



President: John McPhee

Number 8

22 August 2016

Club address:

Email address:

Website:

Meeting location:

Meeting time:

Facebook:

PO Box 116, Nunawading 3131

foresthillrotary1975@gmail.com

www.foresthillrotary.com

Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Monday 6.15 for 6.30 pm

Forest Hill Rotary

### CLUB PROGRAM

Date	Event	Chair	Thanks/ Meeting report
22 August	Health planning in Advancing age <i>Jenny McGuirk</i>	John McPhee	Stuart Williams
29 August	Bucatini with partners		
5 September	Days for girls <i>Margaret Cunningham</i>	Nancy Notman	Ron Brooks

### THIS WEEKS CELEBRATIONS

Another quiet week

### DUTY ROSTER

	August	September
Cashier	Stuart Williams	Ron Brooks
Recorder	Glenys Grant	Mike Finke
Greeter	Bob Laslett	Ray Smith
Emergency	Bob Williams	Nancy Notman

### ATTENDANCE

**APOLOGY – IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend bringing a guest please contact Ray Smith by 10.00 am MONDAY** on 9878 4891 or [rcssmith@optusnet.com.au](mailto:rcssmith@optusnet.com.au) SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST Any CANCELLATION AFTER 10.00 AM *should* be made direct with the management of Bucatini Restaurant on 9873 0268

### DON HULLAND

Don is in Kellock Lodge, 15 Bon Street, Alexandra 3714, and his mobile number is **0409 530 435**. Please give him a call or phone the office 5770-2100 and ask for Don.

## JOHN'S JOTTINGS

Thank you Ron for another interesting speaker who communicated so well to us. A great night.

It was a pleasure to have our Assistant Governor Alma share a meal and meeting with us and also to welcome back Graham Sharman. Thank you Alma and also for your guidance at our board meeting later in the night.

Well done to our Chairman / Sergeant Bob for a well - managed meeting and to our members who contributed some \$40.75 to the earnings of our Foundation.

The centenary of the Foundation occurs early next year, and we as a club should be considering what we can do to promote the Foundation in its centenary year. Your expression of options will be warmly received.

Membership - Please do your bit to make sure that our membership night is productive.

A wish list from the Berengarra School has now been received and we can now progress further in our discussions with them.

A reminder to all. that we have a very heavy work load on the 9 & 10th September with the addition of the annual Historical Societies open day. For all who will be in Melbourne that weekend, please plan to help at least at either one or all of the 3 venues.

Also keep the Primary School Speech Contest in mind as again we will need maximum assistance on that night.

At our next meeting we will welcome Jenny Mc Guirk as our guest speaker. Her subject will be " Health Planning in Advancing years."

Meeting closed with thought for the week " Anthropologist Margaret Mead said ' Never doubt that a small group of thoughtful committed citizens can change the world. Indeed it is the only thing that ever has'."

ROTARY SERVICING HUMANITY.

*John*

## LAST WEEK'S MEETING



*A big thankyou this week to our two new photographers Nancy and Graham (Ed)*

**Sergeant Bob** gave a reflection on the retention of membership outlining points to consider.

**President John** thanked all those who gave assistance at the weekend's markets. Because of railway works causing a smaller number of stall holders the takings at Blackburn were lower than usual with \$370.

The usual Schwerkolt Cottage sausage selling will be held on 11 September.

Bob Williams and John attended a meeting at Box Hill re the Berengarra School which caters for students who do not fit in very well to normal school life. We may be able to assist this school. The centenary of the commencement of the Rotary Foundation is coming up. Clubs are asked to consider projects to commemorate this.

**Warwick** spoke about a membership meeting to be held on 26th September.

Members were asked to give names of people to attend this.

**Stuart** spoke about Polio Plus. Nigeria, Lao, Pakistan and Afghanistan are now the only countries with cases of polio.

