



FOREST HILL HAPPENINGS

No 06

President: Sue Ballard

05 August 2020

FROM THE PRESIDENT'S DESK

Hi all

This week I mentioned that my family on my father's side has been pleasantly surprised by the addition of 28 new family members we had no idea existed. Due to a deep held family secret of over 60 years there was a family member adopted out as a result of a family back ground. Understanding my family dynamics, I would be confident that the tight bond of my grandparents and their children at that time most if not all of them knew of the adoption but not one of them passed this information on to other members of the family in later years. Tightly held family secrets have a way of effecting people and their lives in a cascading matter. I know my aunt fled her home and settled interstate, trying to create a new life for her and her family but suffering from anxiety, depression and insecurities.

I realise we are talking about a different era where such secrets were buried deep, not to be spoken of again. But I also know that in most cases the after effects could have been avoided or at least minimised and treated if they had been shared, if only with trusted people. I have had experienced other adoptions in my family, some have gone well some less successful. I am happy to say my new found cousin was a fortunate adoptee into a loving family of a childless couple, knowing she was adopted but told "a beautiful lady gave you into our care to love, we are the fortunate ones". Secrets have a way of coming out eventually, but how much suffering did my aunt and uncle go through?

I would like to think in this day and age we are better equips to cope with such trauma and are at least aware of help that is available to avoid continual mental and emotional issues. The help is out there, we just need to reach out for it.

PS I have spoken to my new found cousin and other members of her family. I have learn many things including how a friend of my aunt had kept track of the baby for many years and how my aunt had left a letter in the adoption records for her to know why she was put up for adoption. A touch of irony, my aunt died on her baby's birthday, 10 years ago about the same time they started looking into her adoption.

Stay safe

Sue

COMMITTEE REPORTS

News Items from International/Foundation

- October 24 is World Polio Day
- October 10 is World Mental Health Day
- The university is enormously grateful to The Rotary Foundation for their support of graduate scholarships at Oxford," said Professor Louise Richardson, vice-chancellor, University of Oxford. "For almost 70 years, this support has enabled students from around the world to benefit from all that Oxford has to offer."
- The Rotary Club of Drysdale are currently knitting for merchant seamen stranded on ships in the Port of Geelong, due to COVID-19. This is in support of the Rotary Club of Geelong Central, who are making up care packs.
- For the 11th consecutive year, The Rotary Foundation has received the highest rating — four stars — from [Charity Navigator](#), an independent evaluator of charities in the U.S.

Cheers

Bob

Community Committee August 2020

In 2020-21 the Community Committee plans a number of projects for the year.

These proposed projects can be divided into 2 groups.

The first group can be considered core projects. These are projects that this Club has supported for many years and are funded by the generous donations of the Davis and Harper families for which we are extremely grateful, not only their financial support but also their interest in following the growth of young people.

Each year 6 students from Box Hill High will be awarded \$1,000 each to continue their studies in years 11 and 12.

Also, each year students from Forest Hill College, 2 Year 12 students will receive a scholarship of \$1,000 and 6 students from Years 8-10 will be awarded \$400 each (the STEAM Award) to support their academic work.

In total the Club will donate \$10,400 in 2020-21 for these scholarships.

Another Core project will be a donation of \$500 (The Ford Davis Award) to the winner of the District Golf Day held before Conference. The winner nominates the charity which will receive the \$500. This is not the prize of millions of dollars played for each week in the PGA Tour in the USA but having presented the prize in the past to the golf winner it is very well received.

In 2020-21 The Community Committee will be looking at new projects.

Initially under investigation is The Trachoma Project (Trachoma is prevalent in remote Aboriginal Communities). We are currently in contact with the RC of Waverley regarding this project.

If other members of the Club have some ideas of good projects to support the community, and I am sure there are many people doing it tough at this time, please advise a Committee member. Thanks.

Chris Tuck

CELEBRATIONS

Celebrations will be in full swing in the Tuck household on the 10th August.

Jenny celebrates her birthday and Jenny & Chris celebrate their Wedding Anniversary.

We would all love to help you celebrate but

Have a fantastic day!!



August is Rotary Membership month.

Have you found a new member?

NEXT MEETING

Our next meeting will be via Zoom on August 10th when we will be given an update on Rotary's involvement in Polio eradication by Stephen Fisher. A link to join the meeting will be sent out today.

Contact me if you have any problem.

COMING UP

10 th August	Stephen Fisher	- Polio Update
17 th August	Peter Malden	- 'rotaryeyesfiji'
24 th August	Kelly Donnelly	- Eating for a Healthy Heart
31 st August	Konrad Ermert	- Asphasia

VALE MAX PARISH

It was with great sadness that we were informed that esteemed past member Max Parish passed away on the morning of 28th July. Our thoughts are with Wendy and the family.

Max's funeral will be held on Thursday 13 August, 2020 at 2.00pm.

It will be web cast

Use Google Chrome browser.

link is ... <http://tobin.5stream.com/webcast/56296>

Any questions- Tobin Brothers 9373 7000

It will be available after the ceremony if you wish to look at it later.

STILL IN TOUCH

Nice to hear from one of our MUNA participants – how positive he is!!

Good Evening Glenys,

Both Rose and I were so very appreciative of you and the Rotary Club of Forest Hill reaching out to us. It has certainly been an odd time, especially after the events that transpired over the weekends.

Although both Rose and I have preferences for in person learning, we are both doing okay, as well as many of our friends. Thankfully our school has a well-staffed and well organised wellbeing team, who take very good care of us.

Both Rose and I have been curious about how you, your family, and the rotary club have been dealing with this horrible situation we find ourselves in. We really hope that you are all doing okay, and if you would ever like to reach out to either Rose or myself to talk, I'm sure we would both be delighted.

We wish you all the best and hope to be in contact soon.

Sorry both for the late response in terms of date, which has largely been due to how busy everything has been, as well as in the evening. It's been a long day.

*Kindest regards,
Thomas White.*



Don't leave home without your mask!!

KEEP SMILING

BLACKBURN MARKET – TRADER OF THE MONTH

The Hazelnut Tree is a small business based here in the eastern suburbs of Melbourne producing handmade soaps and body products. Hazel has been a regular with us at the Blackburn Craft Market for eight years and her products can also be purchased from the “Market Fair” 2/794 Burwood Hwy, Ferntree Gully. She lives just around the corner. At busy times she ropes in her children and husband to help on the stall making it a family affair.

As you can see from the photographs, there is a beautiful unique range of soaps poured and cut by hand. She makes her soaps using the traditional cold process method from olive oil, castor oil, coconut oil, avocado oil and hemp seed oil – no palm oil here. Hazel then uses natural colours, plant extracts and essential oils. The range also includes liquid soaps, shampoo bars, moisturisers, lip balms and more. She has an unscented range for people with sensitivities.

Hazel will be happy to talk to you about any of her products as she personally makes them. Come along to the Blackburn Craft market or email her. To make things simple, you can pay by EFTPOS.

Hazel can be contacted by email on hazel@thehazelnuttree.net and take a look at her website www.thehazelnuttree.net

