







President: Bill Marsh

Number 8 28 August 2017
Club address: PO Box 116, Nunawading 3131
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Meeting location: Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132 (Melways 48H9)

Meeting time: Monday 6.15 for 6.30 pm Facebook: Rotary Club Forest Hill

CLUB PROGRAM				
Date	Event	Chair	Thanks & Meeting Report	
28 Aug	Atlanta World Convention 2017	Barbara	John McPhee	
	Stuart Williams	Searle		
4 Sep	LAARF Singers Committees	Stuart	Mike Finke	
	Leon Moore	Williams		
11 Sep	DG's Visit CLUB	Bob Williams	Martine McLeod Craig	
	DG Malcolm Chiverton BIRTHDAY			
18 Sep	Shrine of Remembrance	Warwick Stott	Ray Smith	
	Shirley Devery			

CELEBRATIONS

Happy birthday to Marg McPhee (September 4)

DUTY ROSTER

Recorder	AUGUST Stuart Williams	SEPTEMBER Bob Laslett
Greeter	Glenys Grant	Mike Finke
Emergency	Sue Ballard	Ray Smith
Cashier	Bob Williams	Barbara Searle

ATTENDANCE

APOLOGY - IF A MEMBER IS NOT GOING TO COME TO THE MEETING or you intend

bringing a guest please contact Ray Smith by 10.00 am MONDAY on 0412 807 585 or rcssmith@optusnet.com.au

.SPECIAL DIETARY NEEDS to Ray by 10am at the LATEST

Any CANCELLATION AFTER 10.00 AM should be made direct with the management of

Bucatini Restaurant on 9873 0268

BILL's BYLINES

Our meeting this week was a little shorter than planned – our guest speaker did not turn up. Oh well, there will be another time. Also, it allowed us to start the Board Meeting early and get home at a reasonable time.

The Board reviewed and approved the budgets submitted by the various committees and so now they can get on with their work for the year.

Gary Baltissen's resignation was accepted with regret by the Board. Gary has been a member for 22 years and his cheerful countenance and positive outlook on life will be sorely missed. Gary was very happy to accept the club's offer of Honorary Membership and he and Bev will visit as often as possible. At this stage they are planning to join us for the DG's visit and Birthday celebrations.

With many members on leave at the moment we will postpone our Film Night from the 1st to the 8th September. Last week we placed an order for 20 new club polo shirts. A great take up by members and partners. We can add to the order if anyone missed out on the original order. (Contact Barb.)

On Friday it was my pleasure to attend the Mount Pleasant Road Primary School assembly where I presented Andrew Zhang and Caely McColl with their certificates for coming first and second in the Primary Schools' Speech Competition. They had originally been recognised on the night of the competition but this was in front of their school mates, parents and teachers. Two outstanding young people who, I hope, will go on to participate in the District final. The school also was presented with the Perpetual Shield. The 2018 competition will be held at Mount Pleasant Road and they are determined to make a spirited defence of their title. Next week Holly Macfarlane will have her third- place certificate presented at Burwood Heights. Like Andrew and Caely, Holly also made an exceptional presentation.

Coming Up:

Film Night - 8th September at Forest Hill/Pinewood depending on films.

Committees Meet - 4th September Blackburn Market - 9th September WFM - 10th September

DG's Visit & Birthday Celebration 11th September Board Meets - 18th September

Remember - Rotary: Making a Difference - is not just a theme it is what we do.

Did You Know?

James Garfield, 20^{th} president of the USA, could write Greek with one hand while writing Latin with the other. (Now there is a skill to be envied!)

The answer to last week's question: 2520

What is the smallest number that can be exactly divided by all of the numbers from 1 to 10?

Meeting report August 21

Our meeting was an intimate affair. Only 13 present including Assistant Governor, Graeme Aspinall and Bum, visitor from Thailand. Martine, as a well-prepared chair, gave the statistics and conducted the report session. The meeting opened with a reflection and then President Bill passed on a few thoughts. The reports were very brief with no points needing to be emphasized. Sgt Stuart extracted \$32 in fines.

We then had a void as our guest speaker had not arrived. Martine spoke about our speaker's writings and then we went around the room offering a thought on- "What my father taught me."

The raffle raised \$54 dollars. Winners Bob Williams and Warwick Stott. Bill thanked Martine and closed the meeting and we started the Board meeting early.

Stuart

Sergeant's Reflection

A moment of Reflection

What makes a meaningful life? Meaningfulness must be created or chosen. There seems to be three features that make a meaningful life.

Life has a purpose: which is the degree to which you feel directed by valued goals

Comprehensiveness: the ability to make sense of your life.

Mattering: the belief that your life has significance and is valued.

Research has indicated that most people who saw their lives as meaningful spent significant time on relationships and helping others. But – interestingly – if you choose to imbue your life with meaning, in particular to invest effort in relationships and work to improve the lives of others, you may feel stressed and less happy than those who don't do so.

But there is a big payoff. A 70- year Harvard study shows that the factor most powerfully associated with health, contentment and longevity, is the ability to maintain satisfying, meaningful long-term relationships.

Podcasts

Mike's latest podcast on the idea of an elevator pitch.

https://m.soundcloud.com/mike-finke-167583478/five-minute-forest-hill-episode-21

Whitehorse Farmers Market

August Whitehorse Farmers' Market results were;

Stallholders 3,495.00 Donations 1,275.00 Barbeque 491.05

Total 5,261.05

Breakfast Roster

Barb and Judy methodically made 6 loaves of toasties last week. John McPhee will demonstrate his pancake skills with Barb this week (Oh, to be a fly on the wall!)

Cyber Business Breakfast (Rotary Club of Boronia)

Event to be held at the following time, date and location:

Tuesday, 12 September 2017 from 7:00 am to 8:30 am (AEST)

The Knox Club Cnr Stud Road & Boronia Road Wantirna, VIC 3152 Australia

Cost \$35



Ron did a make-up at the Rotary Club of Vilnius.

Good Manners in Rotary

You can get a copy by hitting the link here: "Good Manners in Rotary". Alternately, you could go to the Kindle Store and search for 'Rotary Manners', for instance.

There is a small cost (through Kindle), but 100% of the proceeds go to The Rotary Foundation. The booklet is a service to clubs and Rotarians. It is considered that all leaders should have a copy including district leadership and club leadership, then after reading the guidelines, to take action.

The original content has been wholly revised, updated and enhanced for this digital edition.

D9810 USED STAMP COLLECTION

Robbie has just delivered a large box of stamps to Carrol Farmer for which she thanked us profusely. So, thank you to all at Forest Hill and our honorary members who have contributed. So far this has raised \$105,007.00 since starting in 1991.

Carrol said that stamps are sold by weight so please leave a margin of 2cm around each stamp and they need to be on a single piece of paper (not the double corner of the envelope).

As at July 2017 they are valued as follows

\$15/kg for \$1 stamps and 70 cent commemorative stamps

\$30/kg for higher value and foreign stamps

\$8/kg for stamps under 70 cents

NOTE: STAMPS WITHOUT PAPER BACKING HAVE VERY LITTLE VALUE

So, please collect every stamp you get, however few and give them to me.

Ron Brooks



ROTARY MONTHLY THEMES

August September Membership Extension Basic Education and Literacy

ARTICLES

Newsletter articles to rlaslett76@gmail.com.au by 5 pm Wednesday please.