**Glenys** indicated that there is an applicant for RYPEN and that our representative for NYSF, Thanusi has been accepted to attend by District.

Arrangements are well in hand for the Primary School's Speech Contest.

**Ron** mentioned the ongoing collection of stamps and foreign coins.

### **GUEST SPEAKER**

Dr.Vini Kumar, an ophthalmologist and eye surgeon spoke about problems which can happen to eyes. Cataracts occur when the normally crystal clear lens of the eye becomes cloudy. She has performed hundreds of cataract operations.

Glaucoma is caused by pressure within the eye- takes away some vision.

Macular degeneration brings about the loss of central vision.

People should act urgently for any of the following:

Loss of any vision

Red Eyes

Floater and flashes in the eyes.

She recommends that yearly checks of the eyes be made yearly for those over 70 and every two years for those over 60 and family members should be encouraged to have regular checks.

*Ray*

### **DIARY DATES**

Sunday 11 September      Schwerkoldt Cottage

Monday 12 September      DG's visit

Thursday 15 September      Primary Schools Public Speaking Contest

### **SERGEANT'S REFLECTIONS**

Despite one red eye and one blue eye the sergeant made a lot of sense as he talked about members and care of members (Ed).

### **FOREST HILL COLLEGE BREAKFAST ROSTER**

23. Aug      Robbie      Barb

30. Aug      Robbie      Barb

6. Sep      Robbie      Barb

13. Sep      Robbie      Kevin

### **ROTARY MONTHLY THEMES**

August      Membership

September      Education and Literacy

### **MEMBERSHIP**

EVERYBODY in the Club is responsible for the Club vibe and membership drive.

*Warwick Stott*

**PS. We are having a membership meeting on Monday 26<sup>th</sup> September – please ask some friends, neighbours, tradesmen, religious folk, shopkeepers and healthcare professionals if they would like to come and learn more about Rotary.**

## Request from former member Jenny Coburn

Greetings

As part of my role at the Deafness Foundation, we are starting a Pop Up Bookshop selling Used and/or new books.

If you have books at home that you would love to find a new home, we would be delighted to relieve you of them, so we can begin this new and exciting part of our raising funds for our Research, Grants and Educational Awards program of the Foundation.

Deafness Foundation has a rich history in successful programs having provided the majority of funding for the Cochlear research undertaken by Professor Graeme Clark and has been instrumental in the Rubella education program with no cases of children being born with rubella in Victoria in the past three years. With 1 in 6 in our community suffering from hearing loss, this escalates to 70% between the ages of 70 and 80 and 80% over 80.

We are located at Suite 3, 653 Mountain Highway, Bayswater if you would like to drop them in or I can arrange to collect them.

If you are interested in helping out with our book sorting, please let me know - we will be thrilled to have your assistance.

Your contributions will help us to make such a positive difference in the lives of many like myself with hearing loss.

Kindest regards

*Jenny*

## FOUNDATION REPORT

This Rotary year is the centennial year of the Rotary Foundation. Why not commemorate this by buying the book that tells the fascinating story of how the Rotary Foundation became one of the world's humanitarian organisations. A hard cover version cost US\$40. Postage free. The book is – “Doing Good in the World: The inspiring story of The Rotary Foundation's First 100 years”. Buying is so easy. Order at --- [shop.rotary.org](http://shop.rotary.org) --

We need to keep focusing on Ending Polio. Last month polio re-emerged in Nigeria, two cases. We need to end polio, now and forever.

What about members, honorary members and friends of Rotary donating, \$26.50 to the Rotary Foundation this year. That is the amount used to kick off the Foundation 100 years ago. That money has grown so that WE have spent over \$300 billion on humanitarian projects. Would you like to be part of ‘doing good in the world’.

*Stuart* (International and Foundation Chairman.)

## ARTICLES

Until September 19 please send newsletter articles by 5 pm Wednesday to editor Mike at [mmfinke@gmail.com](mailto:mmfinke@gmail.com).