0412 807 585 or rcssmith@optusnet.com.au

SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST.

Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of

Bucatini Restaurant on 9873 0268

Mike's Musings

Please continue to:

- Dob in extra names for our 'auxiliary and friends' network email list.

Peridot:

Please let me know if you will be attending *Crimes of the Heart* on June 7th. There are currently 15 tickets reserved and only a few who have confirmed their desire to attend. At this point there are seven or eight confirmed as attending. I will want to contact Peridot to release the spare tickets they've allocated to us no later than this weekend, so they have ample time to sell them to paying customers. If you do want to go, the time to let me know is now.

The Bunnings Bake Sale

Details follow:

- Saturday, 20 July 2019 (At this point, we're scheduling 10 a.m. to 2 p.m.)
- Nothing that needs to be refrigerated, please.
- Our goal is to not do ANY cutting of cakes on the day. Please think about how your baked goods can be portioned ahead of time.

EVERYBODY CAN BAKE. THERE'S A WHOLE SECTION OF THE SUPERMARKET WITH CAKE AND SLICE MIXES. RECIPES EXIST EVERYWHERE AND ARE RARELY PARTICULARLY COMPLICATED. NOBODY EXPECTS DELICATE SUGAR WORK OR MACARONS.

I have made two double batches of oatmeal chocolate chip cookie dough. This dough is now rolled into sausage shapes, wrapped carefully and placed in the freezer. One down, one to go.

Last Friday Film Fellowship

Turnaround times are tight for me this week. I know many are going to the going away party, but we're plowing ahead with this regardless to avoid only having two weeks between film nights.

The Whitehorse Photo Contest 2019

It's on. It's up and running. We'll be accepting entries from the 15th of May through to the 15th of July. It's on our facebook page.

<https://www.facebook.com/events/2023814937705559/>

Ts&Cs and entry form is here.

<https://tinyurl.com/y5yzcdtr>

- Open to grade 5 and 6 students living in and/or attending school in the Whitehorse council area.
- Top prize in the popular vote and expert-judged categories is \$100.
- Photos must be taken within the city of Whitehorse.
- Finalists in the expert-judged category will be on display at the Nunawading Library for the month of August.

If more information is required, please send an email to info@whitehorsephotocontest.xyz

Thanks to our sponsors, Bendigo Bank Blackburn South and Officeworks Vermont South. Flyers will be available and going up soon. Don't delay, pass the information around now.

Please mark your calendars with the following:

- | | |
|---------------------|---|
| • Friday, 31 May | Last Friday Film Fellowship
After some consideration, we're keeping it for 31 May.
Be on the lookout for an email re sessions and prices. |
| • Monday, 3 June | YCA Night. Please be available if humanly possible. |
| • Tuesday, 11 June | RYDA volunteering opportunities in Lilydale.
Please contact Bob Williams. |
| • Friday, 7 June | Peridot Opening Night— <i>Crimes of the Heart</i> by Beth Henley |
| • Monday, 1 July | Changeover Night |
| • Saturday, 20 July | Bunnings Bake Sale |

Meeting report May 27

Our guest speaker was our own member Bob Williams who spoke of his extensive trip to the USA and Canada from May 15 to June 18 2018.

One reason (also an excellent excuse) for taking this trip was to attend the 2018 Rotary World Conference in Toronto, the year of Australian RI President Ian Riseley.

Bob had put a lot of work in this presentation for the evening with an excellent video, including a sound track, of his travels across the USA from the West Coast to the East Coast then up to Canada much of which was carried out via a bus trip.

Bob visited many places during the trip, a number of which most members had either heard of or had visited themselves.

Without listing all the places Bob mentioned during his presentation, to provide an insight into how many USA States and places he visited, a few examples visited are listed below.

Starting from Los Angeles and Hollywood, Bob then travelled to Santa Monica, Las Vegas, the Hoover Dam, the Grand Canyon, Santa Fe, Texas, Memphis, Graceland, Atlanta, Carolina, Washington, New York, Boston, Cape Cod, Toronto, Niagara Falls. Ottawa, Quebec, Montreal, Halifax and Nova Scotia.

Bob was also able to fit in one of his favourite pass times when travelling to take a couple of helicopter flights, one over the Grand Canyon and another over Niagara Falls.

If you are looking for a 'go to man' to provide you with some advice on what to go and see if you are visiting the USA or Canada then contact Bob Williams.

