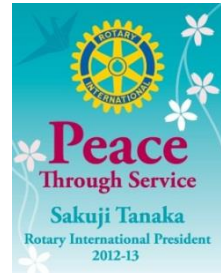


# 2012-2013

## Weekly Bulletin of the Rotary Club of Forest Hill



Edition 37: 13 May 2013

The Rotary Club of Forest Hill meets at 6.15 pm for 6.30 pm on Mondays at Bucatini Restaurant, 454 Whitehorse Road, Mitcham, 3132.

Meal cost \$27.00

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### CLUB PROGRAM

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### CLUB PROGRAM

Date	Event	Chair	Thanker and Meeting Report	Member Talk on an aspect of peace
13 May	Gillian Hibbins	Ray Smith	Bill Marsh	
20 May	Twanny. Farrugia/ Board	Warwick Stott	Bob Williams	

### THIS WEEK'S CELEBRATION

Own up on the night



### DUTY ROSTER

Cashier	<b>May</b> Stuart Williams
Recorder	Graham Sharman
Greeter	John Donaghey
Emergency	Ray Smith

### ATTENDANCE

Apologies - **Please contact Ray Smith by 10.00 am MONDAY** on 9878 4891 or [rcssmith@optusnet.com.au](mailto:rcssmith@optusnet.com.au). Any cancellation after 10.00 am should be made direct with the management of Bucatini Restaurant on 9873 0268

## BOB'S BELLBIRD BLOG

What a good meeting- Warwick Duncan was a real inspiration. There was a wide variety of hats and some amazing stories behind them (or below them). Great to have Glenys back. Stan raised \$38.65 for our Foundation.

Some other good news

- Blackburn market -11May
- Whitehorse Farmers Market-12 May
- District Assembly-.19 May
- ABCD Gala Dinner-24 May
- Healesville Freeway Community Open Day 26 May
- Monash Concert Band-2 June-2.00pm
- Primary school speech contest-26 August-Mount Pleasant PS
- Schwerkoldt Cottage -15 September
- District Conference – 20-23 March 2014 –Bendigo

This week we have Gillian Hibbins who is a Paul Harris Fellow and past secretary of the RC of Melbourne. She was commissioned by the AFL to write the opening chapters for the *Australian Game of Football since 1858* –that will be her topic.

Friends and partners are most welcome.

## LAST WEEK'S MEETING

Our speaker for the evening was Warwick Duncan who spoke to us about, amongst other things, 'a liver transplant's trek across (sic) the Kokoda Track'. Like many of our speakers Warwick had an amazing story to tell.

He was, in his own words, born and bred in the eastern suburbs and is currently 54 years of age. For most of his working life he has been a sales manager but now runs his own company dealing with social media marketing. His life changed drastically 24 years ago when he contracted a rare form of hepatitis which attacked his liver. He was lucky enough to find a suitable donor and flew to Brisbane during the pilots' strike to receive his new liver on 25/10/1989. While in hospital he found out about the World Transplant Games and decided to participate in the swimming events once he had recovered. These games are held every 2 years and Warwick participated in at least four of them. He then took up long distance swimming with the view to swim the English Channel, and create awareness of organ donation, but he was not able to raise sufficient sponsorship.

Warwick then decided that on the 25th of October each year he would 'tick' an item off his 'bucket list' in memory of his donor. He then proceeded to show us some photos of some of the things he had done including sky diving and hot air ballooning. In 2008 he decided to walk the Kokoda Track with his two sons and tried to get other transplant recipients interested. Unfortunately, they were not as fit or committed as Warwick and dropped away over time. Warwick trained for a year in the Dandenong ranges with his sons, sometimes traversing the course twice in one day to build his fitness and stamina and they eventually made it to the Kokoda track.

The Kokoda track is approx 96km from end to end but that does not take into account the hills and valleys in between. This equates to 50 hrs trekking over 8 days but Warwick and his sons opted for the 9 day option. Warwick showed us photos of the steep slopes they went up and down, the rivers they crossed as well as the villages they stayed at. He also mentioned the constant danger of suffering injuries by a simple miss-step, the war memorials visited and the 'museums' established by local villagers. One of the more unusual stories related to an RAAF plane that was damaged on landing and was being disassembled into smaller pieces that could be flown out.

Another interesting aspect of Warwick's story was the close relationship that he and his family developed with the family of the organ donor that extended his life and gave him the opportunity to do so many things. Warwick said that it was not common amongst transplant recipients or donor families to make contact and that he was fortunate to have established such a strong connection.

Warwick believes that he is the longest surviving liver transplant recipient in Australia and his story was certainly inspiring. He displayed humility and showed a great respect and affection toward his organ donor and her family. A very positive story about organ donation and what can be achieved by getting a second chance at life.