This was a very interesting and informative presentation made particularly enjoyable with a well- prepared video of his trip.

Thanks.

Chris Tuck

Men's Health Week: Men at Risk Seminars

As a part of Mens Health Week in June, Whitehorse City Council is hosting two free seminars for men of all ages and from all walks of life. The Men at Risk seminars will cover common mental health issues and their treatment as well as help available for depression and anxiety.

Men at Risk Session One: Depression and Suicide in Men

Tuesday 11 June 7.30-9.30pm

Men at Risk Session Two: Stress Management and Anxiety in men

Wednesday 19 June 7.30-9.30pm Contact me or Sue for details

Together we do better- Eley House

Together We Do Better-we are part of the solution Join us for lunch as we showcase how the Whitehorse Neighbourhood and Community Houses can assist you in supporting the people you help.

- Date: Thursday 6th June
- Time: 11.00 am to 1.00 pm
- Venue: Avenue Neighbourhood House@Eley
- 87 Eley Road, Blackburn South
- Cost: It's on us

RSVP: manager@mitchamcommunityhouse.org by 23rd May

Please let us know if you have any dietary requirements

For further information phone 9873 4587

- Together We Do Better Project funded by the Victorian Responsible Gambling Foundation

PHOTOGRAPHY CONTEST



2019 WHITEHORSE PHOTOGRAPHY CONTEST GRADES 5 AND 6

Rotary Club of Forest Hill's inaugural Whitehorse Photo Contest is the companion to our established Primary Schools Speech Competition, now in its eighth year.

Whitehorse students in grades 5 and 6 can enter a photo on the theme of 'My Whitehorse' to our competition.

1st, 2nd and 3rd place-getters in both the expert-judged and popular divisions will receive a cash prize and a photo book featuring their entry and including all qualifying submissions.



ENTRY FORM AND TERMS
AND CONDITIONS HERE

[HTTPS://TINYURL.COM/Y5YZCDTR](https://tinyurl.com/Y5YZCDTR)



FACEBOOK
@ROTARYCLUBFORESTHILL

START TAKING SOME
PHOTOS NOW

THIS PROJECT IS
GENEROUSLY SUPPORTED
BY

BLACKBURN SOUTH
COMMUNITY BANK®



AND OFFICEWORKS
VERMONT SOUTH



Deadline for submission is
July 15

Good Luck and
Happy Snapping

For info:
info@whitehorsephotocontest.xyz

RYDA UPDATE

Martine has offered to join the merry band of RYDAs on the 11th June as well as making brekkie at Forest Hill Secondary beforehand so she will down tools as soon as possible there and head off to Lilydale for a day of RYDAing. Sue, Anna, Hans, Barb and Bob are the rest of the merry band so Stuart can remain sitting on the interchange bench.

The 17th June RYDAing at Sandown needs 3 or 4 and we have Barb and Bob and Sue may be a starter and we have Stuart sitting on the bench able to come on and play if needed so we look ok now for both days.

Thanks
Bob W

FAMILY VIOLENCE FORUM



Family Violence Forum



Guest Speakers:

GARRY HIGGINS OAM

Rotary Club of Maryborough

TREVOR ROWE

Detective Acting Inspector

Centre for Crime Investigation

Victoria Police

BENJAMIN BREWIN

Promoting Health Masculinities

in the Eastern Region

ELIZA SIMPSON

Detective Acting Senior Sergeant

Victoria Police

MC – Councillor Sharon Ellis

Whitehorse City Council

#SayNO2familyviolence

*Entry: Gold coin
donation
to benefit
EDVOS*

*Seating limited
to 150 people
Light refreshments
served*

*NO CHARGE
Bookings through
www.trybooking.com/505300*

**TUESDAY JUNE 18th. 6.30pm - 9.30pm BOX HILL INSTITUTE (TAFE)
ELGAR AUDITORIUM Elgar Bldg. 4 B32 / B34 ELGAR ROAD BOX HILL**

ANNUAL REPORT

Please submit your reports by June 17.

BREAKFAST CLUB

Barbara and John Mc are facing the music next Tuesday.

ROTARY MONTHLY THEMES

June Rotary Fellowships

ARTICLES

Please forward your prize-winning articles and others to rlaslett76@gmail.com by 5pm Wednesday although there will be no flyer next week.