## PEACE



Benalla Statue of Weary Dunlop , a fine Australian example of Peace through service

### ROTARY CLUBS PLAY A VITAL ROLE IN KIDS EDUCATION

2nd Annual ABCD Gala Dinner - Lavena Primary School Project, Taveuni Island, Fiji

Date: 24 May 2013

Time: 6.15 for 6.45pm

Place: Monte Carlo Receptions  
5-9 Mitchell Street, Doncaster East

Tickets \$58 per head

Book on-line at [www.trybooking.com/CQBS](http://www.trybooking.com/CQBS) or call Ken on 0412 561 768

100% of your donations will go to the school through the Rotary Club of Taveuni Island – and all donations are fully tax deductible – ask us for a receipt. This year's major project is the installation of solar power to the schools and the teacher's quarters!

### INTERESTING PROPOSITIONS

#### More Paraproductians

Behind every successful man is his woman. Behind the fall of a successful man is usually another woman.

A clear conscience is a sign of a fuzzy memory.

You do not need a parachute to skydive. You only need a parachute to skydive twice.

## PERIDOT

The next Peridot excursion is on Fri 17<sup>th</sup> May and the play is "Nonsense". Contact Chris Tuck for tickets.

## PROGRAM

20<sup>th</sup> May our speaker will be Twanny Farrugia from Donate Life speaking on donating tissue and organs.

Our Box Hill Institute Awards night will be the 27<sup>th</sup> May and an important night for the club. It was of interest hearing from Steve Macdonald last Monday that the Institute is sending trained and student volunteers to assist in building the Timor Leste children's home.

3<sup>rd</sup> June is set for our club forum with a club speaker.

10<sup>th</sup> June is the Queens holiday.

We have the 17<sup>th</sup> June for our joint committee meetings, joint Board meeting plus possibly an extended talk from one of our members or?

24<sup>th</sup> June is Changeover.

So, plenty of options for our partners to come along and join in the fun.

Bob Williams

## Healesville Freeway Community Open Day

### All Welcome

**Date - Sunday 26<sup>th</sup> May from 10 - 2pm**

- Activities at various sites from 10am - 12.30pm
- BBQ at George Street entry of BBD from 12.30pm - 2 pm.

**Activities** - To be held at various sites along the reserve

1. **Springvale Road car park** - Whitehorse cyclists will have a display and take groups of riders from Springvale rd to Terrara rd and back, bring your bikes along.
2. **Strathdon Orchard** - Whitehorse Historical Society will have a display about the Strathdon site and all the other historical sites along the reserve. Learn about the history of the site.
3. **Davy Lane Reserve** - Vermont Junior Football club to have a game and clinic. Come along and support the kids or bring your children for a clinic
4. **Nunawading Community Gardens** - A display on the history of the gardens, which is the first community garden established in Australia. Tours will be held, with people on hand to talk to you about growing vegetables and flowers.  
The Horticulture Center toilets will be open for the public on the day from 10 - 12.30pm
5. **Bellbird Dell reserve** - The Blackburn & District Tree Society, Greenlink & Bungalook nurseries will put up displays on Indigenous Flora & Fauna and be on hand to talk about their activities.

**Live Music** - School Bands / ensembles will perform at the George road picnic ground.

Vermont Secondary College 10 -11am and Emmaus College from 11 - 12noon.

**Nature Walks** - Nature walks will be conducted in the BBD, starting at the George road entrance - duration 1 hour.

**Bird walk** - 10am - bring along binoculars if you have them.

**Nature Walk** - 10.30am - Focus on plants, animals, insects and fungi

**Nature Walk** - 11am - Focus on plants, animals, insects and fungi

6. **NADRASCA Farm, 82 Morack road-** Display and site tours. Toilet facilities available.
7. **Nethercote, 140 Boronia Road** - Equestrian activities.
8. **Free Sausage sizzle from 12.30 - 2pm** - At George Road entry to BBD, to be run by the Lions Club. Toilet facilities at Terrara Park

## HOPE KATOLO FUNDRAISER

Great Gatsby in 3D. -June 11-8pm- Balwyn Cinema-\$20.

Phone Leanne Pinfold 0402114877

## JUNE CINEMA NIGHT

Don't forget June 7

## IMPORTANT UPCOMING CLUB AND DISTRICT EVENTS

### 5/2013

10/5/2013	Presidents meeting
13/5/2013	Club meeting
17/5/2013	Peridot
19/5/2013	District Assembly
20/5/2013	Club meeting/ Board
24/5/2013	ABCD dinner
27/5/2013	Club meeting

Please have FOREST HILL FLYER articles to the Editor at rlaslett@optusnet.com.au by **5 pm Wednesday** (in Microsoft Word format please)